Choice Board

Below is a Choice Board of activities for your child to engage in during the COVID 19 School Closing. The Choice Board activities are in addition to attending ZOOM lessons and the assigned activities in Schoology.

The board has eight Topics or instructional areas; ELA, Math, Science, Social Studies, Communication, Music, Vocational and/or Activities of Daily Living, and PE/Movement. Each Topic area has four Option boxes; Option 1, 2,... In each Option box, you will find a variety of activities to choose from.

With your child, chose an activity, or activities, from a few of the different Topic areas to complete each day. Please feel free to contact Maria.Holl@christina.k12.de.us, if you have any questions.

Digital Resources included in and in addition to the board:

- Tarheel Reader – [www.tarheelreader.org](http://www.tarheelreader.org) - Adapted Texts – can be printed or accessed as an audio Book
- Tarheel Game Play - [Tarheelgameplay.org](http://Tarheelgameplay.org) accessible reading and math games
- PBSkids.org – [https://pbskids.org/](https://pbskids.org/)
- Math Nook - [www.math-nook.com](http://www.math-nook.com) – math activities and games
- Math Play - [www.math-play.com](http://www.math-play.com) - math activities and games
- Cool Math - [www.coolmath.com](http://www.coolmath.com) math activities and games
- Science Bob - [www.sciencebob.com](http://www.sciencebob.com) – science activities and experiments to do at home
- ABCYA - [www.ABCYA.com](http://www.ABCYA.com) – reading and math games
- Storylineonline – [https://www.storylineonline.net/](https://www.storylineonline.net/) - videos of celebrated actors reading children’s books aloud
- Hiyah- [http://hiyah.net/online.htm](http://hiyah.net/online.htm) Variety of activities including math, ELA, Songs and Stories..., (will need ADOBE Flash Player)
<table>
<thead>
<tr>
<th>MS</th>
<th>Option 1</th>
<th>Option 2</th>
<th>Option 3</th>
<th>Option 4</th>
</tr>
</thead>
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| ELA | Main Idea and Supporting details  
https://www.youtube.com/watch?v=mkZo2zVKJR4  
Or choose a read aloud of choice and find the Main Idea and Supporting Details  
https://www.storylineonline.net or  
https://tarheelreader.org/ | Read a book and talk about the pictures. Discuss what is happening in the story.  
Or choose a read aloud of choice  
https://www.storylineonline.net or  
https://tarheelreader.org/ | Author’s Purpose  
https://www.youtube.com/watch?v=ECE0I0AeXKE  
Choose a read aloud of choice and determine the Author’s Purpose  
https://www.storylineonline.net or  
https://tarheelreader.org/ or  
https://classroommagazines.scholastic.com/support/learnathome/grades-6-12.html | Vocabulary:  
Label and read household items, i.e. cabinet, refrigerator, table, door...  
https://www.youtube.com/watch?v=m27CckLGh6c  
https://www.youtube.com/watch?v=NmFVYxr_eT0  
Verbs  
https://www.youtube.com/watch?v=jOx8sGmKylE  
Verb song  
https://www.youtube.com/watch?v=3EYciNcoS8 |
| Math | Area and Perimeter  
https://www.youtube.com/watch?v=Trp09H0kKhY | Addition and Subtraction RAP  
https://www.youtube.com/watch?v=A_kPUGEJq2k | Identify pennies, nickels, dimes and quarters and their value then sort the coins.  
https://tarheelgameplay.org/2020/04/01/money-money-money/ or  
https://www.youtube.com/watch?v=pnXJGNo08v0 or  
https://www.youtube.com/watch?v=q9jexkHgjxo | Measure household items food, i.e. cereal, rice, by amount with measuring cups or measuring spoons or  
https://www.youtube.com/watch?v=DSYsCyWHUE |
| Science | Go on nature walk and collect objects, i.e. leaves, flowers, stones... At home, name and describe what you found. Or  
Make a weather journal  
https://www.youtube.com/watch?v=Uo8ibeVb4M or  
https://www.youtube.com/watch?v=bBEbf6zsb3o or  
https://www.youtube.com/watch?v=CXKi7bm4Qps | Plant a seed and watch it grow. Materials: seed or bean, soil, cup or small pot. Put in sunlight and water daily  
Seeds Video  
https://www.youtube.com/watch?v=tkFPyue5X3Q  
Cut magazine pictures and sort Places- inside and outside Food- vegetables, fruits, meats Activities- sports...  
Biology  
https://www.youtube.com/watch?v=Gy608qCnTG4 | Force and Motion  
https://www.youtube.com/watch?v=Jv5ClZ3vHOI | Measure and mix a recipe together.  
https://www.tasteofhome.com/collection/easy-recipes-for-kids-to-make-by-themselves/ |
|  |  |  |  | Animals  
https://www.youtube.com/watch?v=dCm5CcQbU-c |
| Social Studies | Virtual field trip Beyond the Battlefield: [https://www.scholastic.com/beyondthe battlefield/](https://www.scholastic.com/beyondthe battlefield/) | Look through family photos: Identify the person and what they are and what do they, i.e. Sam, uncle, pilot. or Cut magazine pictures and sort: Mountains, rivers... Careers/jobs People, families... | [https://sn4.scholastic.com/issues/2018-19/020419/nothing-can-stop-her.html#On%20Level](https://sn4.scholastic.com/issues/2018-19/020419/nothing-can-stop-her.html#On%20Level) | Create a map of a room in the house, draw the objects, furniture in the room and name and label. Kitchen Bedroom Bathroom Go on walk and identify places and things you see along the way. Next time, take a new rout | Needs and Wants [https://www.youtube.com/watch?v=h1z4-YiZopY](https://www.youtube.com/watch?v=h1z4-YiZopY) | Choose any story [https://classroommagazines.scholastic.com/support/learnathome/grades-3-5.html](https://classroommagazines.scholastic.com/support/learnathome/grades-3-5.html) | [https://www.youtube.com/watch?v=ESVd7e4I4Gs](https://www.youtube.com/watch?v=ESVd7e4I4Gs) | [https://www.youtube.com/watch?v=ESVd7e4I4Gs](https://www.youtube.com/watch?v=ESVd7e4I4Gs) |
| Social/ Emotional Learning Activities: [https://www.centervention.com/social-emotional-learning-activities/](https://www.centervention.com/social-emotional-learning-activities/) | Have discussion about cooking dinner or watching tv together. Ask critical thinking questions: What is going to happen next? What will happen if I put the wrong ingredient in? | Activities to make practicing their skills fun and interactive: [https://www.home-speech-home.com/twenty-5-minute-speech-therapy-activities-you-can-do-at-home.html](https://www.home-speech-home.com/twenty-5-minute-speech-therapy-activities-you-can-do-at-home.html) | MODEL: Modeling language is the #1 tool to facilitate language and communication. Also, while they are playing a game or activity, expand on what they are doing. “You jumped in the box (hopscotch). Now, jump out of the box.” | -Listen to favorite songs -Play a music video | [https://tarheelgameplay.org/find/?search=&category=video-games&audience=E&skill=0&language=en&page=1](https://tarheelgameplay.org/find/?search=&category=video-games&audience=E&skill=0&language=en&page=1) | Listen to a type of music; classical, jazz... What was your opinion? like or not | Making instruments at home [https://www.learningliftoff.com/make-homemade-music-with-these-6-diy-instruments/](https://www.learningliftoff.com/make-homemade-music-with-these-6-diy-instruments/) | The Stringalings [https://www.youtube.com/watch?v=OleBXXUB538](https://www.youtube.com/watch?v=OleBXXUB538) learn the types of instruments [https://www.youtube.com/watch?v=3ogepZsGbY](https://www.youtube.com/watch?v=3ogepZsGbY) |
| Music | -Listen to favorite songs -Play a music video | Making instruments at home | [https://www.learningliftoff.com/make-homemade-music-with-these-6-diy-instruments/](https://www.learningliftoff.com/make-homemade-music-with-these-6-diy-instruments/) | -Listen to favorite songs -Play a music video | [https://tarheelgameplay.org/find/?search=&category=video-games&audience=E&skill=0&language=en&page=1](https://tarheelgameplay.org/find/?search=&category=video-games&audience=E&skill=0&language=en&page=1) | Listen to a type of music; classical, jazz... What was your opinion? like or not | Making instruments at home [https://www.learningliftoff.com/make-homemade-music-with-these-6-diy-instruments/](https://www.learningliftoff.com/make-homemade-music-with-these-6-diy-instruments/) | The Stringalings [https://www.youtube.com/watch?v=OleBXXUB538](https://www.youtube.com/watch?v=OleBXXUB538) learn the types of instruments [https://www.youtube.com/watch?v=3ogepZsGbY](https://www.youtube.com/watch?v=3ogepZsGbY) |
| Activities of Daily Living | Set the table for a meal or Table manners [https://www.youtube.com/watch?v=jA4y4jOLFc](https://www.youtube.com/watch?v=jA4y4jOLFc) | Clean up after self: Put your toys away After snack or dinner After a game Hobbies and Activities [https://www.youtube.com/watch?v=N1o4oOXL0Zc](https://www.youtube.com/watch?v=N1o4oOXL0Zc) Video and Music Video Games [https://tarheelgameplay.org/](https://tarheelgameplay.org/) | Go on a walk and look for community signs or Safety and Community signs video [https://www.youtube.com/watch?v=0PdNGYERI18](https://www.youtube.com/watch?v=0PdNGYERI18) | Name or identify clothing items. Dress yourself for bed. Or [https://www.youtube.com/watch?v=pHer1COWyrQ](https://www.youtube.com/watch?v=pHer1COWyrQ) | Create a map of a room in the house, draw the objects, furniture in the room and name and label. Kitchen Bedroom Bathroom Go on walk and identify places and things you see along the way. Next time, take a new rout | -Listen to favorite songs -Play a music video | Making instruments at home [https://www.learningliftoff.com/make-homemade-music-with-these-6-diy-instruments/](https://www.learningliftoff.com/make-homemade-music-with-these-6-diy-instruments/) | The Stringalings [https://www.youtube.com/watch?v=OleBXXUB538](https://www.youtube.com/watch?v=OleBXXUB538) learn the types of instruments [https://www.youtube.com/watch?v=3ogepZsGbY](https://www.youtube.com/watch?v=3ogepZsGbY) |
**PE/Movement**

**Go Noodle** - choose at least 3 videos to work out to as a family or individual

If you do not have an account use this to help set one up. It is 100% free: [https://assets-gnp-ssl.gonoodle.com/parent_invite_pdf/gonoodle_parent_invite_en.pdf](https://assets-gnp-ssl.gonoodle.com/parent_invite_pdf/gonoodle_parent_invite_en.pdf)

**Dice Time Overall Fitness 1**

Take turn rolling the die. After rolling the die, perform the exercise that number represents as a group before passing it to the next player. Number also represents exercise total! (Ex– 4 Jumping Jacks)

6=Standing Toe Touches
5= Squats/Stand to sits/ seated leg extensions
4= Jumping Jacks/Arm Jacks
3= Push-ups/wall push-ups
2= Sit ups or twist side to side
1= Do 1 of each exercise on the list

**Have a dance party**

[https://www.youtube.com/watch?v=sHd2s_sYsQ](https://www.youtube.com/watch?v=sHd2s_sYsQ)

or

[https://www.youtube.com/watch?v=Zu5ZHSNcosQ](https://www.youtube.com/watch?v=Zu5ZHSNcosQ)