

- An employee should notify their supervisor, the Human Resources department, and the Benefits department of their intent to retire four (4) months prior to their retirement date to ensure timely processing of pension benefits.
- Once notified, the Benefits Department initiates an electronic Pension Application (Pen-App) for the Pension Office to begin verifying service.
- The Benefits department will contact you in regards to completing the necessary pension forms.
- The Office of Pensions requires the employee to provide the following personal documents with the pension forms:
  - Birth certificate (or federal identification compliant Delaware driver license or identification card) for employee, spouse, and eligible dependent(s)
  - Signed Social Security card for employee, spouse, and eligible dependent(s)
  - Marriage certificate, death certificate, or divorce decree, as applicable
  - Signed Medicare card showing Parts A and B coverage for employee, spouse and dependent(s) whom are Medicare eligible
- Once the Office of Pensions has reviewed and confirmed the employee's service, they will send a confirmation email back to the Benefits Department with the pension application.
- Once the pension application is signed and notarized, it, as well as the required documents, is forwarded to the Office of Pensions. The signed pension application and required documents should be in the Office of Pensions thirty (30) days prior to the effective date of pension (ex., Retirement effective date of 7/1/YY, the signed pension application should be in the office no later than 6/1/YY). Upon receipt of the pension application by the Office of Pensions, the employee receives a letter acknowledging receipt of the pension application, effective date of retirement and the payroll processing month.
- Since there is a lag payroll, the first pension check is deposited at the end of the next month following the effective date of pension (ex., Retire 1/1/YY, first direct deposit received on 2/28/YY and includes two months of pension).
- If the employee has buy-in options upon retirement, notification regarding the purchase is mailed from the Office of Pensions to the home address the month the employee is scheduled to receive their first monthly pension payment (ex. February, using the example above). The buy-in options cannot be calculated until the final pay is made by the organization and the Pension Compensation Calculation (PCC-1) form is submitted to the Office of Pensions.
- Any question regarding monthly pension amounts and buy-in options should be directed to the State of Delaware Office of Pensions. They can be reached by phone at (302) 739-4208. Toll-free: (800) 722-7300. E-mail: pensionoffice@delaware.gov

# Monthly COBRA Rates Effective July 1, 2022

Health Insura	nce Plans	
Additional Information	can be found at:	
https://dhr.delaware	e.gov/benefits/	
Health Plan	Coverage Type	Premium
Highmark Delaware First State Basic PPO Plan	Individual Only	\$770.75
	Individual + Spouse	\$1,594.69
	Individual + Child(ren)	\$1,171.63
	Family	\$1,993.43
Highmark Delaware Comprehensive PPO Plan	Individual Only	\$879.93
	Individual + Spouse	\$1,825.96
	Individual + Child(ren)	\$1,356.13
	Family	\$2,282.70
Aetna CDH Gold Plan	Individual Only	\$797.72
	Individual + Spouse	\$1,654.03
	Individual + Child(ren)	\$1,218.80
	Family	\$2,101.30
Aetna HMO Plan	Individual Only	\$804.66
	Individual + Spouse	\$1,696.55
	Individual + Child(ren)	\$1,230.94
	Family	\$2,116.91
Dental Insura	nce Plans	
Additional Information		
http://schooldistrictbenefits.c		
Dental Plan	Coverage Type	Premium
CIGNA -Plan A	Individual Only	\$66.99
	Individual + Spouse	\$105.45
	Individual + Child(ren)	\$130.99
	Family	\$179.48
CICNA Diara D	Individual Only	\$52.37
CIGNA - Plan B	Individual + Spouse	\$32.37
	Individual + Spouse Individual + Child(ren)	\$101.27
	Family	\$138.78
Vision Insura Additional Information		
http://schooldistrictbenefits.com/cl		re/
Vision Plan	Coverage Type	Premium
EyeMed	Individual Only	\$13.40
	Individual + Spouse	\$25.13
	Individual + Child(ren)	\$22.75
	Family	\$34.95
Rates includes a 2% administrative fee		
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# **State Employees' Pension Plan - Death Benefits**

If you die leaving no eligible survivors, your beneficiary will be paid a lump sum equal to the excess, if any, of your accumulated contributions with interest less all pension payments made, including survivor's benefits. You may designate a beneficiary by completing an <u>Contributory Designation / Change of Beneficiary</u> (<u>BEN-1</u>) form. If there is no designated beneficiary, the sum will be paid to your estate.



At the beginning of your retirement, you will be / were asked to complete a <u>Burial Benefit</u> <u>Designation/Change of Beneficiary form</u> to designate a beneficiary to receive a burial benefit payment of \$7,000. This is not a life insurance policy. It has no policy number and no cash value during your lifetime. This sum will be payable to the designated beneficiary upon your death.

# Please be aware that that this is a taxable benefit to whomever you name as beneficiary.

The beneficiary will have the right to take the monies in several different ways. The beneficiary may choose to take the monies as a cash payment or to assign the monies to a funeral home. Both of these options create a taxable event for the beneficiary. The beneficiary will receive tax form 1099R and be required to claim the monies on their income tax return as taxable income. The beneficiary has the option to avoid a taxable event by rolling monies over to an IRA or other eligible plan. If a spouse is the named beneficiary, the monies can be rolled into a traditional IRA or any other plan that will accept them. If anyone other than a spouse is named beneficiary, they are limited to rolling the monies only to an Inherited (or Beneficiary) IRA.

If you have named a beneficiary only so that person can use the burial benefit monies to pay funeral expenses, please be aware the release of these monies will create a taxable event for that person.

If it is your intention for the burial benefit to be used to pay for your funeral expenses, you have the option to name the funeral home as the beneficiary.

In order to do this, you must contact the funeral home to get their Tax Identification Number so you can complete the Designation of Beneficiary form in its entirety. If you choose this option, the Pension Office will, after being notified of your death, release all burial benefit paperwork to the funeral home, the funeral home will complete the paperwork, and then payment will be released directly to the funeral home. In this way, no taxable event is created for a relative or friend who is doing nothing more than completing paperwork and assigning the monies to a funeral home.

Regardless of who you name as beneficiary, you should always make sure the Pension Office has up-to-date contact information for that individual or individuals. Payment cannot be made if we are unable to contact your beneficiary to provide them with the necessary paperwork to be completed and/or request appropriate documentation.

# *This document addresses Frequently Asked Questions regarding Medicare, Medicare Supplement & Medicare Prescription Drug Vendor (Qualified Part D) Prescription Drug Plan (PDP)*

# 1. What is Medicare?

Medicare is our country's federal health insurance program for people age 65 or older. People younger than age 65 with certain disabilities, permanent kidney failure (End Stage Renal Disease), or amyotrophic lateral sclerosis (Lou Gehrig's disease) can also qualify for Medicare. The program helps with the cost of health care, but it does not cover all medical expenses or the cost of most long-term care.

*Note*: If you, your spouse, or dependent become eligible for Medicare due to disability and are enrolled in benefits through the Pension Group, it is very important that you notify the Office of Pensions at 800-722-7300 for information regarding enrollment requirements.

# 2. When and Why do I have to apply?

In accordance with the Group Health Insurance Plan (GHIP) Eligibility and Enrollment Rules 4.09 and 4.12, if you are enrolled through the State Pension Group as a **retiree**, **Long-Term Disability Beneficiary**, **spouse** or **dependent**, you must enroll in Medicare Part A (Hospital) and Part B (Medical) "Original Medicare", insurance when eligible **due to either turning age 65 or receiving Social Security Disability benefits for a period of 24 months.** You can delay Part B enrollment only if you will qualify for a Special Enrollment Period (SEP) with the Social Security Administration (SSA) – See Question 4. Visit <u>ssa.gov</u> for additional information.

# Employees receiving Long-Term Disability (LTD) and enrolled in insurance through the GHIP must enroll in Medicare Parts A and B upon becoming eligible.

#### 3. How do I apply for Medicare Parts A and B?

- If you are currently collecting Social Security retirement or disability benefits, your Medicare Parts A & B should be automatically enrolled, and you should receive a Medicare card by mail. If you are not collecting Social Security benefits, you must contact the SSA to enroll in Medicare Part A and PartB.
  - You should apply for Medicare through the SSA three months prior to the month you turn age65
  - You can enroll online at <u>ssa.gov</u> or contact SSA at 1-800-772-1213. Visit <u>medicare.gov/sign-up-</u> <u>change-plans</u> for additional information.
  - SSA may question if you are enrolled in health insurance coverage through a group health plan. Coverage with a group health plan is provided through <u>current</u> employment either yours or the employment of a spouse. Group health plan coverage is not when you are insured through retiree coverage or COBRA through a former employer.

# 4. Can I delay Medicare Part B enrollment?

- If you or your spouse/dependents are enrolled in health insurance through an active employer group (not a retiree group), you can delay Medicare Part B enrollment until the active employer group coverage ends. When the employer group coverage ends, then you must contact the SSA and enroll in Medicare Part B based on SSA rules for a **Special Enrollment Period (SEP)**. When enrolled in healthcare insurance through the State of Delaware (SOD) Pension Group once you become eligible for Medicare insurance, SOD coverage can no longer continue as the primary insurer.
- Active employer group coverage is offered through current employment not retirement. The health
  insurance plan through the SOD Pension Group is <u>not</u> considered active employer group coverage and
  <u>cannot</u> be used to obtain a Medicare Special Enrollment Period through the SSA. If you will be delaying
  Part B enrollment, contact our office to coordinate your coverage. The insurance through you or your
  spouse's current employer must be the <u>primary</u> insurance coverage in order to delay Medicare Part B
  enrollment.

# 5. What is the Medicare Part B Special Enrollment Period (SEP)?

When your employer group coverage is ending, you need to apply through the SSA for Medicare Part B insurance three months prior to the coverage termination. To apply for Part B as a **Special Enrollment Period** (in order to avoid a premium penalty), your employer needs to complete a <u>CMS L-564 Form</u> verifying dates of coverage under the active employer group **and to verify the date insurance will be terminated through the active employer group**. The CMS L-564 Form needs to be submitted to the SSA along with a <u>CMS 40B</u> *Application for Enrollment in Medicare Part B* insurance requesting the Part B effective date. In order to enroll in the Medicare Supplemental Plan offered by SOD Pension Group you need to notify the Office of Pensions by submitting a copy of your Medicare Part B enrollment verification along a Medicare supplement plan application. Additional information can be found on <u>Medicare.gov</u> or click this <u>example</u>.

# 6. How do I apply for Medicare B due to a Special Enrollment Period?

- These are three current options to enroll in Medicare Part B when you already have PartA:
  - Log on the SSA website at ssa.gov and navigate to <u>"Apply Online for Medicare Part B During a</u> <u>Special Enrollment Period"</u>. Complete both the <u>CMS-40B</u> and <u>CMS-L564</u> forms. Then upload the forms for SSA to process the enrollment. The Medicare Part B effective date should be the retirement effective date or date benefits will be enrolled under the Pension Group.
  - **2.** Fax completed <u>CMS-40B</u> and <u>CMS-L564</u> forms to 1-833-914-2016.
  - 3. Mail your <u>CMS-40B</u>, and <u>CMS-L564</u>, and evidence to your local <u>Social Security field office</u>.

# 7. When does the Office of Pensions need a copy of my Medicare card?

In order to meet the enrollment deadline for the Special Medicfill Plan, the Office of Pensions must receive a copy of your Medicare card at least 30 days prior to your Medicare eligibility start date (either due to obtaining the age or 65 or after 24 months of becoming approved for Social Security Disabilitybenefits).

# 8. What if I do not receive my Medicare card?

If you have not received a Medicare card, please contact SSA at 1-800-772-1213 to check your enrollment status. It is highly recommended that you create an online account through <u>ssa.gov</u> and print an enrollment verification letter. This letter can be forwarded to the Office of Pensions as verification of your enrollment to expedite your supplement and prescription insurance enrollment. The benefit verification letter must verify your unique Medicare Beneficiary ID (MBI) number and enrollment effective dates of both <u>Medicare Part A and Part B insurance</u>.

- *Note* The Office of Pensions does not have direct access to Social Security or Medicare records. The Pension Office must receive documentation, either the SSA benefit verification letter or a copy of your updated Medicare card, in order to enroll you in the Special Medicfill Plan. A copy of your Medicare card is required for your pension file. <u>It is important that you include your Pension Employee ID or Social Security number on the documentation to expedite your enrollment.</u>
- 9. Is there a charge for Medicare Part A and Part B insurance that am I responsible topay?
  - You are eligible for premium-free Part A if you are age 65 or older and you or your spouse worked and paid Medicare taxes for at least 10 years. Please contact the Office of Pensions if you do not qualify for free Part A insurance.
  - There is a monthly premium cost for Part B (medical) insurance. In order to remain enrolled under the SOD Pension Group insurance, you are responsible to maintain Part B enrollment and pay Part B monthly premiums to the SSA. The Office of Pensions is not responsible for your Part B enrollment and/or payment of your monthly Part B premiums. Failure to maintain Medicare Part A and B enrollment with the SSA will result in termination of medical and prescription drug coverage through the SOD Pension Group.

 The monthly cost and payment arrangement for Part B monthly premiums is determined by and paid directly to the SSA. Part B premiums are not deducted from your pension payment. If the SSA determines that you are a high-income earner, a higher Part B premium and an additional premium for enrollment in a qualified Part D prescription plan is charged. This is an Income-Related Monthly Adjustment Amount (IRMAA). You are responsible to pay all required premiums directly to the SSA. Failure to pay premiums will result in the termination of Medicare insurance.

#### 10. What does Medicare cover?

If the medical provider accepts Medicare and the service(s) are covered by Medicare, Medicare will typically pay 80% of the allowable charges of the claim. The Official U.S. Government Site for Medicare (<u>medicare.gov</u>) is user friendly and provides a wealth of information on this topic. You may also contact Medicare by telephone at 1-800-MEDICARE (1-800-633-4227).

#### 11. What is the State of Delaware's Medicare Supplement Plan?

The State of Delaware provides a Medicare Supplement Plan called <u>Special Medicfill</u>. This is a Medigap plan administered by Highmark of Delaware. The Special Medicfill plan is offered *with or without* qualified Part D prescription drug coverage that is administered through a prescription drug vendor.

#### 12. What does Special Medicfill cover?

- Once Medicare becomes your primary insurance, Medicare Supplement plans will only cover if Medicare
  pays as the primary payer. Special Medicfill typically covers 20% of allowable charges of the claim
  balance after Medicare pays as primary. This plan also covers the Medicare Part B deductible. Please
  present both your Medicare and Highmark Medicare Supplemental cards when using medical/hospital
  services.
- For more information on the Highmark Medicare Supplement plan, Special Medicfill, please visit: <u>https://dhr.delaware.gov/benefits/medicare/highmark.shtml</u>.

#### 13. What does the Part D Prescription Plan cover?

This is an enhanced Medicare Part D prescription plan. The plan does not have a deductible and has a wrap in place during the coverage gap ("donut hole") period: Copays will not increase during the coverage gap period.

Prescription Coverage	30-Day Supply	90-Day Supply
Tier 1 Generic	\$8.00	\$16.00
Tier 2 Preferred (Formulary)	\$28.00	\$56.00
Tier 3 Non-Preferred Brand/Generic Drugs	\$50.00	\$100.00

For more information, please visit: https://dhr.delaware.gov/benefits/prescription/medicare/.

# 14. How much will the Special Medicfill Plan cost me per month?

The premium is based on retirement date and your years of creditable service earned while working for the State of Delaware. Please refer to the Office of Pensions website at <u>Rate Tables for Medicare Pensioners</u> for rate details. Contact the Benefits Section of the Office of Pensions if you have questions.

# 15. Will there be changes in how much Special Medicfill costs?

Special Medicfill monthly premium cost or plan changes, including prescription co-pays, are communicated each year at the end of September. Open enrollment for the Special Medicfill Plan is held annually in the month of October and any elected changes are effective the following January 1<sup>st</sup>.

#### 16. Can I keep my vision and dental insurance through the Office of Pensions?

Vision and dental insurance plans are separate plans from your medical coverage. Enrollment in Medicare will not affect your enrollment in these plans. If you wish to make changes to these plans, you must do so during the open enrollment period held annually in May or within 30 days of a qualifying event (enrollment in Medicare is not a qualifying event).

#### 17. What if I have a spouse or dependents currently enrolled under my health benefits?

Once a copy of your Medicare card is received, you will be enrolled in the Special Medicfill Plan with prescription coverage. Your spouse and any dependents currently enrolled in coverage will continue to be enrolled in their current elected plan under a separate contract. You will receive new cards for all members enrolled in coverage from the carrier(s).

Your medical deduction will change to reflect the plan adjustments. You will be charged the current monthly rate for Special Medicfill and the current monthly rate for the plan(s) in which your non-Medicare family member(s) remain enrolled.

# 18. What if my spouse or I have another Medicare supplement plan or Part D coverage through another employer or retirement?

- The Centers for Medicare & Medicaid Services (CMS) only allows for enrollment in <u>one</u> qualified Part D
  prescription drug plan. Enrollment in another Part D plan will terminate prescription coverage with the
  Prescription Drug Vendor.
  - The SOD offers enrollment in the Special Medicfill Plan with <u>OR</u> without the qualified Part D prescription drug coverage. When you submit a copy of your Medicare card, you are automatically enrolled in Special Medicfill with the qualified Part D prescription plan. Please contact the Office of Pensions for assistance if you are enrolled in another qualified Part D plan and to enroll in the Special Medicfill Plan without prescription drug coverage.
- Enrollment in a Medicare Advantage plan is not compatible with the Special Medicfill Plan. Medicare does not allow for coordination of benefits between the two plans. The Special Medicfill Plan is considered a Medigap plan and requires enrollment in original (traditional) Medicare.
  - Medicare does not permit a Medigap plan to pay for a Medicare Advantage plan's co-pays, deductibles, or premiums. Please refer to <u>Medicare.gov</u> for additional information on Medigap and Medicare Advantage Plans.
  - If your spouse is only offered a Medicare Advantage plan through their former employer/retirement benefits and they are paying 50% or less of the monthly premium, then your spouse <u>must</u> enroll in the Medicare Advantage plan.

#### 19. Is the State of Delaware Spousal Coordination Policy still in effect?

Yes, if your spouse is provided health coverage through either active employment or retirement. Your spouse must enroll in that coverage unless your spouse is responsible to pay more than 50% of the total monthly premium, for the lowest active or retiree health benefit plan available, even if the coverage is provided through a third party. This includes Medicare supplement plans or cash benefits in lieu of enrollment in a health plan (also known as stipends). Please visit <u>https://dhr.delaware.gov/benefits/cob/pensioners.shtml</u> for information.

#### 20. Do I need to submit a new electronic Spousal Coordination of Benefits form?

Yes, Medicare is considered a change in insurance. A new electronic Spousal Coordination of Benefits (SCOB) form is required to be completed within 30 days of a spouse's employment or insurance status change.

Please visit <u>https://cob.dhr.delaware.gov/</u> and complete a new form prior to sending a copy of your spouse's Medicare card or enrollment verification.

Once your spouse is enrolled in the Medicare supplement plan and you have submitted a SCOB form
informing if he/she is enrolled in another supplement coverage, you do <u>not</u> need to resubmit annually
during the open enrollment period. If your spouse obtains other insurance coverage, you do need to
report the change by submitting an online SCOB form within 30 days of obtaining other coverage.