

**CHRISTINA**  
SCHOOL DISTRICT



*Proposal for*  
**RETURN TO  
PERFORMING  
ARTS**

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## **BACKGROUND**

The Christina School District, (hereinafter referred to as CSD), Performing Arts reopening plan has been developed as a result of attending online seminars and studying National Association for Music Education, Delaware Department of Education Visual and Performing Arts Education Return to School Guidance Document, and Delaware Department of Public Health guidelines.

The CSD consists of three high schools; Christina High School (hereinafter referred to as CHS), Glasgow High School (hereinafter referred to as GHS) and Newark High School (hereinafter referred to as NHS).

In addition, we will be implementing the following specific procedures as our performing arts instructors and marching band staff begin the process of returning to school based performances.

## **INDOOR VENTILATION INFORMATION**

### CHS - G Bld. Auditorium

- a. 8,927 sq. ft.,
- b. Air dampers set for 20 cfm per person at capacity of fresh air entering space, equipment designed for 6 air changes per hour.

### CHS - G Bld. Band Room-A104

- a. 1,488 sq. ft.
- b. Air dampers set for 20 cfm per person at capacity of fresh air entering space, equipment designed for 6 air changes per hour.

### CHS - G Bld. Chorus Room-A102

- a. 1,669 sq. ft.
- b. Air dampers set for 20 cfm per person at capacity of fresh air entering space, equipment designed for 6 air changes per hour.

### CHS - G Bld. NJROTC Room(s)E200, E201, E201A, E201B

- a. E200- 658 sq. ft.; E201-987 sq. ft.; E201A-987 sq. ft.; E201B- 487 sq. ft.
- b. Air dampers set for 20 cfm per person at capacity of fresh air entering space, equipment designed for 6 air changes per hour.

### GHS - Auditorium

- a. 7550 sq. ft.
- b. Air dampers set for 20 cfm per person at capacity of fresh air entering space, equipment designed for 6 air changes per hour.

### GHS - Band Room

- a. 2023 sq. ft.
- b. Air dampers set for 20 cfm per person at capacity of fresh air entering space, equipment designed for 6 air changes per hour.

### GHS - AJROTC Room

- a. Rm. 413 - 691 sq. ft., Rm. 411 - 620 sq. ft., Rm 410 - 799 sq. ft.
- b. Air dampers set for 20 cfm per person at capacity of fresh air entering space, equipment designed for 6 air changes per hour.

### NHS - Auditorium

- a. 7316 sq. ft.
- b. Air dampers set for 20 cfm per person at capacity of fresh air entering space, equipment designed for 6 air changes per hour.

### NHS - Band Room

- a. 1501 sq. ft.
- b. Air dampers set for 20 cfm per person at capacity of fresh air entering space, equipment designed for 6 air changes per hour.

NHS - Drama Room

- a. 671 sq. ft.
- b. Air dampers set for 20 cfm per person at capacity of fresh air entering space, equipment designed for 6 air changes per hour.

NHS - Orchestra Room

- a. 681 sq. ft.
- b. Air dampers set for 20 cfm per person at capacity of fresh air entering space, equipment designed for 6 air changes per hour.

NHS - Piano Lab

- a. 7550 sq. ft.
- b. Air dampers set for 20 cfm per person at capacity of fresh air entering space, equipment designed for 6 air changes per hour.

NHS - Chorus Room

- a. 1054 sq. ft.
- b. Air dampers set for 20 cfm per person at capacity of fresh air entering space, equipment designed for 6 air changes per hour.

Note: During COVID, per CDC Social-distancing guidelines, no indoor space would be allowed to be at normal capacity. Current recommendation is 1/3 capacity, and this represents the maximum allowed. All spaces would have much more than 20 cfm per person of fresh air.

**SCREENING PROCESS**

All marching band and JROTC programs in the Christina School District will complete a daily screening process before every practice, or competition/ event. The screening process includes checking a student/ instructor's temperature and asking a series of related questions regarding symptoms and his/her potential exposure to someone who has tested positive. The District will implement the screening process below:

Online form and collection. Identical Questions, school specific QR Codes.

Sample: Christiana's QR code for student screening code



## **GENERAL GUIDELINES FOR EXTRACURRICULAR HIGH SCHOOL PERFORMING ARTS**

Any student or instructor with a temperature of 100.4 or greater is not permitted to participate. Any student or instructor answering yes to any of the screening questions is NOT permitted to participate. Any student or instructor that has had direct contact with any person positive for COVID 19 or has tested positive themselves, is not allowed to participate and must be cleared by a qualified health professional, (MD, DO, NP) to return to participation.

## **ACTIVITY SPECIFIC GUIDELINES**

### **COVID-19 and Instrument Cleaning**

The NFHS, NAFME and the NAMM Foundation recommend the following guidelines for handling musical instruments during the COVID-19 school shutdown period. These guidelines are designed for use by music educators and educators may use these guidelines when teaching students and parents how to clean instruments.

### **Sterilization vs. Disinfection**

There is a difference between sterilization and disinfection of music instruments. Sterilization is limited in how long an instrument will remain sterile. Once an instrument is exposed to air or handled it is no longer sterile. However, disinfecting an instrument to make it safe to handle will last longer and is easier to achieve. COVID-19 like, most viruses have a limited lifespan on hard surfaces. Users of musical equipment may be more susceptible to infections from instruments that are not cleaned and maintained properly, especially if they are shared school instruments.

If the cleaning process is thorough, musical instruments can be disinfected. Basic soap and water can be highly effective in reducing the number of harmful bacteria and viruses simply by carrying away the dirt and oil that they stick to.

The NFHS, NAFME and the NAMM Foundation received information from the CDC which suggest the COVID-19 virus can remain on the following instrument surfaces for the stated amount of time:

1. Brass – Up to 5 Days
2. Wood – Up to 4 Days
3. Plastic – Up to 3 Days
4. Strings – Up to 3 Days
5. Cork – Up to 2 Days

The CDC recommends general cleaning techniques for instruments that have not been used or handled outside of the above timelines. Essentially, if students are picking up instruments for the first time since school has been closed, those instruments will not need more than general cleaning as stated below. If distributing instruments for the first time since schools have closed, the NFHS and NAFME recommend, out of an abundance of caution, that all cases be sprayed with an aerosol disinfectant.

Additional guidance on general cleaning and disinfection can be found [here](#).

## **Instrument Hygiene**

Before distributing an instrument that has been shared, use of alcohol wipes, swabs, or disinfectant solution to thoroughly clean both the outside and the inside of the mouthpiece is highly recommended. It is also essential to maintain overall cleanliness via the use of cleaning rods, swabs, mouthpiece brushes, etc., as this is necessary to prevent buildup of residue within the instrument.

For wood instruments any excess amount of liquid can be damaging. Please be judicious and sparing outside of the mouthpiece area that needs cleaning. In addition, certain cleaning products that can be used on the mouthpiece should not be used around the pads associated with a woodwind instrument's keys (e.g. flute, clarinet, saxophone, etc.).

## **Mouthpieces**

Adhering to the following procedures will help to keep mouthpieces and instruments clean and safe for continued use.

### **Cleaning the Flute Head Joint**

1. Using a cotton swab saturated with denatured, isopropyl alcohol, carefully clean around the embouchure hole.
2. Alcohol wipes can be used on the flute's lip plate to kill germs if the flute shared by several players.
3. Using a soft, lint-free silk cloth inserted into the cleaning rod, clean the inside of the headjoint.
4. Do not run the headjoint under water as it may saturate and eventually shrink the headjoint cork.

### **Cleaning Bocals**

1. Bocals should be cleaned every month with a bocal brush, mild soap solution, and running water.
2. English Horn bocals can be cleaned with a pipe cleaner, mild soap solution, and running water. Be careful not to scratch the inside of the bocal with the exposed wire ends of the pipe cleaner.

### **Cleaning Hard Rubber and Ebony Mouthpieces**

1. Mouthpieces should be swabbed after each use and cleaned weekly.
2. Select a small container that will accommodate the mouthpiece vertically and place the mouthpiece, tip down, into the container.

3. Fill the container just past the window of the mouthpiece with a solution of 50% water and 50% white vinegar or hydrogen peroxide. Protect clarinet mouthpiece corked tenons from moisture.
4. After the mouthpiece has soaked for fifteen minutes, use an appropriately sized mouthpiece brush to remove any calcium deposits or other residue from inside and outside surfaces. This step may need to be repeated if the mouthpiece is excessively dirty.
5. Rinse the mouthpiece thoroughly and then saturate with disinfectant solution. Place on paper towel and wait one minute.
6. Wipe dry with paper towel.
7. Note: Metal saxophone mouthpieces clean up well with hot water, mild dish soap (not dishwasher detergent), and a mouthpiece brush. Disinfectant solution is also safe for metal mouthpieces.

### **Cleaning Saxophone Necks**

1. Swabs are available to clean the inside of the saxophone neck. However, many saxophonists use a flexible bottlebrush and toothbrush to accomplish the same results.
2. The saxophone neck should be swabbed after each use and cleaned weekly.
3. Use the bottlebrush with mild, soapy water to clean the inside of the neck.
4. Rinse under running water.
5. Disinfectant solution may be used on the inside of the neck if desired. Place on paper towel for one minute.
6. Rinse again under running water, dry, and place in the case.

### **Cleaning Brass Instrument Mouthpieces**

1. Mouthpieces should be cleaned monthly.
2. Use a cloth soaked in warm, soapy water to clean the outside of the mouthpiece.
3. Use a mouthpiece brush with warm, soapy water to clean the inside.
4. Rinse the mouthpiece and dry thoroughly.
5. Disinfectant solution may be used on the mouthpiece at this time. Place on paper towel for one minute.
6. Wipe dry with paper towel.



### **Cleaning String Instruments**

1. Isopropyl alcohol that's above 70% should only be used on the strings and unfinished finger and fret boards.
2. String, percussion, and keyboard instruments present fewer hygienic issues that can be solved simply by the player washing their hands before and after use for a minimum of 20 seconds.

### **Other Instruments**

1. Plastic recorders can be washed with warm, soapy water and should be swabbed after each use with a plastic cleaning rod and soft thin cloth. Disinfectant solution and alcohol wipes may also be used.

### **Choosing a Disinfectant for Musical Instruments**

1. Sterisol Germicide Solution can be safely used on plastics, hard rubbers, and metals.
2. Mi-T-Mist Mouthpiece Cleanser can be used on most materials. It is NOT recommended for use on hard rubber mouthpieces.
3. Isopropyl alcohol wipes are safe for most materials. They are NOT recommended for use on hard rubber mouthpieces.
4. A solution made with 50% water and 50% white vinegar or 50% water and 50% hydrogen peroxide can be safely used on plastics, hard rubbers, and metals.

While other potential disinfectants, including alcohol, boiling water, and bleach can be used as general disinfectants, they are not recommended for use on mouthpieces or instruments due to their potential effect on skin, plastics, and metals.

1. Whichever disinfectants are chosen, it is crucial to read the product instructions and follow them closely.
2. Disinfectants do not remove dirt, so mouthpieces and instruments must be cleaned thoroughly before using.

You can find EPA approved disinfectants for COVID-19 [here](#).

You can find other NFHS COVID-19 Resources [here](#).

**Visual and Media Arts** (Per DDOE link [here](#)).

### Instructional Considerations for In Person Learning- Media Arts

- Refer to the [Returning to School](#) guidance for information regarding health and safety.

- Consider developing standards-based Media Arts Units/lessons and assessments building sequentially, on prior knowledge, chunking information with students individual manipulatives, tools or graphic organizers.
- Consider flipping the classroom, training students in processes that can be continued in hybrid and remote contexts as necessary and saving scheduled online class meetings for discussion of student learning processes and successes.
- Access technology (e.g., a digital projector and display, a megaphone or microphone system, sound system for music) to effectively communicate with classes impacted by increased social distance when possible.
- Encourage teacher collaboration, PLC's, and mentoring outside of your district for further support and in person learning strategies.
- Encourage teacher professional development available through the DDOE and national professional organizations for Media Art.

#### Instructional and Space Considerations for In Person Learning- Visual Arts (Per [DDOE](#))

- Refer to the [Returning to School](#) guidance for information regarding health and safety as well as shared materials.
- Consider developing standards-based Visual Arts Units/lessons and assessments building sequentially, on prior knowledge, chunking information with students individual manipulatives, tools or graphic organizers.
- Consider flipping the classroom, training students in processes that can be continued in hybrid and remote contexts as necessary and saving scheduled online class meetings for discussion of student learning processes and successes.
- Access technology (e.g., a digital projector and display, a megaphone or microphone system, sound system for music) to effectively communicate with classes impacted by increased social distance when possible.
- Encourage teacher collaboration, PLC's, and mentoring outside of your district for further support and in person learning strategies.
- Encourage teacher professional development available through the DDOE and national professional organizations for Visual Art.
- Consider the flow of student traffic in and out of art classrooms to pick up instruments and supplies. Make every attempt to clearly delineate movement to avoid cross-contamination.
- Consider a plan that addresses the safety of communal sharing of art supplies.

**Music and Performing Arts** (Per DDOE link [here](#)).

Instructional and Space Considerations for In Person Learning- Music

- Refer to the [Returning to School](#) guidance for information regarding health and safety.
- Refer to the [NFHS Instrument Cleaning Guidelines](#) for proper instrument hygiene
- Refer to [DPH Covid-19 Guidance for Singing or Yelling](#) as it pertains to classroom music making.
- Consider developing standards-based Music Units/lessons and assessments building sequentially, on prior knowledge, chunking information with students individual manipulatives, tools or graphic organizers.
- Increase circulation of outdoor air as much as possible by opening windows and doors, using fans, and other methods. Do not open doors if doing so poses a safety or health risk to children using the facility.
- Access technology (e.g., a digital projector and display, a megaphone or microphone system, sound system for music) to effectively communicate with classes impacted by increased social distance when possible.
- Encourage teacher collaboration, PLC's, and mentoring both inside and outside of district for further support and in person learning strategies.
- Encourage teacher professional development available through the DDOE and national professional organizations for Music Education.
- Consider utilizing outdoor spaces when available for instruction.
- Consider delivering primary teaching, directions, and expectations in-person while extensions of primary teaching, practice/refinement time, and student assignments (especially performance-based) remotely.
- Consider displaying sheet music using projector and screen instead of paper copies when appropriate.
- Consider the flow of student traffic in and out of music classrooms to pick up instruments and supplies. Make every attempt to clearly delineate movement to avoid cross-contamination.
- There should be a minimum of 6-10 feet of space marked off with tape to give students singing or instrumental space when rehearsing. Refer to the [Returning to School](#) guidance for information regarding health and safety.

**Water Breaks** (Per DDOE link [here](#)).

Students need to stay hydrated while participating in music activities.

- Please work with leadership teams and school/district leads to ensure that students have access to water.

- If students are encouraged to bring their own water bottles from home, they should be filled at home and labeled.
- Each student should store their bottle in an isolated location so that it can only be touched/returned by that student.

**Theater and Performing Arts** (Per DDOE link [here](#)).

Instructional and Space Considerations for In Person Learning

- Refer to the [Returning to School](#) guidance for information regarding health and safety.
- Refer to the [DPH Covid-19 Singing and Yelling Guidance](#) for any musical or staged theater.
- Consider developing standards-based Theater Arts Units/lessons and assessments building sequentially, on prior knowledge, chunking information with students individual manipulatives, tools or graphic organizers. Coursework should continue to educate students on the elements and importance of intellectual property, copyright, and licensing fees, especially as there is an increased interest and demand for streaming of theatre performances.
- Increase circulation of outdoor air as much as possible by opening windows and doors, using fans, and other methods. Do not open doors if doing so poses a safety or health risk to children using the facility.
- Access technology (e.g., a digital projector and display, a megaphone or microphone system, sound system for music) to effectively communicate with classes impacted by increased social distance when possible.
- Encourage teacher collaboration, PLC's, and mentoring both inside and outside of district for further support and in person learning strategies.
- Encourage teacher professional development available through the DDOE and national professional organizations for Music Education.
- Consider utilizing outdoor spaces when available for instruction.
- Consider delivering primary teaching, directions, and expectations in-person while extensions of primary teaching, practice/refinement time, and student assignments (especially performance-based) remotely.
- There should be a minimum of 6-10 feet of space marked off with tape to give students blocking and rehearsal space. Refer to the [Returning to School](#) guidance for information regarding health and safety.
- Special consideration should be given to the cleaning of any props, costumes, wigs, and all technical theater tools including light and sound boards, ropes, power tools, etc. during rehearsals and productions. Refer to [Returning to School](#) guidance for information on proper cleaning.

- When in-person theatre performance is either limited or unavailable, the curriculum should include curated teacher-guided virtual or recorded theatre performances that are widely available so students can gain a better understanding of play structure, playwright intent, and production elements.

### Water Breaks

Students need to stay hydrated while participating in theatrical classes and activities.

- Please work with leadership teams and school/district leads to ensure that students have access to water.
  - If students are encouraged to bring their own water bottles from home, they should be filled at home and labeled.
  - Each student should store their bottle in an isolated location so that it can only be touched/returned by that student.

### Advisor and Staff Training

- National Association for Music Educators (<https://nafme.org/covid-19/>)
- Meeting to explain and practice procedures.
  - Review Documentation Expectations
  - Review Screening process
    - QR Code and Accessing the Generated Spreadsheet
    - Determine access to google document
    - Practice editing document to include current temperature
  - Review procedures if an individual fails screening process
    - Adults leave premises immediately
    - Students will be isolated until their ride arrives. Schools will designate an isolation area.
  - Modeling appropriate behaviors and precautions
    - Face covering nose and mouth (no chin protectors)
    - Enforce frequent hand sanitization
    - Maintaining high expectations for staff and student compliance
    - Train instructors on screening process
- Live session at school
  - Student Arrival – maintain 6ft as waiting in line
  - Practice Recording temperature
  - Hand Sanitizer process  
As per DIAA and DPH recommendations there will be one sanitation station for every 15 students
- Post Rehearsal/conditioning times and dates on Athletic and School Website

### Additional Teacher/ Advisor Responsibilities

- Instructors (including Marching Band Directors) who are facilitating in-person practices are required to forward group/pod assignments to their Visual/ Performing Arts Department Chair at the conclusion of every session.
- Identify the staff member responsible for ensuring equipment is cleaned/sanitized as required
- Identify the staff member responsible for assisting students with maintaining social distancing
- Identify the staff member responsible for checking that students clean hands appropriately
- Assist with contact tracing
  - Keep copies of practice plan (cohort grouping)
  - Work with school personnel to manage notifications (if necessary)

### Student Clearance to Participate

- Cleared Physical (CHS has a google doc of cleared physicals as well as Trainers' records)

Physicals from last year are valid until Winter Season **unless**

- Student had positive test for COVID-19
- Has a preexisting condition such as Asthma, Sickle Cell, etc.

In those cases the student must have a clearance to participate from a MD, DO, or NP, specifying that the student is okay to participate while wearing a mask (new physical).

- Personal Equipment
  - Mask
  - Water Bottle(s)
  - Mouthguard (if required)

If a student is missing required equipment effort will be made to provide the necessary equipment. If unable to do so, then the student will not participate and may only observe.

## TRANSPORTATION

### Practice/Rehearsal Transportation:

- Survey to determine transportation needs
- Schedule appropriate runs based on survey results
  - Stagger runs if necessary
  - Increase number of buses based on COVID-19 restrictions

DPH Guidelines for bus transportation will be strictly adhered to.

Students must register in advance for transportation. Schedules/Routes will be generated and student students must follow the following protocols:

1. Must complete the electronic health form.
  - a. By 11:00am each day of practice
  - b. May not attend if not feeling well
2. Must remain masked the entire time on the bus (from entry to exit)

### Emergency Action Plan (Covid-19 Version)

- Lightning (Practice)  
Marching Band Director will monitor Storm progress and make decision regarding returning to fields
  - Christiana
    - Marching Band to H-Gym (pods divided by ½ courts)
    - Band Front to H-Cafe (pods separated by tables)
    - NJROTC to G-Cafe (pods separated by tables)
  - Glasgow
    - Marching Band Winds to Band Room (numbers are low enough to socially distance in the Band Room safely)
    - Drumline and Front Ensemble to the Choir Room (numbers are low enough to socially distance)
    - Colorguard to the Auditorium, utilizing the stage and, if necessary, the mid-house walkway
  - Newark
    - Marching Band Winds to the Auditorium
    - Drumline to the Percussion Room (Chorus Room)
    - Colorguard to the Band Room
- Inclement Weather (Temperature)
  - Christiana
    - Marching Band to H-Gym (pods divided by ½ courts)
    - Band Front to H-Cafe (pods separated by tables)

- NJROTC to G-Cafe (pods separated by tables)
  
- Glasgow
  - Marching Band Winds to Band Room (numbers are low enough to socially distance in the Band Room safely)
  - Drumline and Front Ensemble to the Choir Room (numbers are low enough to socially distance)
  - Colorguard to the Auditorium, utilizing the stage and, if necessary, the mid-house walkway
  
- Newark
  - Marching Band Winds to the Auditorium
  - Drumline to the Percussion Room (Chorus Room)
  - Colorguard to the Band Room

## CONFIRMED POSITIVE COVID-19 CASES

A student who tests positive for COVID-19 shall obtain medical clearance from a doctor (MD or DO), school nurse, nurse practitioner, or physician assistant and submit a completed [DIAA COVID-19 Return to Play form](#) to the student student's Member School in order to resume participating in any extra-curricular activities, requiring active movement and equipment.

### 1 Confirmed Positive Case (individual team cases)

- Remove positive student (14 days) from team
- Practices continue as normal.
- Deep Clean of Area and equipment in addition to our regular scheduled cleaning.
- Games next day will be cancelled.
- Positive student is unable to practice for the 14-day period.
- Rest of students may resume practices.
- Students with any symptoms will sit out, isolate, and get tested.

### More than 1 Case within a 14-day period (from the most recent diagnosed case) on any given team.

- Games/Practices will be cancelled for at least 14 consecutive days without any new additional cases.

### Per DIAA 1010 Interscholastic Emergency Regulation during the COVID-19 Pandemic

**4.5.3.2.3** - The person conducting the screenings shall immediately report any person whose temperature is above 100.4°F or who had a positive response to one of the screening questions to the Member School's Qualified Healthcare Professional. The Member School's Qualified Healthcare Professional shall confirm if the person has



any symptoms of COVID-19. A person who has any symptoms of COVID-19 shall not participate in the activity, shall leave the school premises immediately, and shall not return to any interscholastic athletic activities until the Member School receives written verification of the person's negative polymerase chain reaction (PCR) test for COVID-19 and the person is cleared by the Delaware Division of Public Health.

**4.5.3.2.4** - A student who tests positive for COVID-19 shall obtain medical clearance from a doctor (MD or DO), school nurse, nurse practitioner, or physician assistant and submit a completed DIAA COVID-19 Return to Arts form to the student student's Member School in order to resume participating in any interscholastic athletic activities

## GAME DAY COVID Social Distancing (Marching Band/JROTC)

### Christiana High School Marching Band

There will be no away games for CSD Marching Bands and JROTC. Only home games. Report time will be 45 min. before game time. **Students will not be entering the building at all.**

- Saturday, Oct. 24 vs. Dickinson (RCCSD)
- Saturday, Oct. 31 vs. Glasgow (CSD)
- Saturday, Nov. 14 vs. Brandywine (BSD)
  - Students are required to have all of their instruments, music and flags with them.
  - Marching Band will not wear traditional uniforms this season.
    - School shirt/ jeans/ dark shoe, mask for which families will be responsible for cleaning between wears.
  - Students will park/ be dropped off in the G lot and walk to the marching band field
    - If dropped-off, families MUST remain in their vehicles
  - Band will facilitate socially-distant warm-up on the marching band field (rear of school)
  - Staff will be responsible for sanitizing and set-up of Marching drums/cymbals at the bottom of the marching band field for the students.
- After warm-ups: The band will march to the stadium and set up on the track to play Loyalty and Star-Spangled Banner. Once completed, the band will march back to the marching band field, take off the drums and be dismissed to their cars. Staff will sanitize all drums prior to bringing them back to the band room.

### COVID QR Code

- Prior to coming to the stadium, all students must click on the COVID QR code located on the G gym doors. Students will fill out the form and submit.

### Masks and bell covers

- Christiana will provide instrument bell covers and student face coverings (masks) for wind players but all students should arrive at school with their own masks.
- Drumline and Color Guard will provide their own masks.

### Rehearsals

- Marching band will practice in the Christiana stadium-We will do a temperature check as each member comes into the stadium.
- Marching band rehearsals on Monday and Thursday
  - 6:00-7:30.(Report time: at 5:45) After sports is completed, the director will monitor the athlete/band members until the rest of the band arrives.

## **Glasgow High School Marching Band**

There will be no away games for CSD Marching Bands, Only home games. Report time will be 45 min. before game time. **Students will not be entering the building at all.** If the ensemble is not prepared to publicly perform for any of the games, the director will inform the students and their families of changes to the schedule.

- Saturday, November 7 vs. Howard HS of Technology at 12:00pm (tentative)
- Saturday, November 14 vs. McKean (RCCSD) at 12:00pm (tentative)
- Saturday, November 21 vs. Newark (CSD) at 12:00pm
- Saturday, December 5 vs. A.I. DuPont (RCCSD) at 12:00pm
  - Students are required to have all of their instruments, music and flags with them.
  - Marching Band will not wear traditional uniforms this season.
    - School shirt/ jeans/ dark shoe, mask for which families will be responsible for cleaning between wears. As the weather becomes colder, the director will decide on cold-weather attire such as wearing additional layers under the band parka which will be sterilized and sent home to the students.
  - Students will park/ be dropped off in the Student Parking Lot and walk to the marching band practice field
    - If dropped-off, families MUST remain in their vehicles
  - Band will facilitate socially-distant warm-up on the marching band field (in front of the band room entrance)
  - Staff will be responsible for sanitizing and set-up of Marching drums and keyboard percussion at the bottom of the marching band field for the students.
- After warm-ups: The band will march to the stadium and set up on the track to play “Across the Field” and “Star-Spangled Banner”. Once completed, the band will march back to the marching band field, take off the drums and be dismissed to their cars. Staff will sanitize all drums prior to bringing them back to the band room.

### **COVID QR Code**

- Prior to coming to the stadium, all students must click on the COVID QR code located at school for athletic use. Students will fill out the form and submit.

### **Masks and bell covers**

- Glasgow will provide instrument bell covers and student face coverings (masks) for wind players but all students should arrive at school with their own masks.
- Drumline/Front Ensemble and Colorguard will provide their own masks.

### **Rehearsals**

- Marching band will practice at the marching band practice field outside the band room entrance - We will do a temperature check as each member comes into the stadium.
- Marching band rehearsals on Tuesday and Thursday
  - 2:45-4:30 (report time 2:30) After rehearsal is completed, the director will monitor the band members until they depart the school.

### Newark High School Marching Band

There will be no away games for CSD Marching Bands, Only home games. Report time will be 45 min. before game time. **Students will not be entering the building at all.**

If the ensemble is not prepared to publicly perform for any of the games, the director will inform the students and their families of changes to the schedule.

### Newark Band Performance Schedule:

- Saturday, November 7 vs. Christiana HS; 9:15am Report, 10:00am Perform
- Saturday, November 27 vs. Al duPont HS; 9:15am Report, 10:00am Perform
- Saturday, December 5 vs. Brandywine HS; 11:15am Report, 12:00pm Perform

### Expectations:

- **No building entry:** Students are required to have all of their instruments, music, and flags with them
- **Uniforms:** Marching Band will not wear traditional uniforms this season
  - School shirt/ jeans/ dark shoe
  - Face Mask for which families will be responsible for cleaning between wears
- **Student Arrival:** Students will park/ be dropped off in the Student Parking Lot and walk to the marching band practice field
  - If dropped-off, families MUST remain in their vehicles
- **Warming Up:** the band will facilitate socially-distant warm-up on the marching band rehearsal field behind the stadium
  - Staff will be responsible for sanitizing and set-up of Marching drums and keyboard percussion in the Student Parking Lot for the students to take to the rehearsal field
    - Students will be encouraged to confirm sanitization before picking up
- **Performance:** the band will set up in the stadium under the scoreboard to play the Alma Mater and the National Anthem.
- **Post Performance:** the band will march back to the student parking lot, take off the drums and be dismissed to their cars. Students will sanitize all drums prior to staff touching them, staff will sanitize again prior to bringing them back to the band room.

### COVID QR Code

- Prior to coming to the stadium, all students must click on the COVID QR code located at school for athletic use. Students will fill out the form and submit.

### Masks and bell covers

- Newark will provide instrument bell covers and student face coverings (masks) for wind players but all students should arrive at school with their own masks.
- Drumline/Front Ensemble and Colorguard will provide their own masks.

### Rehearsals

- Marching band will practice at the marching band practice field behind the stadium - We will do a temperature check as each member comes into the stadium.
- NHS Marching band will rehearse on the day of performances only. Students will be expected to practice remotely.





**PERFORMING ARTS**  
**Participation Waiver for Communicable Diseases Including COVID-19**

The COVID-19 pandemic has presented athletics and performing arts across the world with a myriad of challenges. The COVID-19 virus is a highly contagious illness that primarily attacks the upper respiratory system. The virus that causes COVID-19 can infect people of all ages. Research from the Centers for Disease Control, among others, has found that while children do get infected by COVID-19, relatively few children with COVID-19 are hospitalized. However, some severe outcomes have been reported in children, and a child with a mild or even asymptomatic case of COVID-19 can spread the infection to others who may be far more vulnerable. While it is not possible to eliminate all risk of furthering the spread of COVID-19, the current science suggests there are many steps schools can take to reduce the risks to students, instructors, and their families.

The CSD will take the necessary precautions and recommendations from the federal, state, and local governments, CDC, DPH, as well as the NFHS and DIAA. The CSD realizes the knowledge regarding COVID-19 is constantly changing as new information and treatments become available. These recommendations will be adjusted as needed as new information becomes available in order to decrease the risk of exposure for our staff, students, and spectators.

**These Recommendations include but may not be limited to:**

1. Students, Instructors, and Staff will undergo a COVID-19 health screening prior to any practice, event, or team meeting. The type of screening will be dependent upon the available resources and the Phase level. The purpose is to check for signs and symptoms of COVID-19. It will include a questionnaire and temperature check as needed.
2. Promote healthy hygiene practices such as hand washing, using hand sanitizer, cough in your elbow, avoid touching eyes, nose, face and mouth, no spitting, no gum chewing, No Handshakes/Celebrations (high fives, fist/elbow bumps, chest bumps, hugging)
3. Intensify cleaning, disinfection, and ventilation in all facilities
4. Encourage social distancing through increased spacing, small groups, and limited mixing between groups, if feasible
5. Educate Students, Instructors, and Staff on health and safety protocols
6. Anyone who is sick must stay home
7. Plan in place if a student or employee gets sick

8. Regularly communicate and monitor developments with local authorities, employees, and families regarding cases, exposures, and updates to policies and procedures
9. Students and Instructors **MUST** provide their own water bottle for hydration. Water bottles must not be shared. **Refill Stations and Water Fountains will NOT BE Initially AVAILABLE!**
10. PPE (gloves, masks, eye protection) will be used as needed and situations warrant, or determined by local/state governments. Face Coverings will be required for students participating in medium or high-risk sports at all times.

I understand that participating in performing arts programs, events, and activities may include a possible exposure to a communicable disease including but not limited to MRSA, influenza, and COVID-19. While particular recommendations and personal discipline may reduce the risk, the risk of serious illness and death does exist. I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of others, and assume full responsibility for my participation. I willingly agree to comply with the stated recommendations put forth by the CSD to limit the exposure and spread of COVID-19 and other communicable diseases.

Sport: \_\_\_\_\_

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Student

\_\_\_\_\_  
Date

\*Parents/Guardians may request a full copy of the CSD Return to Performing Arts Plan, please contact the Director/ Department Chair or ATC at your school.

## Resources Cited

- [Delaware Department of Education Visual and Performing Arts Education Return to School Guidance Document](#)

## Delaware Department of Public Health Covid 19 Guidance

- <https://coronavirus.delaware.gov/resources-for-schools/>

## Other State Arts Guidance

- September Ready Fall 2020 Guidance for Arts Education <https://www.artsednj.org/wp-content/uploads/NJ-September-Ready-Arts-Ed-Guidance.pdf>
- COVID-19 and Beyond Guidelines for Connecticut K-12 Arts Programs <http://www.ctaaa.net/resources>

## National Guidance

- Fall 2020 Guidance for Music Education (NEW): <https://www.nfhs.org/articles/fall-2020-guidance-for-music-education/>
- COVID-19 Aerosol Study (ONGOING): <https://www.nfhs.org/articles/unprecedented-international-coalition-led-by-performing-arts-organizations-to-commission-covid-19-study/>
- NFHS and Varsity Performing Arts to offer FREE Marching Band Show Program (NEW INFO): <https://www.nfhs.org/articles/nfhs-helps-launch-together-as-one-a-free-marching-band-field-show-package-for-high-school-performing-arts-programs/>
- Guidance for a Return to High School Marching Band (NEW): <https://www.nfhs.org/articles/nfhs-releases-guidelines-for-return-to-high-school-marching-band-activities/>
- Flexible Show Selection for Theatre Productions (NEW): <https://documentcloud.adobe.com/link/track?uri=urn:aaid:scds:US:90e524f9-d054-4b1a-96cf-b4ca6d32d9e4>
- Instrument Cleaning Guidelines: <https://www.nfhs.org/articles/covid-19-instrument-cleaning-guidelines/>
- Copyright Guidance: <https://www.nfhs.org/articles/copyright-covid-19-guidance/>
- Understanding Copyright and Compliance Course (FREE): <https://www.nfhslearn.com/courses/understanding-copyright-and-compliance>



# PLAY SAFELY



**Wear a face covering.**



**Practice social distancing.**



**Wash or sanitize your hands often.**

**⚠ PLEASE STAY HOME IF YOU ARE SICK.**



**[de.gov/coronavirus](https://de.gov/coronavirus)**

# JUEGO SEGURO



Use una mascarilla  
en espacios  
públicos.



Respete el  
distanciamiento  
social.



Lávese o desinfecte  
las manos con  
frecuencia.



**QUÉDESE EN CASA SI ESTÁ ENFERMO.**



[de.gov/coronavirus](https://de.gov/coronavirus)