Who needs to quarantine?

Who needs to Quarantine: Students and staff who are household close contacts need to quarantine as per below. Students and staff exposed to a positive case in the school or other public settings do not need to quarantine from school but are advised to monitor closely for symptoms, consider wearing a mask in public and test on, or as soon as possible after day 5 after exposure.

Calculating number of Days: If you have COVID-19 and have symptoms day 0 is your first day of symptoms. Day 1 is the first full day after your symptoms developed. For asymptomatic cases day 0 is the date of the positive test. For contacts day 0 is the day of the last exposure to the positive case.

**ISOLATE – For 5 days, regardless of vaccination status**

- Report positive case to school nurse/COVID Coordinator and follow school guidance.
- If unable to wear a mask isolate at home for 10 days.
- **With Symptoms:**
  - 1) You can end isolation 5 days after symptoms first appeared
    - **IF:** 24 hours with no fever without the use of fever-reducing medications
    - **IF:** Other symptoms of COVID-19 are improving (loss of taste/smell may last weeks and should not delay end of isolation)
    - **AND:** Wear a well-fitting mask for the following 5 days when around others, both at home, and outside-of-the-home.
- **Without Symptoms:**
  - **Isolate for 5 days** since your positive COVID-19 test. Wear a well-fitting mask for the following 5 days when around others, both at home, and outside-of-the-home.

**IF YOU:**
- Are up to date* with vaccines.
- OR
- You had a viral-test confirmed case of COVID-19 within the last 90 days and are asymptomatic.

*Up to date: means received all vaccines including 3rd doses for immunocompromised, plus boosters when eligible (5 months after 2nd dose of Pfizer/Moderna or 2 months after J&J)

**THEN:**
- **No quarantine** is necessary
- **Wear a well-fitting mask for 10 days** around others
- **If unable to wear a mask,** may return to school if participating in daily testing from days 1 – 10
- **Test on day 5** (or as soon as possible thereafter) after your exposure
- **If symptoms develop,** isolate at home immediately and get a test.

**IF YOU:**
- Are unvaccinated, or partially vaccinated
- OR
- You are NOT up to date with vaccines (Includes not getting a booster when eligible)

**THEN:**
- **Stay home (quarantine) for 5 days,** and return on day 6:
  - after a negative test on day 5 (or as soon as possible thereafter), and wear a well-fitting mask for next 5 days, or
  - **If unable to wear a mask,** may return on day 6 if participating in daily testing from days 6 – 10
- **Or,** remain in school if participating in daily testing, and wearing a mask for 10 days
- **If symptoms develop,** isolate at home immediately and get a test.

**TEST POSITIVE FOR COVID-19**

**HOUSEHOLD CLOSE CONTACTS**

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**These procedures outline general guidelines, but each case is assessed based on the facts of each unique situation.**