### Christina School District Learning Choice Board
For Brennen Students
Grades 6-8

#### Getting Started
- Begin to develop daily routines
- Utilize First/Then (first small amounts of participation then a preferred activity)
- Consider using visuals (pictures, timers, schedules)

#### Rec. Leisure/Play
**Movement**
- Turn on Music or Video and dance
  - Music Videos on Youtube, Go Noodle, or KidsBop
  - Radio/Alexa device
- Go for a morning walk

**Sedentary**
- Puzzles
- Drawing and/or Coloring
- Legos
- Browse through a magazine/book

#### Rec. Leisure/Play
**Social**
- Simple turn taking games
  - Connect Four
  - Cards - Go Fish
  - Uno
  - Memory
  - Basket toss
- Pull out a large basket/bucket and toss balls into the basket

#### Daily Living Activities
**Morning Routine**
- Encourage participation in:
  - Dressing Routine
  - Face washing
  - Toothbrushing
  - Making bed/cleaning up room

**Afternoon Routine**
- Encourage participation in age appropriate household chores:
  - Dusting
  - Sweeping/Vacuuming
  - Taking out the trash

**Evening Routine**
- Encourage participation in:
  - Setting the table
  - Clearing the table
  - Wiping table
  - Feeding pets
  - Cleaning up around the house

**Bedtime Routine**
- Encourage participation in:
  - Bath/Shower Routine
  - Dressing Routine
  - Toothbrushing

#### ELA
- Read aloud with your child any story or text and have him/her:
  - Turn pages/ Read along
  - Point to and label pictures in the story/ Sequence plot
  - Ask questions:
    - Where is ____?
    - What Color?
    - Who ____?
  - Listen to a read aloud story or one online from [https://tarheelreader.org/](https://tarheelreader.org/)

#### ELA
- Build Common Vocabulary by:
  - Follow directions to locate or label objects found around home
  - Match pictures or written words to objects found in different rooms
  - Go for a walk outside and locate and label items found outside

#### Math
- Match similar items e.g. utensils, socks, cans, etc.
- Sort items by similar characteristic e.g. laundry by color, utensils, etc.
- Write numbers on post its or index cards to match numbers (by single/ double/triple digit)

#### Math
- Money/Coins
  - Matching
  - Sorting
  - Identifying
  - Counting
- Count items to around the home e.g. Plates, utensils, napkins, chairs to set the table
<table>
<thead>
<tr>
<th>Physical Activity</th>
<th>Art</th>
<th>Music</th>
<th>Social Emotional Learning</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Go Noodle</td>
<td>• Tracing/ Drawing</td>
<td>• Dancing</td>
<td>• Move this World</td>
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<tr>
<td>o <a href="https://family.gonoodle.com/channels/fresh-start-fitness">https://family.gonoodle.com/channels/fresh-start-fitness</a></td>
<td>• Coloring</td>
<td>• Listening to Music</td>
<td><a href="http://movethisworld.com/">http://movethisworld.com/</a></td>
</tr>
<tr>
<td>• Play w/ a ball</td>
<td>• With help cut shapes and glue (doesn’t have to be a specific project)</td>
<td>• Using Ribbon/scarfs while dancing/listening to music</td>
<td>• Breathing exercises</td>
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<tr>
<td>o throwing, catching, kicking, rolling</td>
<td>• Outdoors to collect items and make project – picture, mobile or mosaic</td>
<td>• Creative Musical Instruments (pots &amp; pans, coffee cans, beans in an empty water bottle)</td>
<td>(Smell the flowers, Blow out the candles)</td>
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<tr>
<td>• Go for a walk</td>
<td></td>
<td>• Dancing</td>
<td>• Identify emotions as you demonstrate them</td>
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<td></td>
<td></td>
<td>• Listening to Music</td>
<td>• Yoga</td>
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<td>• Using Ribbon/scarfs while dancing/listening to music</td>
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<th>Pre-Vocational</th>
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<tr>
<td>• Respond to or use a timer</td>
<td>• Indicate when finished with a task</td>
<td>• Request more materials when doing a variety of vocational, academic and independent daily living tasks</td>
<td>• Follow a daily schedule - moving on when a timer indicates</td>
</tr>
<tr>
<td>• Sort items in the home by attribute (size/color)</td>
<td>• Follow a task schedule - moving on when a timer indicates</td>
<td>• Count out sets of an item (coins/pencils/crayons/etc) and put into bags</td>
<td>• Outdoor work – pulling weeds, raking, planting</td>
</tr>
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<td>• Package items in the house (take 3 items and plastic baggies and have student assemble - ideas: 1 crayon, 1 pencil, 1 pen OR penny, nickle, dime, OR or pieces of candy/snacks)</td>
<td>• Organize canned goods in the home</td>
<td>• Count out sets of an item (coins/pencils/crayons/etc) and put into bags</td>
<td>• Fold towels, napkins, sheets, clothes</td>
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<td>• Hang clothes on hangers</td>
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