

Christina School District DOUGLASS AND SPA MENU OCTOBER 2025

October 13-17th is National School Lunch Week- *Taste The World:*
Your School Lunch Passport. Join us to celebrate all week long!

OCTOBER IS NATIONAL
APPLE MONTH & FARM TO
SCHOOL MONTH!
WE ARE USING FIFER
APPLES FOR OUR FRESH
APPLES AND IN OUR
APPLE HAVEST SALAD!

Monday, Oct. 6

Breakfast
Muffin(V/H)

Lunch
Chicken Tenders with
Cheez-It Crackers
Steamed Carrots
Craisins

Tuesday, Oct. 7

Breakfast
Glazed Pull Apart
Donut(V/H)

Lunch
Cheesy
Breadsticks(V/H)
Mixed Vegetables
Chilled Pears

Wednesday, Oct. 8

Breakfast
Cereal, Cereal Bar, or
Eggo Graham Bites(V/H)

Lunch
French Bread Pizza(V/H)
Sautéed Spinach
**Apple Harvest Side
Salad**
Mixed Fruit Cup

Thursday, Oct. 9

Breakfast
Cinnamon Roll (V/H)

Lunch
Cheesesteak
Sandwich(Chicken or
Beef)
Oven Baked Fries
Fruit Icy

Friday, Oct. 10

NO SCHOOL

Wednesday, Oct. 1

Breakfast
Cereal(V/H)

Lunch
Cheese Pizza(V/H)
Mixed Vegetables
Garden Fresh Salad
Chilled Pineapple

Thursday, Oct. 2

NO SCHOOL

Friday, Oct. 3

REMOTE LEARNING
DAY
HALF DAY

AVAILABLE DAILY

Breakfast

100% Juice
Assorted Fruit
Milk

Lunch

Assorted Fresh Fruit
Fresh Veggie Cup
Hummus
Milk

*V=Vegetarian
*H=Halal Approved

Christina School District

DOUGLASS AND SPA MENU

OCTOBER 2025

Monday, Oct. 13

Breakfast

Mini Breakfast Bites(V/H)

NEW!

Lunch

Mini Mozzarella Bites(V/H)
Steamed Carrots
Applesauce Cup

Tuesday, Oct.14

Breakfast

Cinnamon Roll(V/H)

Lunch

Mandarin Chicken with Chow Mein Noodles
Mixed Vegetables
Pineapple & Mandarin Oranges

Wednesday, Oct. 15

Breakfast

Cereal, Cereal Bar, or Eggo Graham Bites(V/H)

Lunch

Cheese Pizza (V/H)
Steamed Broccoli
Chilled Pears

Thursday, Oct. 16

Breakfast

Donut Holes(V/H)

Lunch

Doritos Walking Taco with Beef Nacho Supreme
Golden Corn
Raisins

Friday, Oct. 17

Breakfast

Blueberry Bread(V/H)

Lunch

Rotini with Meatsauce & Texas Toast
Steamed Peas
Mixed Fruit Cup

National Pasta Day

taste the world:
your school Lunch passport!

National School Lunch Week | October 13-17, 2025

JOIN US ALL WEEK TO CELEBRATE NATIONAL SCHOOL LUNCH WEEK!
Celebrate the world's cuisines!



Monday, Oct. 20

Breakfast

Banana Bread(V/H)

Lunch

Cheesy Pull Apart(V/H)
Mixed Vegetables
Craisins

Tuesday, Oct. 21

Breakfast

Muffin(V/H)

Lunch

Chicken Patty Sandwich
Cinnamon Sweet Potato Fries
Applesauce Cup

Wednesday, Oct. 22

Breakfast

Cereal, Cereal Bar, or Eggo Graham Bites(V/H)

Lunch

Personal Pan Pizza(V/H)
Steamed Carrots

Apple Harvest Side Salad

Peach Cup

Thursday, Oct. 23

Breakfast

Cinnamon Roll(V/H)

Lunch

Chicken Drumstick with Garlic Knot
Cheesy Broccoli
Fruit Icy

Friday Oct. 24

Breakfast

Manager's Choice

Lunch

Egg & Cheese on Croissant
Tater Tots
Mixed Fruit Cup

OCTOBER IS NATIONAL APPLE MONTH AND NATIONAL FARM TO SCHOOL MONTH
ENJOY A FARM FRESH APPLE FROM FIFER ORCHARDS!



APPLE FUN FACTS

Apples come in 3 different colors- green, red and yellow. There are more than 8,000 varieties of apples worldwide. Apples are a good source of Fiber and Vitamin C.

Monday, Oct. 27

Breakfast

Muffin(V/H)

Lunch

Chicken Tenders & Waffle Sticks
Emoji Fries
Strawberry Cup

Tuesday, Oct. 28

Breakfast

Glazed Pull Apart(V/H)

Lunch

Mozzarella Sticks(V/H)
Steamed Carrots
Mixed Fruit Cup

Wednesday, Oct. 29

Breakfast

Cereal, Cereal Bar, or Eggo Graham Bites(V/H)

Lunch

Turkey & Beef Pepperoni Pizza
Cheese Pizza(V/H)
Steamed Green Beans
Chilled Pears

Thursday, Oct. 30

Breakfast

Donut Holes(V/H)

Lunch

Creamy Chicken Alfredo Pasta with Dinner Roll
Steamed Broccoli
Caesar Side Salad
Raisins

Friday, Oct. 31

Breakfast

Pumpkin Bread(V/H)

Lunch

Hot Dog on Bun
Warm Vegetarian Baked Beans
Froot Jooce Icy