

**CHRISTINA
SCHOOL DISTRICT**
Networks Program
30 Blue Hen Drive
Newark, DE 19713

Networks News

Congratulations Networks Exiters



As the School Year comes to an end, I would like to thank ALL students, staff, parents and friends of our program for helping make this year another success. Our program has seen quite a bit of growth this past school year and we anticipate even further growth going forward as we continue to transition into CSD 18 to 22 year old program.



Monday, June 9 - Cape May Zoo - PBIS Event #4 (For students who have earned the trip) Anticipated return time 4:15pm

Tuesday, June 10 - Last Student Day

Friday, June 13 & Saturday, June 14 Special Olympics Summer Games—Join us to cheer on our 12 track athletes and 3 softball teams including one Unified team of students and staff

SUMMER SCHOOL

Monday, July 7 - Thursday, August 7 from 7:15 to 12:45 Monday thru Thursday

IMPORTANT RETURN TO SCHOOL FOR 2025 — 2026 SCHOOL YEAR

Tuesday, September 2nd - First Day of School for Students

**NORMA BRISTER
PRINCIPAL**
302-454-2233 (P)
302-454-5446 (F)



From the Nurse's Office



Summer Hydration Tips

Summer is a great time for everyone to go outdoors and enjoy the warm weather. However, it can also result in heat exposure and increases the risk of dehydration. Dehydration can lead to fatigue, restlessness, or dizziness. Water is the perfect beverage to prevent dehydration.

To encourage drinking on the go, carry a water bottle or freeze water bottles to keep them cool for a longer period. Also, limit access to sugar-sweetened beverages and mix water with fresh or frozen fruit to add flavor and variety. You can also consider adding some seasonal fruit into the mix such as blueberries, peaches or watermelon.

Individuals who work or spend a lot of leisure time outside in extreme heat conditions should know the **signs and symptoms of heat-related illnesses**. This list can assist in learning the symptoms:

- Heat Rash: skin irritation caused by excessive sweating during hot, humid weather.
- Heat Cramps: muscle pain or spasms usually in the abdomen, arms or legs.
- Heat Exhaustion: extreme fatigue, dizziness, nausea, clammy skin, fast and shallow breathing and elevated temperature.
- Heat Stroke: hot or dry skin, chills, hallucinations, slurred speech, dizziness and throbbing headache.

Although knowing the signs of heat illnesses are important **knowing how to prevent the illnesses** are more important. These are some ways to prevent heat illness:

- Drink water every 15 minutes, even if you are not thirsty.
- Avoid alcohol or liquids containing high amounts of sugar.
- Rest in the shade to cool down.
- Find an air-conditioned shelter.
- Avoid direct sunlight.
- Take cool showers or baths.
- Wear a hat and light-colored clothing.
- Learn the signs of heat illness and what to do in an emergency.
- Keep an eye on everyone with you.

Remember these three simple words: Water, Rest and Shade. Taking these precautions can mean the difference between life and death. When the temperature rises above 82 degrees Fahrenheit heat stress conditions start.

Decreasing Sugary Soda Intake Tips Will help you shed some pounds

If you or your family members drink sweetened soft drinks, consider these "think before you drink" tips:

- Offer kids water when they are thirsty — it is the best way to quench thirst.
- Serve water or low fat or fat-free milk or fortified soy beverage at meals instead of soft drinks.
- Cut down the quantity of soft drinks over time. Each week, have your children cut back until they reach the goal of drinking one serving or less a day. The daily limit should be no more than 8 to 12 fluid ounces or— better yet— none at all.
- Shift soda drinkers to diet soda options — they are a better alternative than regular sodas because they do not contain added sugars, but water is the best way to quench thirst.

YES foods	NO foods	Limit foods
ALL MEAT & FISH (including but not limited to) Beef Buffalo Chicken Clams Duck Eggs Game meats Salmon Goat Halibut Lamb Lobster Mahi Mahi Mussels Pork Red Snapper Scalops Shrimp Swordfish Turkey Tuna/Ahi Tuna VEGETABLES (including but not limited to) Artichokes/Sunchokes Asparagus Broccoli Brussels sprouts Cabbage Carrots Lettuce/Salad mixes Mushrooms Onions Parsnips Peppers Radicchio	VEGETABLES Corn, Peas, Sweet potatoes/Yams White potatoes Winter squash (acorn, delicata, kabocha) FRUIT OF ALL KINDS (see sometimes list for exceptions) NUTS/NUT BUTTERS Cashew, Peanut REFINED CARBOHYDRATES Pastries Pita Pizza Popcorn Potato chips Bread Bagels Breadsticks Brownies Cake Candy Cereal bars Chips Cookies Couscous Crackers Corn flakes Corn syrup Croissants Doughnuts French fries Pretzels Pudding Rice cakes	VEGETABLES NO 1½: 1 cup serving per day is allowed! Beets, Butternut squash, Pumpkin FRUIT NO 1½: eat one green tipped banana or one green apple per day is allowed! Bananas (green tipped/not quite ripe) Green apples GRAINS/LEGUMES (BEANS) NO 1½: 1/2 cup per day (cooked) is allowed! Black beans Black-eyed peas Baked beans Cannellini beans Chickpeas Lentils Lima beans Mashed beans Pinto beans Red beans Soybeans Split peas White beans

With this cooler spring weather, some people may just be getting around to pulling out their summer wardrobe.

Are you one of those individuals and have found that the clothing is just a little snug like many of us?

If you answered yes, the picture to the left from the website diabetes.com is a reminder of foods that should be consider your

GO (Yes) Foods

SLOW (Limit) Foods

WHOA (No) Foods

Even though we are ending our current 2024- 2025 school year, we have already started to plan for next year. In mid-September, we already scheduled Vision to Learn (VTL) to come to Networks. If your child has not been seen by VTL in the past 12 months and has a history of wearing glasses, I sent home information including a permission form to be included in the September 15th visit. If you have not returned this form, please do so ASAP as we may be able to get an additional day set up near the start of the school year. This program is free and the van comes to the school!!

If you have concerns about your child's vision, please reach out to Nurse Michelle or during the summer, Dawn Gower. You may also visit the clinic this summer .

End of Summer School Medication Reminders

Do not forget to get in touch with Dawn Gower @ dawn.gower@christina.k12.de.us or by calling 302-454-2233 prior to Thursday, August 7th to pick up any daily routine or emergency medications prior to the end of summer school. If arrangements have not been made to pick up medication, it will be destroyed at this time as per our regulations.

Summer Time Reminders to Prepare for the 2025- 2026 School Year

Summer time is also the perfect time to obtain any updated action plans for your child such as:

- Asthma Action Plan
- Seizure Action Plan
- Food / Allergy Action Plan
- Diabetes Action Plan
- Plans for other medical conditions that may cause your child to have a serious illness, injury or even death
 - Please remember to reach out to your school nurse should you have any questions.

Fall 2025 Information

Upon return to school in the fall, we will be sending home what may be an updated Student Emergency Card that needs to be completed every year. A student is not allowed off school campus without this form so it is imperative **it comes back as quickly as possible!!** There will also be Nemourslink paperwork as well as action plans if once has not been returned in the summer. Just like the Student Emergency Card, action plans need to be updated every year.

AUTOWORKS

AUTOworks has been maintaining an organized shop as we finish out the school year. We have been working to perfect our AUTOworks skills while serving our customers. To date, we have fully detailed over 86 customer's vehicle! This does not include the numerous staff vehicles and Networks vehicles which we were able to practice on. During the month of May, the students were exposed to nutrition, how to get around town using different forms of transportation, forms of active and passive recreation and the benefits of recreation.

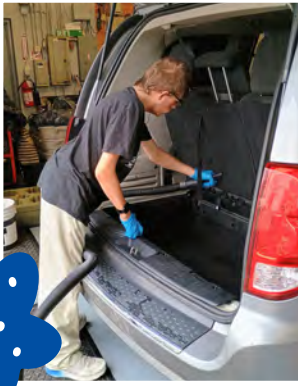
Our students have participated in Professional Dress Days, worked with our Co-Op Department and attended the Student Recognition Ceremony! We wish to recognize Jeremiah Lewis as our AUTOworks Enterprise Student of the Year! From all of us in AUTOworks, "We congratulate you Jeremiah on a great year!!!!"



We would like to thank all of our Families for all your support throughout this school year! Have a restful and safe Summer from the AUTOworks Staff!!

BITWORKS NEWS

BITWORKS HELPING OTHER AREAS



BITworks students are occasionally called upon to help in various enterprise areas. Recently we helped make sandwiches and treats in MUNCH and a vacuumed a car in AUTOWorks.

LESSON TOPICS

Nearpod:

Lessons have focused on types of transportation that can be used to get to work as well as nutrition and reading food labels.

Move This World:

We've been learning about leadership and building positive connections.

MAY MONTHLY HIGHLIGHTS

In the Classroom

Students have been practicing their data entry skills by entering the info recorded on PLUSes into a form that populates a spreadsheet and then bundling the PLUSes.



At Training Sites

It has been great to see students find tasks they enjoy and excel at doing at our various work sites. Their independence and confidence have grown with each outing.



At the School Store

We are clearing out the cabinets and putting out any remaining items so students can spend their hard earned PLUSes before the end of the school year.



CONTACT INFORMATION

Email Addresses:

Colleen.Naccarato@christina.k12.de.us

Jason.Lomas@christina.k12.de.us

Networks Phone:

(302) 454-2233

REMINDER

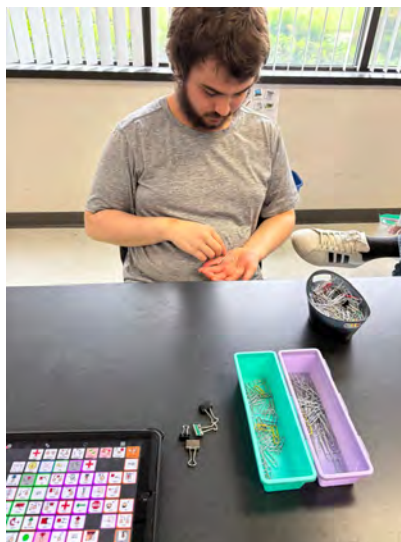
Please encourage your student to continue to practice their typing, even over the summer months. Typing.com is a favorite site with easy to use lessons and games.



BRENNENworks



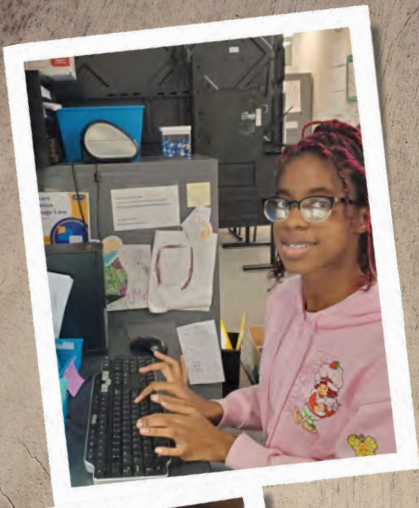
Check out our hardworkers
in BRENNENworks!



Co-Op Corner

It's hard to believe the 2024-25 school year is coming to an end. We are always amazed with how much each of the students has grown and matured from the start of school. We would like to thank all students, family members and staff for a wonderful school year! In addition, we are grateful for the multiple business that have provided our students the opportunity to gain work experience. Have a great summer!





Copyworks



Growing
friendship through
learning and work





Congrats!



Conor G



Katrianna W



Jayden H



Haneef B

**This month ETCHworks
celebrated our students
transitioning from
Networks.**



Gabe P



Brian W

Also our final 2 Students of the Month

*El'Airah W
April*



*Jordynn H
May*



FABRICworks

We had our end of the year celebration where each student in FABRICworks and ETCHworks, also known as “TEAM FETCH”, received awards in their enterprise area. We started the day with a pancake breakfast made in the area followed by awards for each student.

Students had a great time celebrating themselves and each other. We are very proud of our students!

They are all **WINNERS!**



FLORALworks

Our students have done an amazing job this school year. They have learned many new skills and have become more independent in others.

This month we have worked on learning how to do the finances for the FLORALworks Enterprise Area. We continued to work on our daily orders while filling some larger arrangements for student and employee recognition ceremonies as well as wedding floral arrangements. Our students have also been working in the community at Richardson's Nursery where we are learning how to deadhead plants. Here are a few pictures of our work.

Finally, the students have worked really hard at preparing entries for the Delaware State Fair. We hope to be able to attend the fair this summer.



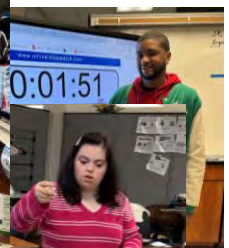
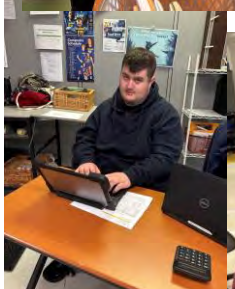
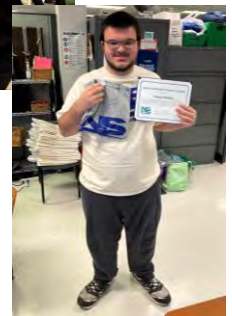
MERCHANTWORKS

As the year is winding down, we have reflected on some great, unique and fun memories!

Some pictures reflect our students practicing for the upcoming Annual Work Olympics competition. Skills, strategies and objectives were discussed.

Students also have participated in our monthly Professional Dress Days, having the opportunity to earn up to 30 PLUSes. Here are just a few of our favorite pictures along with students who were recognized as the Student Standout of MERCHANTworks.

Thank you for all you do!



May in MUNCHoworks

To celebrate parties, graduations and other events, our customers ordered and we made LOTS of cookies, pastries, and other confections!



We also continued to work on growing the herb seeds we planted in our seed snails and we cleaned out our old raised flower bed while WOODworks built us a new one.



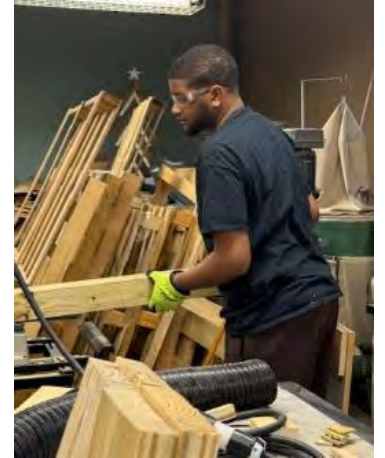
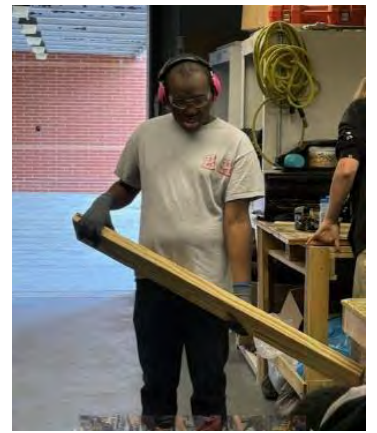
Even though we just set out some of the plants...we are already thinking of the many possibilities we can cook and bake using the fruits of our labor.

RECYCLEWORKS/WOODWORKS

All hands on deck!
This month we were
busy building a
garden box for
MUNCHworks.

“Coming together is
a beginning. Keeping
together is progress.
Working together is
success.”

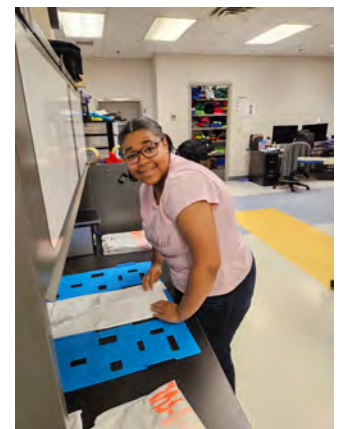
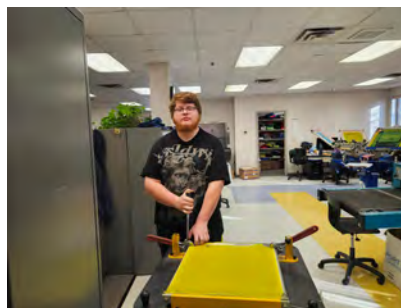
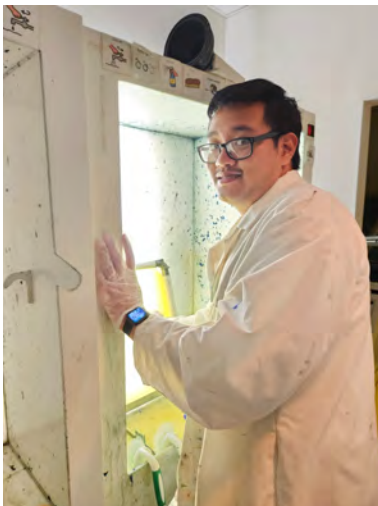
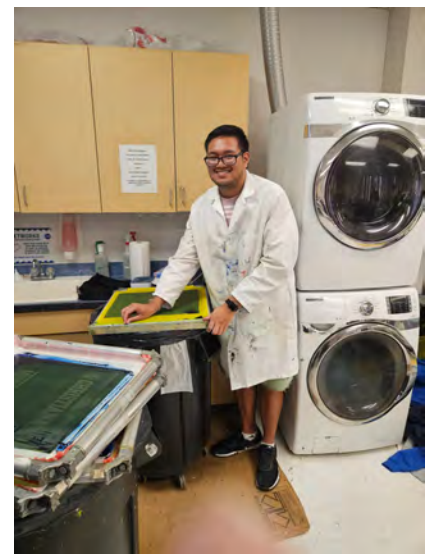
-Henry Ford.



TEAMworks



This month in
TEAMworks, we are
working hard to
complete our
customers' orders.



TRADEworks

During classroom activities, we are focusing on recreation, phone and internet safety, along with basic first aid. Our students continue to practice basic custodial skills in various job site locations. In addition, students have been working on preparing themselves for their assigned tasks by gathering supplies, packing their own job site bag and checking supplies on our work van. We have been having conversations about potential employers based on student likes and dislikes.

As we move into the final days of the 2024-2025, please pay close attention communications – Summer School, End of Year information and activities.



Vocational Arts

May has been an exciting month for Vocational Arts! Congratulations to our exiting students - Abdoul, Jakeline, Jahiem, Noe, and Tre'Voin. We wish you all the best in your next chapter! Some students took a Para-Transit field trip to Forward Journey.

Students had a chance to make a cool treat with our snow cone machine. It was an adventure for everyone!





Positive Affirmations

LISA GRADZOSE



Positive Affirmations are brief phrases, repeated frequently, which are designed to encourage positive, happy feelings, thoughts, and attitudes. Put simply, they're positive statements that challenge negative, self-sabotaging, or unhelpful thoughts.

Practicing positive affirmations can be very simple and easy. All you need to do is pick a phrase and repeat it to yourself.

You may choose to use positive affirmations to motivate yourself, encourage positive changes in your life, or to boost your self-esteem. If you frequently find yourself getting caught up in negative self-talk, positive affirmations can be used to help combat those negative patterns and replace them with more positive/adaptive patterns

Practice using examples from the chart below:

- Choose one positive affirmation
- Say it to yourself in the mirror in the morning 3 times
- Repeat it to yourself often throughout the day
- Pick a new affirmation each day and repeat above



Ms. Lisa, Ms. Di, and Mr. Gerard hope everyone has a relaxing and enjoyable summer.

JULY 2025						
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

NOVEMBER 2025						
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MARCH 2026						
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AUGUST 2025						
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31						

DECEMBER 2025						
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APRIL 2026						
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SEPTEMBER 2025						
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JANUARY 2026						
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MAY 2026						
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OCTOBER 2025						
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FEBRUARY 2026						
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JUNE 2026						
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21	22	23	24	25	26	27
28	29	30				

JULY 2025

- * Summer Hours: Schools and offices closed on Friday
- 3-4 PK-12 Schools & Offices Closed - Independence Day Observed
- 7 Summer Programs Begin

AUGUST 2025

- 1 PK-12 Schools & Offices Closed - Summer Hours
- 7 Summer Programs End
- 8 PK-12 Schools & Offices Closed - Summer Hours
- 14 Summer Graduation
- 19-21 New Hire Orientation
- 25 PK-12 Schools Closed - Professional Development / Classroom Set Up (Offices Open)
- 26 PK-12 Schools Closed - Districtwide Professional Development
- 27-28 PK-12 Schools Closed - Professional Development (Offices Open)
- 29 PK-12 Schools Closed (Offices Open)

SEPTEMBER 2025

- 1 PK-12 Schools & Offices Closed - Labor Day
- 2 **FIRST DAY OF SCHOOL**
* Grades 1, 2, 3, 4, 5, 6, & 9
* Grades K-12: Brennen School, DSD and REACH Program
ORIENTATION DAY - Kindergarten
PRESCHOOL & Pre-K HOME VISITS BEGIN - Brennen, CEEC, DSD, Pulaski, & Stubbs
- 3 **ALL STUDENTS ATTEND SCHOOL, K-12 (except Preschool & Pre-K)**
- 8 **FIRST DAY OF PRESCHOOL & PRE-K** - Brennen, CEEC, DSD, Pulaski, Stubbs
- 22-23 PK-12 Schools Closed - Professional Development / No Evening Activities (Offices Open)

OCTOBER 2025

- 1 No Evening Activities
- 2 PK-12 Schools Closed (Offices Open)
- 3 Remote Learning Day Half Day / Professional Development Half Day (Offices Open)
- 9 College & Career Fair
- 10 PK-12 Schools Closed - State Professional Learning Day (Offices Open)
- 15 School Choice Information Night

NOVEMBER 2025

- 3 Choice Application Period Begins for 2026-2027 School Year, Grades K-12
- 7 End of Marking Period 1
- 10 PK-12 Schools Closed - Grading Day / Paraprofessionals OFF (Offices Open)
- 11 PK-12 Schools & Offices Closed - Veterans' Day
- 24-25 PK-12 Schools Closed - Parent-Teacher Conferences / Paraprofessionals OFF (Offices Open)
- 26 PK-12 Schools Closed - (Offices Open)
- 27-28 PK-12 Schools & Offices Closed - Thanksgiving Holiday

DECEMBER 2025

- 22-23 PK-12 Schools Closed - Professional Development - Trade In Day (Offices Open)
- 24-25 PK-12 Schools & Offices Closed - Winter Break
- 26 PK-12 Schools Closed (Offices Open) - Winter Break
- 29-30 PK-12 Schools Closed (Offices Open) - Winter Break
- 31 PK-12 Schools & Offices Closed - Winter Break

JANUARY 2026

- 1 PK-12 Schools & Offices Closed - New Year's Day
- 2 PK-12 Schools Closed - Professional Development - Trade In Day (Offices Open)
- 5 Schools Reopen for Students
- 14 Deadline for School Choice Applications for 2026-2027 School Year, Grades 1-12
- 19 PK-12 Schools & Offices Closed - Martin Luther King, Jr.
- 26 High School Exams
- 27-28 High School Exams (High Schools Half Day)
- 29 High School Exams (High Schools Half Day)
- 30 PK-12 Schools Closed - Grading Day / Education Support Professional Development (Offices Open)

FEBRUARY 2026

- 9 PK-12 Schools Closed - Elementary Schools Parent-Teacher Conferences / Middle & High Schools Professional Development (Offices Open)
- 16 PK-12 Schools & Offices Closed - Presidents' Day

MARCH 2026

- 14 District Band Concert
- 19 PK-12 Schools Closed - Middle & High Schools Parent-Teacher Conferences / Elementary Schools Professional Development / No Evening Activities (Offices Open)
- 20 PK-12 Schools Closed (Offices Open)

APRIL 2026

- 1 End of Marking Period 3 / No Evening Activities
- 2 PK-12 Schools Closed - Grading Day / Education Support Professional Development (Offices Open)
- 3 PK-12 Schools & Offices Closed - Spring Break
- 6 PK-12 Schools & Offices Closed - Spring Break
- 7-10 PK-12 Schools Closed (Offices Open) - Spring Break

MAY 2026

- 11-15 District Spirit Week
- 15 Networks School for Employability Skills Recognition Ceremony
- 20 Employee Recognition Night
- 22 PK-12 Schools Closed - Professional Development - Trade In Day (Offices Open)
- 25 PK-12 Schools & Offices Closed - Memorial Day
- 27-28 Senior Exams
- 29 Senior Exams (Seniors Half Day)

JUNE 2026

- 3 Graduation - Adult Ed/Groves HS
- 4 High School Exams
Graduation - DSD
- 5 High School Exams (Half Day)
Graduation - Brennen School
- 7 Graduation - CHS, NHS, and GHS
- 8-9 High School Exams (Half Day)
- 10 **LAST STUDENT DAY**
End of Marking Period 4
- 11 PK-12 Schools Closed - Grading Day (Offices Open)
- 12 PK-12 Schools Closed - Classroom Pack Up Day (Offices Open)
- 15-16 PK-12 Schools Closed - Professional Development - Trade In Day (Offices Open)
- 19 PK-12 Schools & Offices Closed - Juneteenth
- 24 Retirement Celebration

COLOR KEY

- Schools Closed (Offices Open)
- Schools & Offices Closed

- Prof. Dev./Grading/Parent Conf.: Schools Closed (Offices Open)
- First/Last Day of School