

Networks News

May 2023



May is Asian/Pacific American Heritage Month The Library of Congress, National Archives and Records Administration, National Endowment for the Humanities, National Gallery of Art, National Park Service, Smithsonian Institution and United States Holocaust Memorial Museum join in paying tribute to the generations of Asian and Pacific Islanders who have enriched America's history and are instrumental in its future success.



Teacher Appreciation Week—May 8 - 12th

Teacher Appreciation Week, or National Teacher Appreciation Week, is a week-long celebration in recognition of teachers and the contributions they make to education and society. It is held in the first full week of May of every year and provides an opportunity for students, their parents, and school principals to show their appreciation for the hard work teachers do and the long hours many of them put in.

Please take a minute to thank a staff member for all they do.



From the Nurse's Office



Wow!!! Warm spring weather has already arrived, at least for a few days, along with allergy season. Have you noticed the yellow pollen that seems to be on everything outside? On the bright side, at least we can enjoy the sights of the trees in bloom with their beautiful colors and the birds chirping.

If you suffer from allergies and have not already done so, please take a few moments to review last month's newsletter for information on allergies. IF you have not already done so, remember to sign up for daily notifications from www.pollen.com.

With all the talk about the "Great Outdoors" and spending time outside, it may be the perfect opportunity to review some quick tips to prevent the spread of germs and also discuss some good hygiene basics since we all will be spending more time outside with the longer daylight.

Stopping The Spread Of Germs

Before we think of ways to stop the spread of germs, it is important to know a few quick facts about germs.

- A number of germs can survive on common surfaces for up to 72 hours
- 80% of germs are spread by touch
- A child can touch approx. 300 surfaces in just 30 minutes
 - *To reduce the spread of germs, disinfect the surfaces kids touch most frequently like doorknobs, faucets and toys*
- 400 times more bacteria is on the average desk than a toilet seat



Help Us Teach Your Child Some Of These Tips

- Cover your mouth and nose when you cough or sneeze
 - Use a tissue and throw it away.
 - If a tissue is not available, cough or sneeze into the upper sleeve of your shirt and NOT into your hands.
- Do not put your fingers in your eyes, nose or mouth!!
- Clean your hands a lot!!!
 - After blowing your nose, coughing or sneezing
 - After using the bathroom
 - After touching things that may carry germs like cuts, wounds, trash, animals
 - Before you eat
 - Before you touch your eyes, mouth or nose and even a cut or sore.

Handwashing, Colds and Antibiotic Use

Handwashing has been shown to prevent 45% fewer cases of respiratory illness (colds). **Never** take antibiotics unless they are prescribed by your doctor for you and if antibiotics are prescribed, make sure you finish all the pills. Antibiotics do not work against viruses; they are only effective against bacteria infections. Indiscriminant use of antibiotics is causing them to become less effective against certain bacteria.

The **BEST WAY** to **CLEAN YOUR HANDS** is to wash your hands with soap (liquid soap is better than bar soap) and clean water for approx. 20 seconds –

- Remember to wash between fingers, your wrists, under fingernails and the back of your hands.
- Rinse your hands with finger pointing down to have germs fall into the sink and then dry your hands.
- An easy way to make sure you are washing your hands for long enough is to sing “Happy Birthday” or “Row, Row, Row Your Boat” twice.
- Remember to turn off the water with a paper towel and not your hands.
- *If water is not available*, clean with an alcohol based hand cleaner that is not expired.

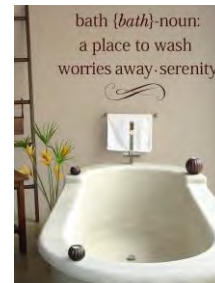


For more information on handwashing, please see the next page!!

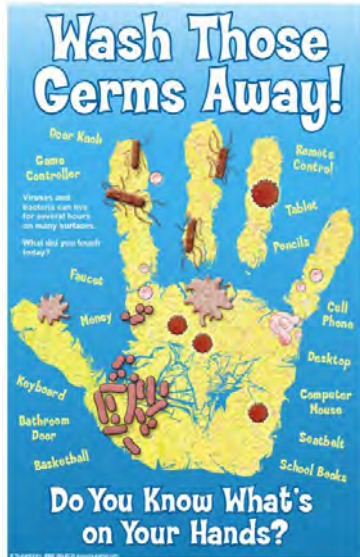
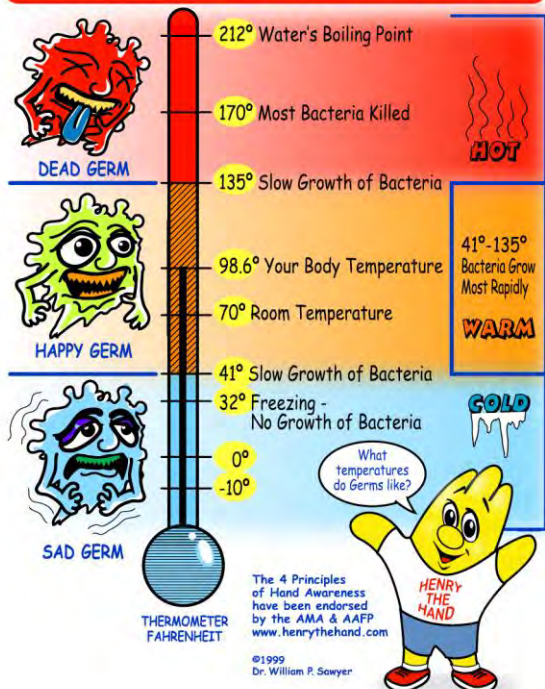
Good Hygiene Basics

Remember to follow the tips about washing your hands and think about the following tips to maintain good hygiene habits.

- Bath or shower **daily** with body soap to remove dirt and dead skin and it helps with odor protection
 - Bathing helps you to stay looking and feeling your best.
 - Bathing helps relax you so who knows, it may even help make going to sleep easier at night.
- Care for your hair.
 - Shampoo regularly meaning you should wash your hair daily or every other day.
 - If you are African American, your hair may be dry and delicate so you may only need to wash your hair 1 to 2 times a week.
 - When your hair is wet, use a wide-tooth comb as a brush may break your hair strands.
 - If your hair is very short, use a sunscreen on your scalp or wear a hat to protect against the harmful effects of the sun.
- Wear clean, neat clothes every day. Remember, body odor stays on clothes just like dirt from playing.
- For the boys and girls in the upper grades, wear deodorant or anti-perspirants every day!!!
 - Deodorants counteract odor and help you smell better
 - Anti-perspirants reduce sweating and underarm wetness to help prevent odor before it starts



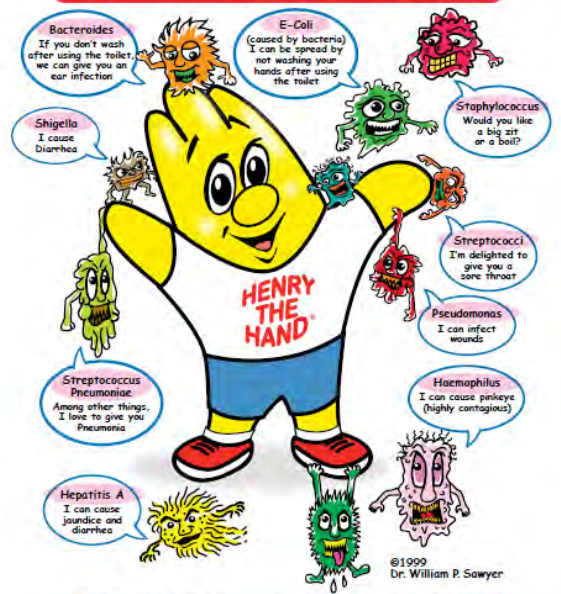
See How Temperatures Affect the Germs!



May 5, 2023 HANDWASHING Infection Prevention



Do You Have Any Idea What Germs Could be on Your Hands?



The 4 Principles of Hand Awareness have been endorsed by the AMA & AAPF
www.henrythehand.com

80% of infectious diseases



Yes, there has been an increased incidence of preventable infectious diseases beyond COVID that have re-emerged in the news in many states and the world!

Primarily because people have POOR Hand Hygiene Habits! It is important to understand that hands are the key fomite that spreads and inoculates (contaminates) our mucous membranes no matter how many times we hear it! The 4-Principles of Hand Awareness that children can learn and adult behavior can be corrected much like other public health campaigns including Use of Seat Belts, Anti-Smoking and Smokey Bear. We MUST train our children and change our habits as adults about this life skill so we will be HEALTHIER and BETTER prepared for careers in healthcare, education and food production/service.

Remember, after washing or sanitizing YOUR hands, you can only be confident they are clean until you touch the NEXT surface!

Help "Spread the word not the germs"! Just for the Health of it!

Infection Prevention Triad:

1. Do Not Touch the T Zone!
2. Handwash Regularly!
3. Don't hesitate to vaccinate!

The 10 Most Common Causes of Infection



Wash Your Hands! ¡Lávase Las Manos!





Networks

Family Corner

Here are a few parent quotes we received recently from some of our customers and student family members regarding our program.

"My experience with Networks is always very positive. The staff works 100% plus to make your experience wonderful. They are always willing to make suggestions if you ask for their creative thought. Thank you so much for providing such a valuable skill and program for our students."

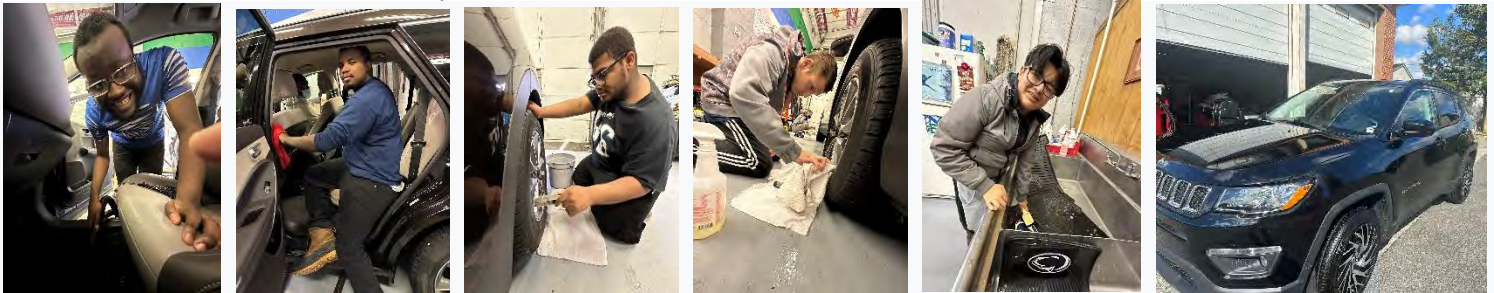
"Networks is amazing! It sets up the kids for success. Everyone is so kind, friendly and helpful. My son loves it so much he gets excited to go in the morning. Every event is so much fun and well planned. I can't say enough wonderful things about Networks! Keep up the good work!"

"Thank you for your interest in and care for my grandson during the past three years. You are a significant influence in his life"

"I am so pleased with the amazing work the auto works students did on my car detail today! I will certainly come back again! Thank you so much!"



Here are some pictures of our AUTOworks students hard at work detailing a car.



REMINDER: We are still looking for your feedback about your experiences with our services, products, areas, events, and even our school. We would like to not only hear success stories but would also like to hear ways you feel we can improve our program. Please use the QR code below to share your feedback. **Who knows, your story could be the next focus in the Family Corner.**



AUTOWORKS

Students came back from spring break ready to work. This month we have been busy working on mulching, detailing and keeping up with our garden. Check out a few photos from this month!





BITworks



Every year on March 21, people all around the world come together to celebrate World Down Syndrome Day by wearing brightly colored, mismatched socks. March 21 is symbolic because people with Down syndrome have 3 copies of their 21st chromosome. Socks were chosen because the karyotype of Ds chromosome actually looks like mismatched socks!

Students traveled to each enterprise area to sell the socks. Over 60 pairs were sold, the money goes directly to the Down Syndrome Association. The remaining students of BITworks continued to operate the school store along with selling socks. They did well!



COPYworks News

Wow! The end of the school year is fast approaching! The students have learned so many skills and have become more independent when completing the tasks here in COPYworks.

This month our students have continued to work on making hall pass booklets and gluing them. Other students practiced finding important information on invoices and highlighting this information. Students learned how to file according to either last name or invoice numbers.

Some students also learned how to laminate. They needed to follow close directions to ensure that the job would be done safely and correctly.



Brayden and
Brenden gluing the
hall passes for
district schools.

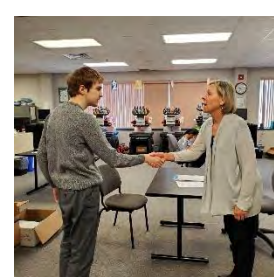


Kevin and Katy
working hard on
sorting and filing.



Siani and Roman
learning how to
lamine customer
orders.





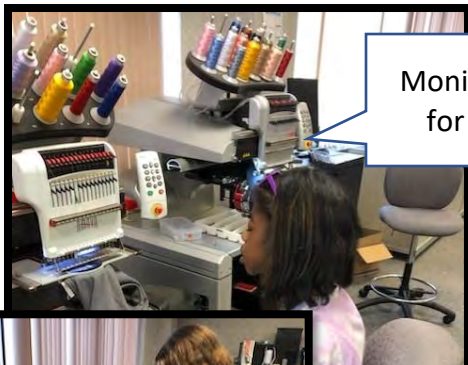
ETCHworks Interviews for a Job

This month all of the students in ETCHworks worked very hard to prepare for their “mock Interviews”. We worked on what to wear for the interview, how to introduce ourselves and how to answer questions during our interview. Everyone was able to dress professionally on the day of their interview and made a good first impression. All of the students’ hard work paid off as they all had successful interviews!

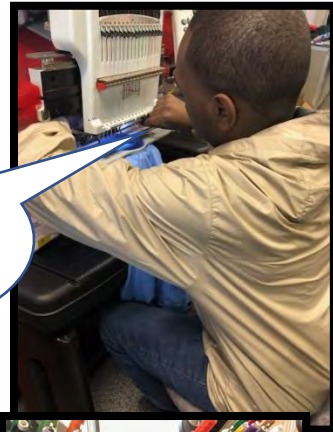


FABRICworks

What did you do today?



Monitored shirts
for an order.



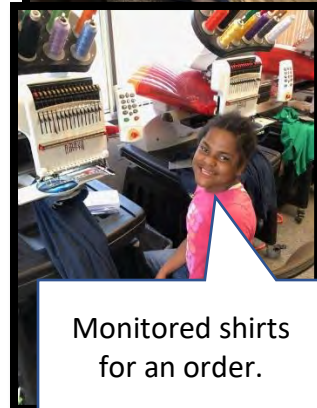
Fixed a
thread break



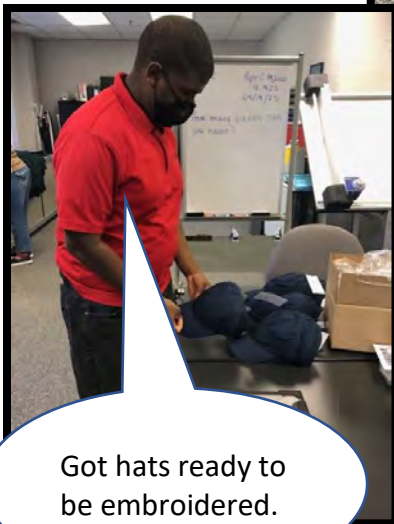
Folded shirts
for an order.



Cleaned the
framing
table.



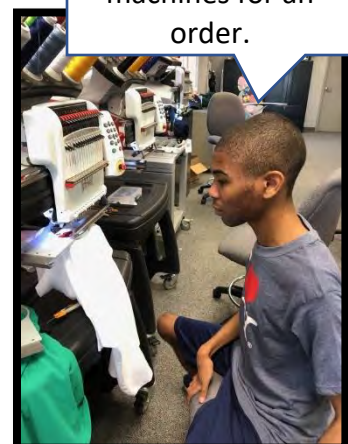
Monitored shirts
for an order.



Got hats ready to
be embroidered.



Worked with
my teammate
to do a frame



Monitored two
machines for an
order.

FLORALworks



Anisa Maldonado is FLORALworks Standout for the month of March. Anisa has shown coping skills and control of her emotions while at Networks. She has a positive attitude and can be seen helping her classmates and staff. Anisa knows the rules and has been a peer mentor in helping others by modeling appropriate behaviors in her area. Anisa has improved in the ability to try new things out of her comfort zone. She now goes out with the Co-op department. Anisa shows initiative by asking questions and asking what she can do. She actively pays attention and listens to her staff and interpreter.



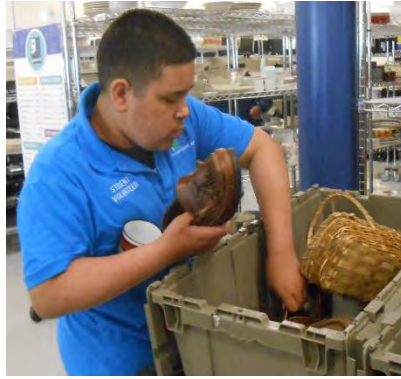
FLORALworks students have been working on customer service skills that are needed for delivering arrangements to customers. Students make sure to wear aprons when going out on deliveries so that they can be recognized and look professional.

FLORALworks students are also working on preparing billing and mailing billing out to customers.

*If you would like to order an arrangement, balloons or fruit/snack basket, please call FLORALworks at 302-454-2028.
Thank you! *

MERCHANTworks

This month, our focus in MERCHANTworks has been working on improving our skills while out in the community work sites. We worked on stocking shelves, organizing shelves, and front facing products.



Some of our students were also able to take advantage of our PBIS event to Main Event by getting J.O.B.S. done.



TEAMworks

TEAMworks continues to work hard .We are all still learning a variety of new skills including printing new things and shirts with six colors. We continue to work on orders for our customers as the school year comes to an end



Taping Screens



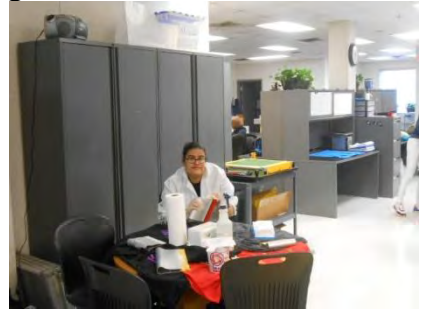
Reclaiming Screens



Catching shirts



Printing shirts



Cleaning tools



Heat pressing



6 color shirt





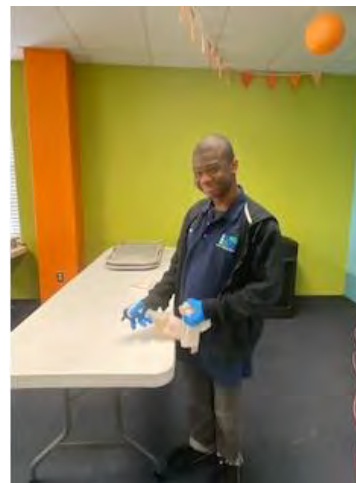
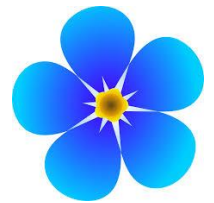
TRADEworks



We would like to recognize three "Spring Supervisors": Jay Collins, Kevin Andrews and Trajon Brooker-Parquet. These students have taken on more responsibility by training other students while working in the community. Their roles include modeling cleaning techniques, correcting mistakes and encouraging their classmates.



Spring Cleaning!





Co-op Department News

More than 100 Networks students showcased their career skills in the mock interview event held in April. The purpose of the event was to prepare students to enter the work force in the near future. Each student was expected to dress professionally as if they were attending a real interview. Area teachers prepared the students by asking them potential interview questions as well as providing interpersonal skills coaching. The Co-op department is very grateful for the many friends and families who conducted the mock interviews.



FLORALWORKS

MOTHER'S DAY SPECIALS

Phone:302-454-2028



Arrangement in a 6" tall vase (Colors will vary between blue, green, pink, purple), filled with colorful flowers & greens - with a matching ribbon.

\$23.00

TO ORDER: <https://forms.gle/HkyEKm1s9qy1ugpx9>



Teacup Arrangement with a box of tea

\$30.00

Please call or fill out form for your order by Monday, May 8th.

We accept cash and checks made out to

“Christina School District”

The season is Spring and Love is in the air....

Remember LOVE IS RESPECT....

One resource you can use if you have questions about dating or your relationship (friendships are relationships too...☺), you can google [Loveisrespect.org](https://loveisrespect.org). Let's look at what they say makes a healthy relationship or friendship:

Dating basics: what should I look for?

There are lots of different qualities that you might be attracted to in a person, physically, emotionally, intellectually, or otherwise. Every relationship is unique and it's easy to get caught up in the excitement of a new partner, whether they're your first or just your favorite.

All relationships exist on a spectrum from healthy to unhealthy to abusive, and it's important to know what to look for in a partner — both good and bad — to make sure you're building a healthy relationship.

How healthy is my relationship?

A healthy partner encourages you to achieve your goals. They don't resent your accomplishments or make you feel guilty for spending time with other people, and they aren't excessively jealous. Ask yourself if:

- Your partner respects you and your individuality.
- You feel safe being open and honest with each other.
- Your partner supports you and your decisions even when they disagree with you.
- You and your partner have equal say and boundaries that are respected.
- Your partner understands and respects your need to spend time with friends or family.
- You can communicate your feelings without being afraid of negative consequences.

Love should be fun
& exciting.

Trust yourself. If things don't feel right,
call, text or chat with us online.
You deserve a safe & healthy relationship.



free.
confidential
24/7.

love is respect V org

live
chat

peer advocates are
available to chat at
www.loveisrespect.org

sms

text "loveis" to 22522



call **1.866.331.9474**
(1.866.331.8453 TTY)



2023 NSES Yearbook



The Networks YEARBOOK has been submitted for printing and is coming!

YOU AND YOUR FRIENDS ARE IN IT!!

HAVE YOU PRE-ORDERED your yearbook yet??

Yearbooks will be shipped to Networks on May 27, 2023. They will be distributed upon their arrival sometime after during the first week of June 2023! There are 76 pages full of pictures from Networks Enterprise Areas and Events!! Be sure to get your copy!!!

Pre-order yours today for only \$20.00!

Yearbooks will be \$30.00 after May 31st.

Students: Can purchase your yearbook with **"PLUSes"**

100 PLUSes = A FREE YEARBOOK as a reward for your outstanding performance in getting the J.O.B.S done!



Return this portion of this flyer with your payment.

Payment can be via CASH, CHECK or MONEY ORDER. (Checks or money orders are to be made payable to "Christina School District" with **Networks Yearbook** in the memo line. If purchasing with PLUSes, please place counted PLUSes in an envelope with your NAME / YEARBOOK on the outside.)

NAME: _____

DATE: __/__/2023

NETWORKS AREA: _____

Payment

Please return all orders with payment to Ms. Georgette.

via: ☐ Cash ☐ PLUSes

☐ Check ☐ Money Order