Christina School District MIDDLE SCHOOLS & NETWORKS MENU OCTOBER 2025

October 13-17th is National School Lunch Week- Taste The World: Your School Lunch Passport. Join us to celebrate all week long!



Wednesday, Oct. 1

Breakfast Mini Bagels(V/H)

Lunch
Cheese Pizza(V/H)
Mixed Vegetables
Garden Fresh Salad
Chilled Pineapple

Thursday, Oct. 2

NO SCHOOL

Friday, Oct. 3

REMOTE LEARNING DAY HALF DAY

Monday, Oct. 6

Breakfast Muffin(V/H)

<u>Lunch</u>
Chicken Tenders with
Cheez-It Crackers
Steamed Carrots
Craisins

Tuesday, Oct. 7

<u>Breakfast</u> Glazed Pull Apart Donut(V/H)

Lunch
Cheesy
Breadsticks(V/H)
Mixed Vegetables
Chilled Pears

Wednesday, Oct. 8

Breakfast

Strawberry & Sweet Cream Turnover(V/H) Egg & Cheese on English Muffin Lunch

Season's Pizza
Sautéed Spinach
Apple Harvest Side
Salad
Mixed Fruit Cup

Thursday, Oct. 9

<u>Breakfast</u> French Toast Sticks (V/H)

Lunch
Cheesesteak
Sandwich(Chicken or
Beef)
Oven Baked Fries
Fruit Icy

Friday, Oct. 10

NO SCHOOL

AVAILABLE DAILY

Breakfast

Cereal/Cereal Bar(V/H)

Yogurt Parfaits(Tuesdays

&Thursdays)

Eggo Graham Bites(V/H)

Poptarts

100% Juice

Assorted Fruit

Milk

Lunch

PBJ Meal(V/H)

Assorted Subs

Grab and Go Entrees

Dairy Lunchable(V/H)

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Assorted Salads

Assorted Fresh Fruit
Carroteenies

Fresh Veggie Cup

Assorted Hummus

Milk

*V=Vegetarian
*H=Halal Approved



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Monday, Oct. 13

Breakfast Mini Breakfast Bites(V/H)

Lunch Mini Mozzarella Bites(V/H) **Steamed Carrots** Applesauce Cup

Tuesday, Oct.14

Breakfast Mini Cinnis(V/H)

Lunch Chicken Pot Stickers Mixed Vegetables Pineapple & Mandarin Oranges

Wednesday, Oct. 15

Breakfast **Pigglestick**

Lunch Season's Pizza Steamed Broccoli Chilled Pears

TASTE TEST

Thursday, Oct. 16

Breakfast Donut Holes(V/H)

Lunch **Doritos Walking Taco** with Beef Nacho Supreme Golden Corn Raisins

Friday, Oct. 17

Breakfast Froot Loop Waffles(V/H)

Lunch Rotini with Meatsauce & Texas Toast Steamed Peas Mixed Fruit Cup National Pasta Day

taste the world: Your school Lunch passport!

National School Lunch Week | October 13-17, 2025

JOIN US ALL WEEK TO **CELEBRATE NATIONAL** SCHOOL LUNCH WEEK!

Celebrate the world's cuisines!



Monday, Oct. 20

Breakfast Breakfast Bread(V/H)

Lunch Cheesy Pull Apart(V/H) Mixed Vegetables Craisins

Tuesday, Oct. 21

Breakfast Cereal Blast Waffles(V/H)

Lunch Chicken Patty Sandwich Cinnamon Sweet Potato Fries Applesauce Cup

Wednesday, Oct. 22

Breakfast Mini Bagels(V/H)

Lunch Season's Pizza **Steamed Carrots** Apple Harvest Side Salad Peach cup

Thursday, Oct. 23

Breakfast Cinnamon Roll(V/H)

Lunch Chicken Drumstick with Garlic Knot Cheesy Broccoli Fruit Icy

Friday Oct. 24

Breakfast Mini French Toast(V/H)

Lunch Egg & Cheese on Croissant Tater Tots Mixed Fruit Cup







OCTOBER IS NATIONAL APPLE MONTH AND NATIONAL FARM TO SCHOOL MONTH **ENJOY A FARM FRESH APPLE** FROM FIFER ORCHARDS!



APPLE FUN FACTS Apples come in 3 different colors- green, red and yellow. There are more than 8,000 varieties of apples worldwide. Apples are a good source of Fiber and Vitamin C.

Monday, Oct. 27

Breakfast Muffin(V/H)

Lunch Chicken Tenders &

Waffle Sticks Emoji Fries Strawberry Cup Tuesday, Oct. 28

Breakfast Glazed Pull Apart(V/H)

Lunch Mozzarella Sticks(V/H) Steamed Carrots Mixed Fruit Cup

Wednesday, Oct. 29 Breakfast

Strawberry & Sweet Cream Turnover(V/H) Egg & Cheese on

English Muffin Lunch

Season's Pizza Steamed Green Beans Chilled Pears

Thursday, Oct. 30

Breakfast French Toast Sticks(V/H

Lunch Creamy Chicken Alfredo Pasta with Dinner Roll Steamed Broccoli Caesar Side Salad Raisins

Friday, Oct. 31

Breakfast Pumpkin Bread(V/H)

Lunch Hot Dog on Bun or Cheeseburger Warm Vegetarian Baked Beans Froot Jooce Icy









