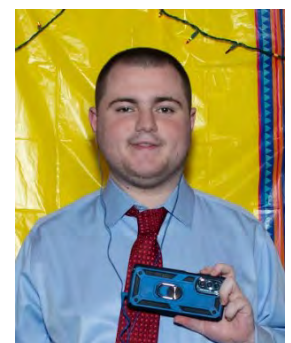
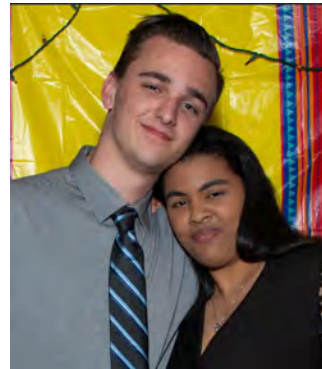


Networks News

April 2023

The Fiesta Semi-formal was a success! Here are just a few of the pictures that were taken.



Just a reminder that school is closed from April 7th until April 16th. We will resume on April 17th. Have a wonderful spring break!

WELCOME, BURGER FRIEND.



BRING THIS FLYER TO
RED ROBIN® ON
THURSDAY APRIL 20TH
BETWEEN 5-8 PM
AND **WE'LL** DONATE 15% OF OUR
PROCEEDS BACK TO
NETWORKS SCHOOL FOR
EMPLOYABILITY SKILLS
CHRISTIANA TOWN CENTER
TAKE OUT ORDERS WELCOME
MAY NOT BE COMBINED WITH ANY OTHER
COUPONS OR OFFERS

**RED
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From the Nurse's Office



As the weather gets warmer and spring break is among us in just a few days, it is time to think of being Safe in the Sun while we try and catch some rays in shorts, sleeveless tops and even bathing suits.

Sun Safety



PROTECT ALL THE SKIN YOU'RE IN

Use a Layered Approach for Sun Protection.

- Sunscreen works best when used with shade or clothes, and it must be re-applied every 2 hours and after swimming, sweating, or toweling off.
- Use broad spectrum sunscreen with at least SPF 15 to protect exposed skin.
- Wear a hat, sunglasses, and protective clothing to shield skin.
- Seek shade, especially during midday hours.

©2017 HHS



The sun's ultraviolet (UV) rays can damage your skin in as little as 15 minutes. Follow these recommendations to help protect yourself and your family. Check the sunscreen's expiration date. Sunscreen without an expiration date has a shelf life of no more than three years, but its shelf life is shorter if it has been exposed to high temperatures.



PROTECT ALL THE SKIN YOU'RE IN

Skin cancer is the most common cancer in the United States, **but most skin cancers can be prevented!**

Every year—

- Nearly **5 million** people are treated for skin cancer at a cost of more than **\$8 billion**.
- There are about **76,000** new cases of and **9,000** deaths from melanoma, the deadliest form of skin cancer.

©2017 HHS

PROTECT ALL THE SKIN YOU'RE IN

Exposure to **ultraviolet (UV) rays**—from the sun or from artificial sources like tanning beds—is the most common cause of skin cancer.

Anyone, no matter their skin tone, can get skin cancer.

©2017 HHS

Indoor and outdoor tanning often begin in the teen years and continue into adulthood.

UV Rays are STONGEST:

- From late morning through mid-afternoon.
- Near the equator.
- During summer months.
- At high altitudes.

Remember that sunburns and skin damage can occur even on cloudy or overcast days.



Some ways to stay sun-safe outdoors include wearing sun protection gear like a hat with a wide brim and

sunglasses to protect you face and eyes, and wearing a long-sleeved shirt and pants or a long skirt for additional protection when possible.

PROTECT ALL THE SKIN YOU'RE IN

Enjoy the Outdoors!
Being physically active outside is healthy and can help prevent conditions like obesity. But it's important to be sun smart when playing and working outdoors.

©2017 HHS



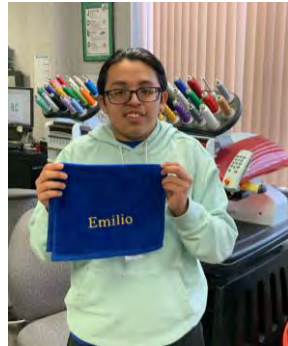
Networks Family Corner

Here are a few parent quotes we received recently from a couple of parents regarding our program.

“Our son is new to Networks and we have been very impressed with the school and all of the skills and training he has had the opportunity to receive. Thank you for holding the Make and Take event. It was a nice opportunity for us, as parents, to get a closer look at the different enterprises you offer.”

“I really like this school. But, what I like most is the people. I know that my son is safe at Networks.”

Thank you to all the parents, students and staff members who made time to come out to our recent **Make and Take** Event. We hope you all enjoyed this opportunity to explore a couple areas of our program.

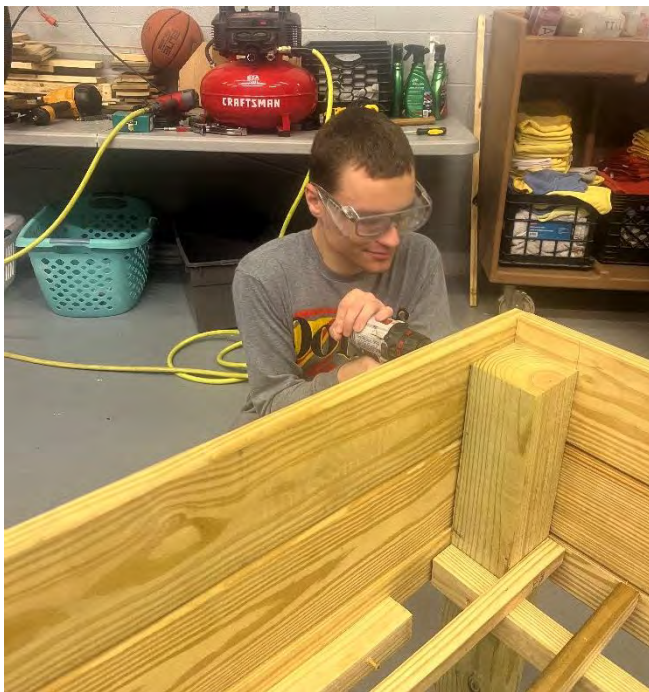


REMINDER: We are still looking for your feedback about your experiences with our services, products, areas, events, and even our school. We would like to not only hear success stories but would also like to hear ways you feel we can improve our program. Please use the QR code below to share your feedback. **Who knows, your story could be the next focus in the Family Corner.**



AUTOWorks

This month in AUTOWorks we have begun to focus on all things Spring. When not cleaning cars students have been using their skills building garden boxes. We also have been working on growing vegetables from seeds. Since this is something we have never done before, we have been researching and using YouTube to learn as much as we can. Our ultimate goal is have vegetables to enter into the State Fair FFA.

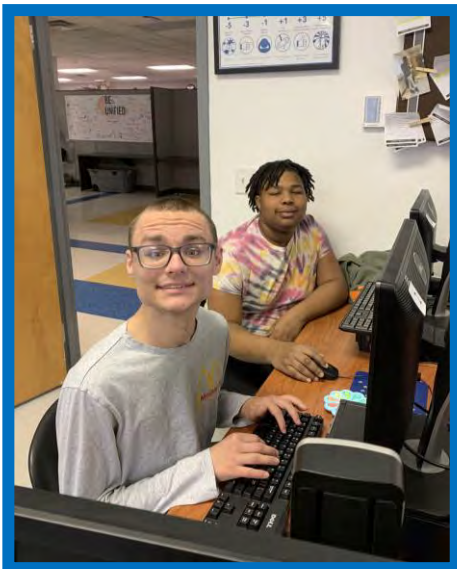


BITworks



Students in BITworks are improving their data entry, typing and accuracy using a program called Computers @ Work. Students use cards and customer information to input data. As students improve, they advance to the next level of difficulty. The work is timed and students can see their progress when they are finished.

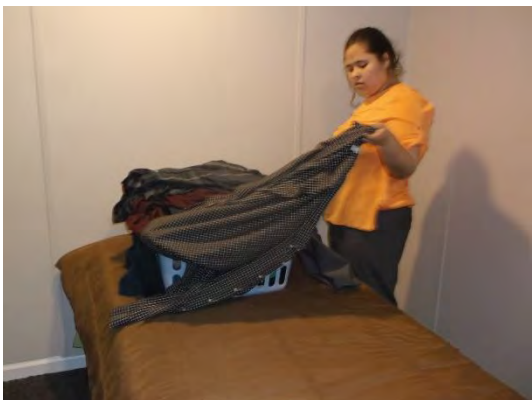
In BITworks, students assist with keeping track of the student PLUSes. Students can spend their PLUSes at the school store. They count and sort all PLUSes turned in.



BRENNENworks

As we prepare for Spring Break, we have been working on skills that can be practiced at home. The students have been using their communication skills while working in pairs. We do this in a variety of places.

The photos below are at the group home we go to once a week. A few of the skills we have learned are folding clothes, hanging clean laundry and putting laundry away. Lastly, we have become very good at making a bed independently. Enjoy your break!



COPYworks News

We have had another busy month here in COPYworks. The students have been hard at work coiling for the local libraries. They have been learning what it is to be a TEAM PLAYER. The students have also been hard at work making copies and packaging various jobs for the school district such as rosters, business cards, flyers and other job requests.

This month in COPYworks we have been practicing interview skills. The students have been role playing and practicing with peers. They have learned the appropriate way to dress, sit and research questions to ask their potential employer questions related to the job that they are interviewing for.



Role Playing – Interviewing each other



Working as a team



Researching various jobs that they would like to apply for.



Placing tickets in numerical order

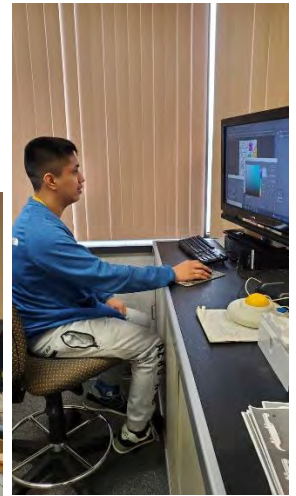
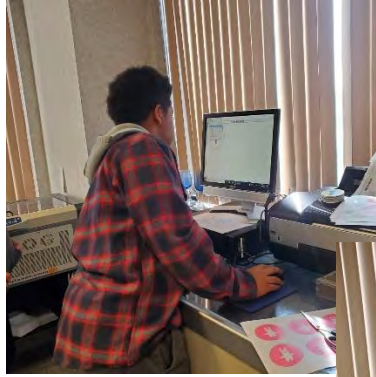
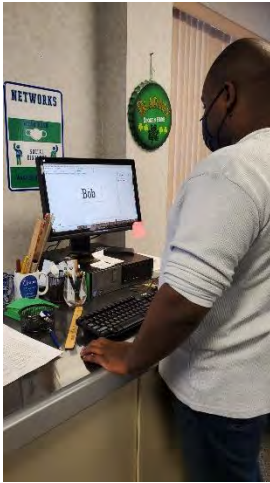


Delivering to various locations



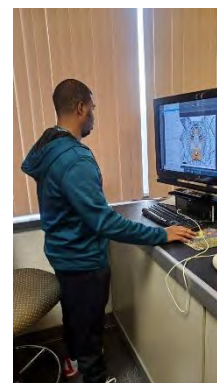
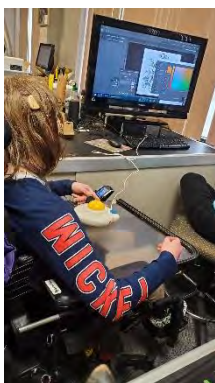
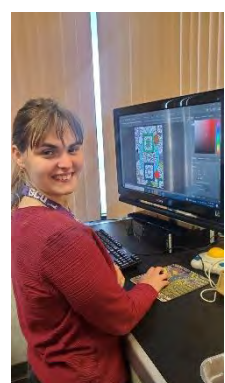
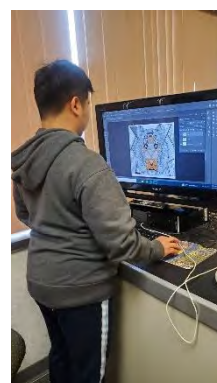
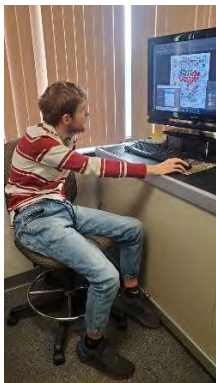
Students packaging and coiling booklets.





Using Computers to Design in ETCHworks

We use computers a lot in ETCHworks. They are an important part of our design process. In ETCHworks we use 2 computer programs to complete customer orders. Photoshop is a full color design program that we use for our sublimation equipment. Coreldraw is the program that we use for our laser machine and sandblaster. In order to prepare our customer orders, we must know how to use both programs. Congratulations to the Etchworks Standout Student this month Willie Wilson!



FABRICworks

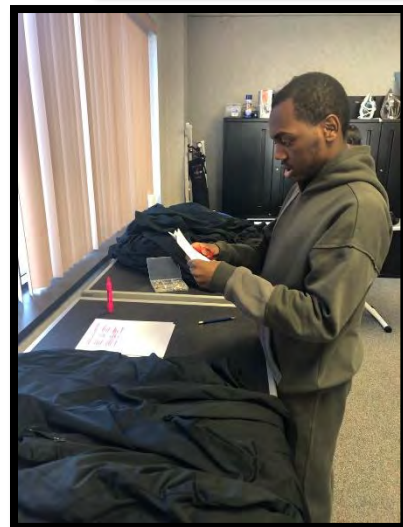
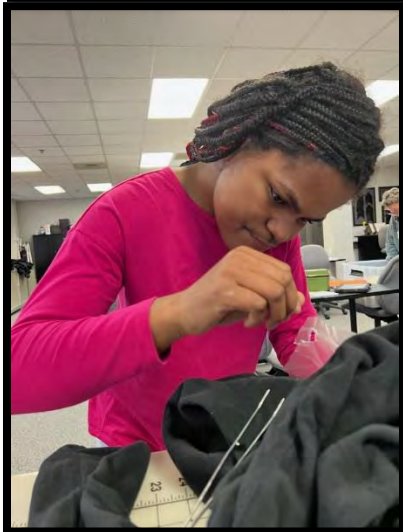
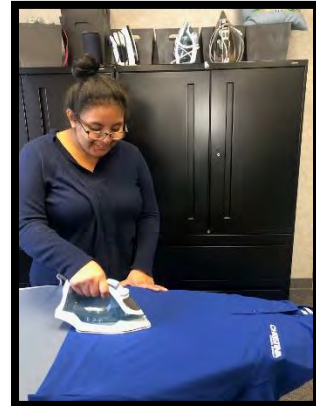


Each month, one student is chosen to be the FABRICworks Standout Student.

This month, it was Sydney Copher. Sydney is new to Networks and has learned to put items on the machines, check the computer to see if they have finished, and trimmed the item.



In the pictures, FABRICworks students are busy working in the enterprise area. We continue to work hard to get our customer orders out and students are there to help in the process.



FLORALworks



Jennifer Arellano is FLORALworks Standout Student for February. Jenny is always willing to lend a hand to students and staff in need. Jennifer shows compassion to others and provides support when she notices someone in need. Jennifer comes to school each day ready to work with a smile on her face. She shows professionalism in her attitude and is beginning to take responsibility in her appearance. She checks her work schedule each day and gets herself ready to go out.



FLORALworks students have been working on flower identification. We are making a chart with the most commonly used flowers in FLORALworks. The above pictures show some of our students identifying flowers used in an arrangement.

If you would like to order an arrangement, balloons or fruit/snack basket, please call FLORALworks at 302-454-2028. Thank you!

MERCHANTworks

Spring is finally here! MERCHANTworks has been working on getting ready for our job interviews. We have been able to work on our interview skills by role-playing. Students will be able to participate in “Mock Interviews” sponsored by our Co-Op department. Participating in Professional Dress Days also helped us to prepare for our interviews.

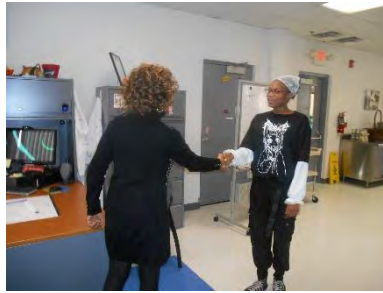
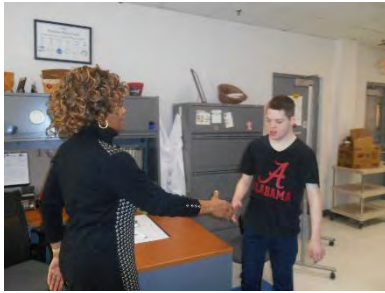


Students also continued to work on their skills in in-house Goodwill store as well as out in the community.



This month, MUNCHworks talked a lot about *Preparing For an Interview*

We discussed the purpose of a job interview. We believe that it is the company's chance to ask questions about the applicant's personality, skills, work experiences and career goals. It is also an opportunity for the applicant to get more information



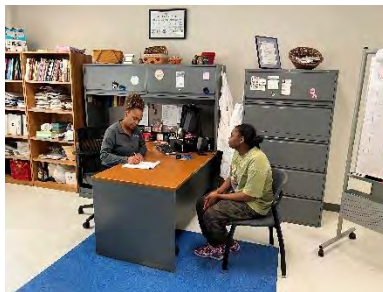
about the company's business, job duties and to see if working for the company will be the right fit.



We talked about appropriate dress, body language and questions we could ask.



Then, we had mock interviews to practice the skills we had learned.



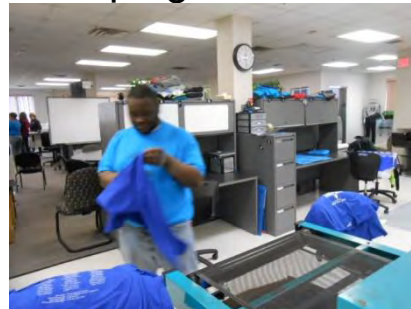
We each interviewed for an entry level job in food service.

TEAMworks

TEAMworks this month continues to work hard .We are all still learning a variety of new skills. We continue to work on orders for our customers and are even learning to print new things and shirts with six colors.



Taping Screens



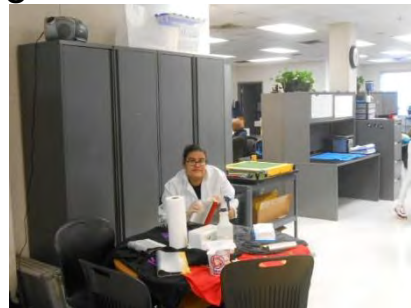
Reclaiming Screens

Catching shirts



Printing shirts

Heat pressing



Quality Control

Cleaning tools

6 color shirt



Congratulations to Jawan for being our
February Standout Student of the month.
Keep up the awesome work!



TRADEworks

TRADEworks is not always about cleaning. Sometimes customers ask us to do special jobs. We move and store furniture at Reach Church. We also fold shirts and complete mailings at Special Olympics. Our students need to be flexible, dependable and responsible.





March 2023

COOP

Newsletter



COOP OFFICE:
302-454-4793

INTERNSHIP UPDATE

The Walgreens and the Brandywine SPCA paid internships have come to an end. We are very proud of the hard work that the students put forth as well as their dedication. The Goodworks program will continue to run through the first week of May.

SPRING HAS SPRUNG

COOP is focusing on new opportunities for our students. We are always looking for community partners to offer our students work experience. If you have a business or know a person who may be interested, please reach out to the COOP Department.



PARATRANSIT QUESTIONS?

Reach out to the COOP department. We can answer questions you might have about this service. If interested, we can assist with the application, interview and scheduling.

Adrienne Bane: adrienne.bane@christina.k12.de.us

Jim Lenihan: james.lenihan@christina.k12.de.us

Meredith England: meredith.england@christina.k12.de.us

Counselor Corner

Kindness, Gratitude and Your Wellness



This month let us take a moment to focus on how having an attitude of gratitude affects your wellness and mental health. While it may be difficult at times to find things you are grateful for, trying to see the good in hard times is an essential life skill.

Showing gratitude has the following mental health benefits:

- Expressing gratitude can improve your mood. People who regularly express gratitude for the positive things in their life are shown to be happier overall, leading to lower rates of stress and depression.
- Showing gratitude can make you more optimistic. Studies show that those who express gratitude regularly appear to have a more positive outlook on life.
- Sharing gratitude can improve social bonds. People have reported feeling more loved and more connected to others in their lives when they routinely practice gratitude or those around them practice gratitude.
- Practicing gratitude can improve your physical health. People who actively express gratitude tend to be more engaged in activities to take care of their physical health, like eating well and exercising. This leads to higher energy levels, better sleep and a stronger immune system, or the ability to fight off illness or infection.

As you can see, you have immediate and long-term benefits from exercising gratitude and being thankful for the things in your life that are good. Take time this month to practice this skill by taking the gratitude challenge.



2023 NSES Yearbook



The Networks YEARBOOK is coming!

YOU AND YOUR FRIENDS ARE IN IT!!

HAVE YOU PRE-ORDERED your yearbook yet??

Yearbooks will be distributed upon their arrival sometime after during the first week of June 2023! !

Pre-order yours today for only \$20.00!

Yearbooks will be \$30.00 after May 31st.



Students: Can purchase your yearbook with **“PLUSes”**

100 PLUSes = A FREE YEARBOOK as a reward for your outstanding performance in getting the J.O.B.S done!

Return this portion of this flyer with your payment.

Payment can be via CASH, CHECK or MONEY ORDER. (Checks or money orders are to be made payable to “Christina School District” with Networks Yearbook in the memo line. If purchasing with PLUSes, please place counted PLUSes in an envelope with your NAME / YEARBOOK on the outside.)

NAME: _____

DATE: __/__/2023

NETWORKS AREA: _____

Payment

Please return all orders with payment to Ms. Georgette.

via: Cash PLUSes
 Check Money Order