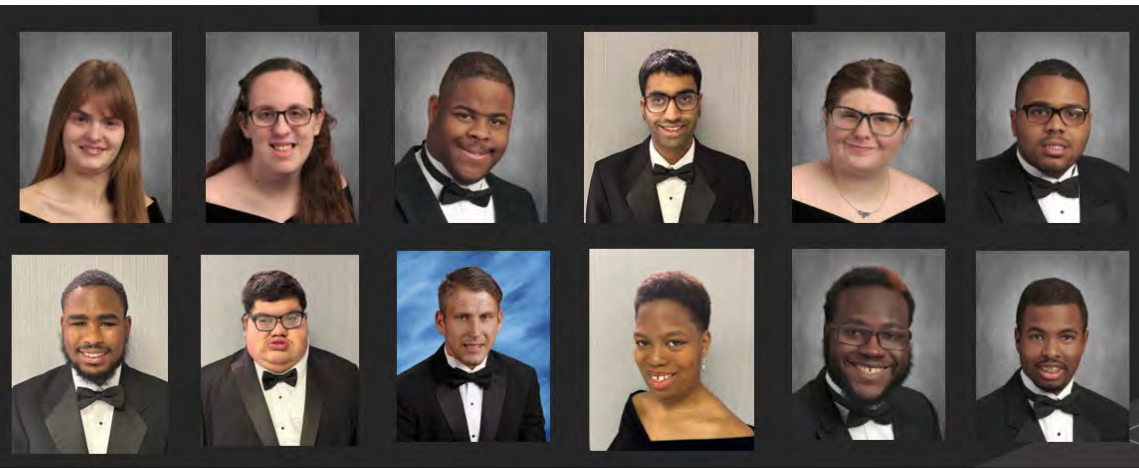


CHRISTINA
SCHOOL DISTRICT
Networks Program
30 Blue Hen Drive
Newark, DE 19713

Networks News

Congratulations Networks Exiters



As the School Year comes to an end, I would like to thank ALL students, staff, parents and friends of our program for helping make this year another success. Our program has seen quite a bit of growth this past school year and we anticipate even further growth going forward as we transition into CSD 18 to 22 year old program.



Friday, June 7 & Saturday, June 8 Special Olympics Summer Games—Join us to cheer on our 3 softball teams including one Unified team of students and staff

Tuesday, June 11 - National Zoo PBIS Event #4 Anticipated return time 5pm

Tuesday, June 11 - Last Student Day

SUMMER SCHOOL

Monday, July 8 - Thursday, August 8 from 7:15 to 12:45 Monday thru Thursday

IMPORTANT RETURN TO SCHOOL FOR 2024 — 2025 SCHOOL YEAR

Tuesday, September 3rd -- First Day of School for Students

Tuesday, September 10th — No School for Students—Primary Election Day

Tuesday, October 1st — Open House Specialized Schools

Thursday, October 3 & Friday, October 4 — No School for Students

NORMA BRISTER
PRINCIPAL
302-454-2233 (P)
302-454-5446 (F)



From the Nurse's Office



Keep Moving This Summer

Looking for ideas to keep your family active this summer? Alliance for a healthier Generation has tips and tools on how to keep you and your child moving. Resources include at-home scavenger hunts, family activity tracker and much more. Just check out their website for more information at:

<https://www.healthiergeneration.org/campaigns/kohls-healthy-at-home/moving-more>

Summer Hydration Tips

Summer is a great time for everyone to go outdoors and enjoy the warm weather. However, it can also result in heat exposure and increases the risk of dehydration. Dehydration can lead to fatigue, restlessness, or dizziness. Water is the perfect beverage to prevent dehydration.

To encourage drinking on the go, carry a water bottle or freeze water bottles to keep them cool for a longer period. Also, limit access to sugar-sweetened beverages and mix water with fresh or frozen fruit to add flavor and variety. You can also consider adding some seasonal fruit into the mix such as blueberries, peaches or watermelon.

Individuals who work or spend a lot of leisure time outside in extreme heat conditions should know the ***signs and symptoms of heat-related illnesses***. This list can assist in learning the symptoms:

- Heat Rash: skin irritation caused by excessive sweating during hot, humid weather.
- Heat Cramps: muscle pain or spasms usually in the abdomen, arms or legs.
- Heat Exhaustion: extreme fatigue, dizziness, nausea, clammy skin, fast and shallow breathing and elevated temperature.
- Heat Stroke: hot or dry skin, chills, hallucinations, slurred speech, dizziness and throbbing headache.

Although knowing the signs of heat illnesses are important ***knowing how to prevent the illnesses*** are more important. These are some ways to prevent heat illness:

- Drink water every 15 minutes, even if you are not thirsty.
- Avoid alcohol or liquids containing high amounts of sugar.
- Rest in the shade to cool down.
- Find an air-conditioned shelter.
- Avoid direct sunlight.
- Take cool showers or baths.
- Wear a hat and light-colored clothing.
- Learn the signs of heat illness and what to do in an emergency.
- Keep an eye on everyone with you.

Remember these three simple words: Water, Rest and Shade. Taking these precautions can mean the difference between life and death. When the temperature rises above 82 degrees Fahrenheit heat stress conditions start.

Decreasing Sugary Soda Intake Tips

If or your family members drink sweetened soft drinks, consider these "think before you drink" tips:

- Offer kids water when they are thirsty — it is the best way to quench thirst.
- Serve water or low fat or fat-free milk or fortified soy beverage at meals instead of soft drinks.
- Cut down the quantity of soft drinks over time. Each week, have your children cut back until they reach the goal of drinking one serving or less a day. The daily limit should be no more than 8 to 12 fluid ounces or— better yet— none at all.
- Shift soda drinkers to diet soda options — they are a better alternative than regular sodas because they do not contain added sugars, but water is the best way to quench thirst.

End of Summer School Medication Reminders

Do not forget to get in touch with Angel Boyce @ angelique.boyce@christina.k12.de.us or by calling 302-454-2233 prior to Thursday, August 8th to pick up any daily routine or emergency medications prior to the end of summer school. If arrangements have not been made to pick up medication, it will be destroyed at this time as per our regulations.

Summer Time Reminders to Prepare for the 2024- 2025 School Year

Summer time is also the perfect time to obtain any updated action plans for your child such as:

- Asthma Action Plan
- Seizure Action Plan
- Food / Allergy Action Plan
- Plans for other medical conditions that may cause your child to have a serious illness, injury or even death
 - Please remember to reach out to your school nurse should you have any questions.

Fall 2024 Information

Even though we are ending our current 2023- 2024 school year, we have already started to plan for next year. In mid-September to mid-October, we will be screening students for vision. After a 3-year period, we have finally been able to schedule the Vision to Learn Van to return to Networks this fall.

If you have concerns about your child's vision, please reach out to Nurse Michelle.

In October 2024, we will once again be having ACME Markets / Albertsons returning to Networks to provide vaccines for COVID and / or the Flu so we can also stay protected.

Finally, upon return to school in the fall, we will be sending home what may be an updated Student Emergency Card that needs to be completed every year. A student is not allowed off school campus without this form so it is imperative it comes back as quickly as possible!! There will also be Nemourslink paperwork as well as action plans if once has not been returned in the summer. Just like the Student Emergency Card, action plans need to be updated every year.

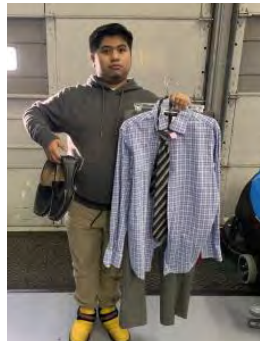
AUTOworks

As the year is winding down, we have reflected on some great, unique and fun memories!

Our students learned to work effectively as a team. They strategized ways to maneuver the ball while communicating with their team. Skills, strategies and objectives were discussed.

Students also have participated in our monthly Professional Dress Days, having the opportunity to earn up to 30 PLUSes. Here are just a few of our favorite pictures.

Thank you for all you do!
Mrs. Lokey, Mr. James,
and Ms. Pettyjohn



BITworks News

News from the Garden

BITworks has been working hard in the garden. Thanks to a DonorsChoose project joint funded by The Besos Family Foundation and an Anonymous donor we were able to get some new supplies for our urban garden. We received a gift card for teaching materials, a mobile raised bed, a cultivating tool and a cart that can carry 600 lbs. Students in BITworks have assembled the items and have been using them to help our garden grow.

Recently we have positioned the rain barrels, planted all the seedlings and will be able to harvest squash and cucumbers soon.



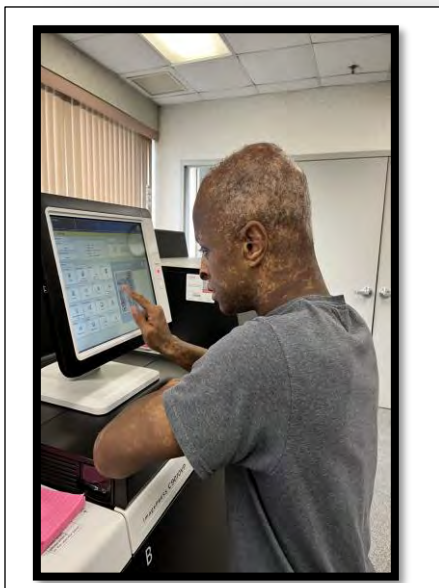
COPYworks News

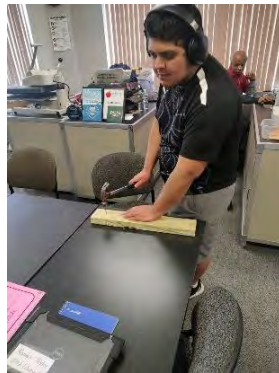
Well it has been a year! The students have all done so well.

This month we would like to welcome three new students to COPYworks: Aiden C, Nathan C and Tramaine C. We are happy to have you all a part of Networks!

This past year we have made photo calendars, coiled math booklets for the school district, made notecards and holiday cards just name a few. The students have learned to work together as a team. Each of them have worked very hard at improving their pace and quality of work.

Super proud of our students! We hope that each of them continue to improve and shine!





Etch Prepares for the Olympics

We have been preparing for the Networks Work Olympics in ETChworks. Everyone has been working on building their quality and speed on different activities that we competed in on May 30th. Each student has practiced folding shirts, wrapping and rolling silverware, rolling ribbon, sorting and folding towels and sorting money to a name a few of the activities. We are very excited to be competing against our teammates!



FABRICworks



The pictures to the left show students practicing for some of the events in our Networks Olympics competition.



Students will travel from area to area to show off their skills.

Here's a list of some of the events: button sorting, silverware rolling, sorting by size, using a hammer and screwdriver, ribbon rolling, folding towels, etc.



The pictures to the right show students working on an order for Special Olympics of Delaware. We embroidered their logo onto towels using coordinating thread color. The towels will be given to volunteers at the Summer Games.



We also practiced our delivery skills when we dropped off the order to their office.



FLORALworks News



FLORALworks would like to congratulate our Student of the Year.... Sydney C !!!

FLORALworks had a great school year! It has been filled with a lot of laughs while working hard. Students were busy this year. Here are a few things we did during the school year:

- Making flower & balloon arrangements for events including Galas, Weddings, Bridal & Baby Showers, Awards Ceremonies, Funerals and Seasonal Arrangement Specials
- Delivering arrangements to customers and when needed setting up balloon and / or floral arrangements
- Plant care
- Processing flowers,

Thanks to FLORALworks students for a GREAT school year!



MERCHANTWORKS

This month, our focus in MERCHANTworks has been working on improving our overall merchandising skills. We worked on stocking shelves, sorting, tagging and organizing donated products. The students enjoy helping out others and have really grown as a team during this school year!

Congratulations goes out to Dhanoj G who was recognized as our MERCHANTworks student of the year!



The MERCHANTworks Enterprise Team

May in MUNCHworks

To celebrate parties, graduations and other events, our customers ordered and we made LOTS of cookies, candies and other confections!



We shopped for and prepped ice cream toppings for our Annual Student Recognition Ceremony



We also continued to work in our garden, watering and weeding regularly,



watching it grow, and thinking of the many possibilities that we can cook (and bake) using the fruits of our labor.

TEAMworks

TEAMworks this month is working hard to finish up our orders before the end of the school year. We continue to try to get our work done so we can have fun at the Washington Zoo.





TRADEworks



Congratulations to a great year in Trade! You have demonstrated teamwork, independence, stamina and kindness. We appreciate all your hard work! We are proud of your successes in TRADEworks and hope you have an awesome summer!



-Mrs. Carew, Ms. Pam, and Mr. Gustavo

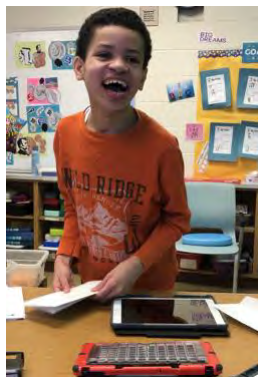


Vocational Arts

18-22 Year old Program

In May, we focused on reviewing all the skills we worked on throughout the school year. This included Life Skills, money recognition, 1:1 correspondence, sorting laundry, personal hygiene, recognizing signs and their meaning.

As we approach the end of the school year, please remember that ALL Medication that is currently in the nurse's office at CEEC needs to be picked up at the end of school year by Tuesday, June 11. The same medication will need to be brought back into the Networks Building on Blue Hen Drive for Summer School that will run from Monday, July 8 through Thursday, August 8.



WOODWORKS

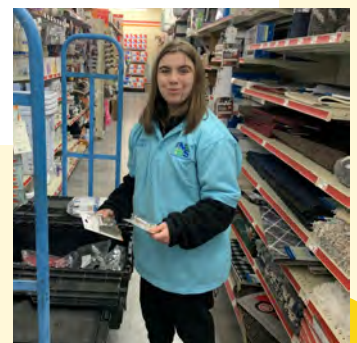
As we close out this school year, we are thrilled to reflect on the incredible journey we have had in our wood class. Our students have shown tremendous growth, creativity, and dedication, making this a truly memorable year. Looking forward to the next school year, we are excited to build on the skills and knowledge gained this year. We have some exciting new projects and learning opportunities planned, and we can't wait to see what our students will create next.

Thanks again to all WOODworks students for their hard work and flexibility this year.



Co-Op Corner

It's hard to believe the 2023-24 school year is coming to an end. We are always amazed how much each of the students has grown and matured from the start of school. We would like to thank all the students, family members and staff for a wonderful school year! In addition, we are grateful for the multiple business that have provided our students the opportunity to gain work experience. Have a great summer!



Counselor's Corner

Congratulations! We made it to the end of the school year!!! Now that the school year is coming to an end and students will have a little more time at home before summer programming starts, they will have more exposure to media outlets and social media outlets. With so much happening in the world today, attached are a few ways to help create and open up dialogue with your young adult.

Happy end of the school year! Stay safe and well! See you all soon.

Ms. D, Ms. Lisa & Mr. Gerard

SCHOOL SAFETY AND CRISIS

TALKING TO CHILDREN ABOUT VIOLENCE: TIPS FOR FAMILIES AND EDUCATORS

Families and school personnel play a critical role in helping to reestablish a sense of normalcy and security for children after an act of violence occurs. Follow these key reminders and visit www.nasponline.org/children-and-violence to learn more.

KEEP EXPLANATIONS DEVELOPMENTALLY APPROPRIATE

Early Elementary

Provide simple information and concrete examples balanced by assurance of safety.

Upper Elementary and Early Middle School

Answer questions and assist in separating reality from fantasy.

Upper Middle & High School

Emphasize students' role in safety & how to access support.

REAFFIRM SAFETY

- Emphasize that schools are very safe.
- Let children speak about their feelings and validate reactions to the event.
- Support the appropriate expression of their feelings and help to put them in perspective.



MAKE TIME TO TALK

- Let children's questions guide the information provided. Be patient and look for clues that a child wants to talk.
- Young children may need concrete activities (e.g., imaginative play) while some older children may prefer writing or playing music.



REVIEW SAFETY PROCEDURES

- Help children identify an adult at school and in the community that they can go to if they feel threatened or at risk.
- Review procedures and safeguards in school and home settings.



MONITOR EMOTIONAL STATE

- Some children will not express themselves verbally but changes in behavior, appetite, or sleep patterns can indicate anxiety or stress.
- Seek help from a mental health professional for those with more intense reactions that last more than 2 weeks.



MAINTAIN A NORMAL ROUTINE

- Keep a regular schedule and healthy nutrition, sleep and exercise to promote physical and mental health.
- Encourage maintenance of school work and extracurricular activities but do not push children who seem overwhelmed.
- Limit exposure to images or graphic reference to the event (e.g., TV and social media)..



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For additional guidance, visit
www.nasponline.org/safety-and-crisis.

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