

**CHRISTINA  
SCHOOL DISTRICT**  
Networks Program  
30 Blue Hen Drive  
Newark, DE 19713

# Networks News

June 2022



## GOOD LUCK TO ALL OUR 2022 EXITERS





# From the Nurse's Office



The sun's ultraviolet (UV) rays can damage your skin in as little as 15 minutes. Follow these recommendations to help protect yourself and your family.

# Sun Safety



**PROTECT ALL THE SKIN YOU'RE IN**

**Use a Layered Approach for Sun Protection.**

- Sunscreen works best when used with shade or clothes, and it must be re-applied every 2 hours and after swimming, sweating, or towel drying off.
- Use broad spectrum sunscreen with at least SPF 15 to protect exposed skin.
- Wear a hat, sunglasses, and protective clothing to shield skin.
- Seek shade, especially during midday hours.

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Check the sun-screen's expiration date. Sunscreen without an expiration date has a shelf life of no more than three years, but its shelf life is shorter if it has been exposed to high temperatures.



**PROTECT ALL THE SKIN YOU'RE IN**

**Skin cancer** is the most common cancer in the United States, but most skin cancers can be prevented!

**Every year—**

- Nearly **5 million** people are treated for skin cancer at a cost of more than **\$8 billion**.
- There are about **76,000** new cases of and **9,000** deaths from melanoma, the deadliest form of skin cancer.

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**PROTECT ALL THE SKIN YOU'RE IN**

Exposure to **ultraviolet (UV) rays**—from the sun or from artificial sources like tanning beds—is the most common cause of skin cancer.

**Anyone, no matter their skin tone, can get skin cancer.**

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Indoor and outdoor tanning often begin in the teen years and continue into adulthood.

**UV Rays are STONGEST:**

- From late morning through mid-afternoon.
- Near the equator.
- During summer months.
- At high altitudes.

Remember that sunburns and skin damage can occur even on cloudy or overcast days.



Some ways to stay sun-safe outdoors include wearing sun protection gear like a hat with a

wide brim and sunglasses to protect you face and eyes, and wearing a long-sleeved shirt and pants or a long skirt for additional protection when possible.

**PROTECT ALL THE SKIN YOU'RE IN**

**Enjoy the Outdoors!**

Being physically active outside is healthy and can help prevent conditions like obesity. But it's important to be sun smart when playing and working outdoors.

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# AUTOWORKS



The AUTOWorks staff would like to thank our students for all their hard work this crazy year. It has been nothing short of a fantastic year!



# COPYworks News

One of our jobs this week was to create notepads for a customer. The students print the copies, jog the papers together, cut the paper into fours, and then glue the tablets by hand. It is quite a process!

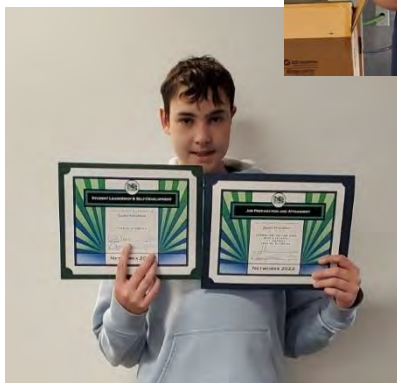
We are proud of all the students and their accomplishments this year in COPYworks! A special CONGRATULATIONS to of our exiters, we will miss you!





## ETCHworks Celebrates

On Thursday May 19, 2022, Networks celebrated all of our accomplishments during the 2021-22 School Year. We were dressed to impress and partied like there was no tomorrow. We congratulate our student exiters Chinelo, Jamarr', Mattie and Camille. You will be missed! Congratulations to the rest of the ETCHwork students for all of their successes this year!



# FABRICworks



*Donnell Evans*



*Dajour Townsend*  
FABRICworks Student of  
the Year



*Kierah Webster*

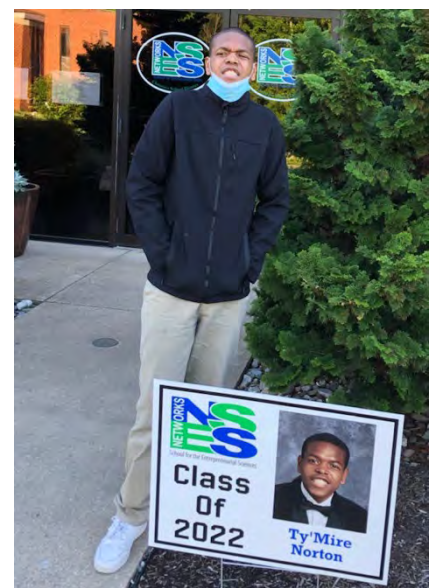
## CONGRATULATIONS to the Fabric Exiters!



*Miracle Dennis*



*Camille McCrae*



*Ty'Mire Norton*

# FLORALworks

FLORALworks would like to thank our students and families for a wonderful school year! We have had such fun watching the students as they have become confident and compassionate workers in FLORALworks.

FLORALworks students have shown kindness through their teamwork with each other this school year. It has been a pleasure working with you!

Congratulations to FLORALworks Student of the Year, Co-op Student of the Year and Networks Student of the Year - Gwendolyn Geyer!

To our exiters, we wish you all the best in your future! You will be missed!

Enjoy your summer!

-Mrs. Lomas, Ms. L & Mrs. Carrel



# MERCHANTWORKS

This month, our focus in MERCHANTworks has been working on improving our skills while volunteering at Goodwill. We worked on stocking shelves, sorting and organizing donated products. The students enjoy helping out others and have grown over this school year!



*The Merchantworks Enterprise Team!*



# Munchworks made the food for our annual Student Recognition Ceremony

To celebrate this momentous occasion we made 200 Cupcakes,



200 Marshmallow Krispy Treats, 200 Brownies decorated with mini M&M's, and



more than 400 Chocolate Covered Pretzels which we rolled in crispy rice cereal.



We also made a breakfast strata which was served the morning of our big day.



Congratulations to all of our exiting students!

# TEAMworks

This month TEAMworks is working with a vengeance. Our customers have realized the end of the school year is near and they need t-shirts. Below are some pictures of the hard work the students are doing in TEAMworks.



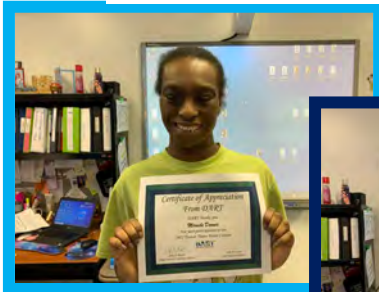
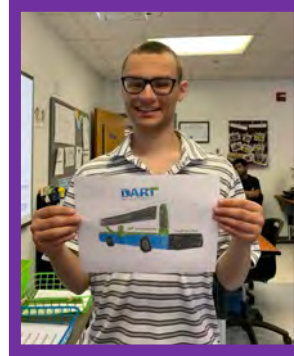
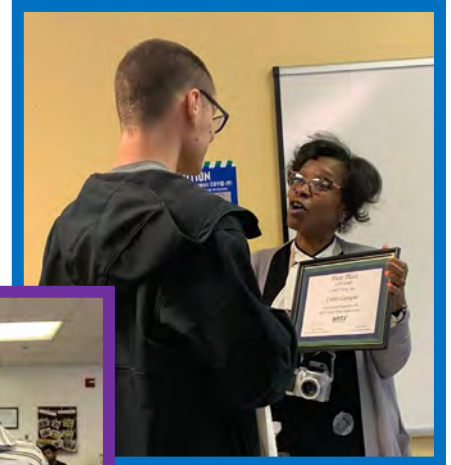
# TECHworks

We have a **WINNER!**

Mr. Curtis "CJ" Lavigne's design was chosen! Lerrissa Boardley, the Marketing and Outreach Supervisor from DART, presented him with the award. CJ won a visa gift card, along with passes to ride the DART bus system.

KUDOS to FABRICworks – they framed his winning artwork and certificate!

This was DART's 20<sup>th</sup> year for the statewide poster contest. This year's theme was "Stuff The Bus, 25th Anniversary Logo Challenge!" The best part is that it encourages donations for the Food Bank of Delaware



Students also had fun learning about using the features of Microsoft Word to create Mother's Day cards for the special women in their lives.



# Cooperative Education

Congratulations to all of the students who have gained and maintained employment!



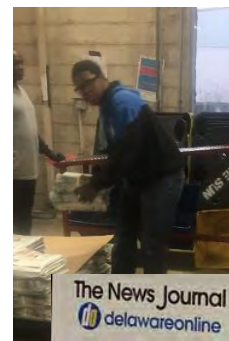
Kevin Andrews



Jose Arizaga



Elijah Baker



Jay Collins



Gwen Geyer



Daniel Johnson



Mari Matos



Angelica Pantoja



Elisabeth Pantoja



Willie Wilson

# Counselor's Corner

Congratulations! We made it to the end of the school year!!! Now that the school year is coming to an end and students will have a little more time at home before summer programming starts, they will have more exposure to media outlets and social media outlets. With so much happening in the world today, attached are a few ways to help create and open up dialogue with your young adult.

Happy end of the school year! Stay safe and well! See you all soon.

Ms. D and Ms. Lisa

## SCHOOL SAFETY AND CRISIS

### TALKING TO CHILDREN ABOUT VIOLENCE: TIPS FOR FAMILIES AND EDUCATORS

Families and school personnel play a critical role in helping to reestablish a sense of normalcy and security for children after an act of violence occurs. Follow these key reminders and visit [www.nasponline.org/children-and-violence](http://www.nasponline.org/children-and-violence) to learn more.

#### KEEP EXPLANATIONS DEVELOPMENTALLY APPROPRIATE

##### Early Elementary

Provide simple information and concrete examples balanced by assurance of safety.

##### Upper Elementary and Early Middle School

Answer questions and assist in separating reality from fantasy.

##### Upper Middle & High School

Emphasize students' role in safety & how to access support.

#### REAFFIRM SAFETY

- Emphasize that schools are very safe.
- Let children speak about their feelings and validate reactions to the event.
- Support the appropriate expression of their feelings and help to put them in perspective.



#### MAKE TIME TO TALK

- Let children's questions guide the information provided. Be patient and look for clues that a child wants to talk.
- Young children may need concrete activities (e.g., imaginative play) while some older children may prefer writing or playing music.



#### REVIEW SAFETY PROCEDURES

- Help children identify an adult at school and in the community that they can go to if they feel threatened or at risk.
- Review procedures and safeguards in school and home settings.



#### MONITOR EMOTIONAL STATE

- Some children will not express themselves verbally but changes in behavior, appetite, or sleep patterns can indicate anxiety or stress.
- Seek help from a mental health professional for those with more intense reactions that last more than 2 weeks.



#### MAINTAIN A NORMAL ROUTINE

- Keep a regular schedule and healthy nutrition, sleep and exercise to promote physical and mental health.
- Encourage maintenance of school work and extracurricular activities but do not push children who seem overwhelmed.
- Limit exposure to images or graphic reference to the event (e.g., TV and social media)..



**NASP** 

NATIONAL ASSOCIATION OF  
School Psychologists

For additional guidance, visit  
[www.nasponline.org/safety-and-crisis](http://www.nasponline.org/safety-and-crisis).

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