

**CHRISTINA  
SCHOOL DISTRICT**

Networks Program  
30 Blue Hen Drive  
Newark, DE 19713

**NORMA BRISTER  
PRINCIPAL**  
302-454-2233 (P)  
302-454-5446 (F)

# Networks News

November 2024

October was a busy month at Networks with many activities I hope you were able to participate in throughout the month of October. Some of the activities to mention in October were:

Covid and Flu Clinics

Open House

Special Olympics Qualifier and Fall Festival for Football

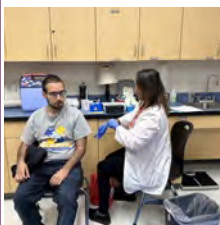
Vision to Learn Van Visit # 1 & 2

School Pictures

PBIS Longwood Gardens Trip

The Annual Hayride and Fall Dance

Thank you to all who supported our Enterprise Areas in purchasing items created by our students. Be sure to know there is more to come before 2025.



Upcoming dates in November include:

November 8 Movie Night

November 13 & 14 Professional Dress

November 19 Parent Conferences 2:30 to 6:00pm

No School for students on:

November 11 Veteran's Day

November 25, 26, 27, 28, 29 Thanksgiving  
Holiday



Upcoming dates in December include:

December 11 and 12 Networks Annual Holiday Shop

December 11 and 12 Professional Dress

December 20 Winterfest

No School for students on:

December 23, 24, 25, 26, 27, 30, 31 January 1, 2 and 3





## From the Nurse's Office



It sure has been a busy month of October this year as there has been 3 health safety objectives started (and some completed) for the Networks and/or the Christina School District community.

The first health goal achieved was our COVID and/or FLU clinic for students and staff. During two days in October, we were able to have 44 students or staff members receive their Flu vaccine and 37 individuals receive their COVID vaccine right here at the Networks building. In addition to these numbers, we have also heard that many individuals have received their vaccines at area pharmacies and/or their primary care provider's office. THANK YOU and we hope to stay healthy this school year. REMEMBER, it is not too late to get this or other vaccines!!



The second health promotion activity started was in cooperation with the VISION TO LEARN van. Over two days this month, 29 students received a full eye exam right here at Networks. Of these 29 students, 4 passed their examination and do not need glasses. 1 student requires glasses for distance only. 3 students will need to wear their glasses for classroom only but, another three will need to wear their glasses for classroom and distance. Finally, 18 students will need to wear their glasses full time. Students were so excited to pick out their new frames and cannot wait until the glasses arrive sometime between Halloween and Thanksgiving.



There will be one more van visit on January 23<sup>rd</sup> and we already have students "lined up" to attend. If you have not received information on having your son / daughter participate in this service, please reach out to Nurse Michelle at 302-454-2233.

American Heart Association  
Learn and Live



FIRST AID



CPR



AED



The third health safety objective organized through the health office is the renewal of fellow CSD Nurses for American Heart Association (AHA) HCP CPR certification. In addition to this renewal for nurses, it is the goal of Networks Administration to have every staff member trained in AHA Heartsaver CPR and First Aid for the past 10+ years. We just began this certification / recertification process and it will continue through January. This process takes over 6 hours to complete and is offered outside of the school day by all employees of Networks.



# NETWORKS COMMUNITY CLEAN UP

VOLUNTEERS NEEDED!

Take pride in your community and help  
clean up Blue Hen Drive!

**TUESDAY, NOVEMBER 12TH AFTER  
SCHOOL FROM 1:30PM – 4:00PM**

Clean up includes picking up litter and  
debris, pulling and cutting back weeds,  
sweeping, etc.

\*Rain date is Tuesday, November 19th





## Our Holiday Shop / Extended Hours will be

**DATES:** Wednesday, December 11th &  
Thursday, December 12th

**TIME:** 8AM until 7PM

**LOCATION:** 30 Blue Hen Drive, Newark  
(Off Route 72 behind Eastern Marine and Verizon)

**ENTRANCE:** Will be through the main lobby doors.

**Please Note:** The number of shoppers in the building at any one time may be limited due to space constraints within the building

All visitors will be asked to remain in our Holiday Shop Area and not visit other enterprise areas

Pictures from previous events



Please do not park in front or on the side of the building during school hours of 8:00am and 2:00pm to allow for safe dismissal of our students.

We look forward to seeing you as you look for unique, handcrafted gifts for the holidays.

Our stock of holiday items may change daily.







shutterstock.com · 2514907373

**“I am different, but not less.” -  
Temple Grandin**

National Disability Employment Awareness Month (NDEAM) — an opportunity to celebrate the contributions of people with disabilities to America’s workplaces and economy, and to ensure that disabled workers have equal opportunities for good jobs. That’s why this year’s theme is “Access to Good Jobs for All”.

**“Our greatest weakness lies in giving up. The surest way to succeed is always to try just one more time.”  
- Thomas Edison**



**“Concentrate on the abilities your disability doesn’t hinder and don’t dwell on the things it interferes with. Be disabled physically, not in spirit.”  
- Stephen Hawking**

**“Disability is natural, and it doesn’t prevent a person from achieving anything. Believe in your abilities.” - Benjamin Snow**



# *AUTOworks*

During October, *AUTOworks* has been striving to enhance their Auto Detailing skills. Throughout the month, while maintaining a clean and organized shop, our students have been improving their teamwork skills to get the job done right.





# BITWORKS NEWS

## BITWORKS COLLABORATION



BITworks students worked together to color 42 individual coloring pages that were assembled to build the "We Are Hard Workers" collaborative poster.

## LESSON TOPICS

### Nearpod:

Lessons have focused on getting around independently using DART, Paratransit, and Google Maps as well as learning about various signs.

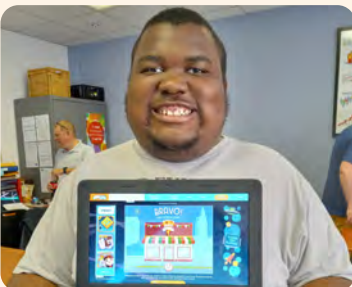
### Move This World:

Recent MTW lessons address accountability and breathing techniques for calming down.

## MONTHLY HIGHLIGHTS

### In the Classroom

Students access our BITworks Schoology page in order to get to class activities, assessments, and online games to review topics.



### At Training Sites

Nearly all BITworks students have had opportunities to go to worksites during some of their weekly classes. They tend to go out every other week.



### At the School Store

Experiences working as a cashier and stock attendant provide opportunities to learn about many retail roles and practice with money.



## CONTACT INFORMATION

### Email Addresses:

Colleen.Naccarato@christina.k12.de.us  
Jason.Lomas@christina.k12.de.us

### Networks Phone:

(302) 454-2233

## PLUS EARNINGS

Please ask your student about earning PLUSES in BITworks. The PLUSES they earn can be used to make purchases at the School Store and be traded in for PBIS field trips/events.

# BRENNENWORKS UPDATE

## Vocational Opportunities

### Plastics



### Gaskets



### Pyramid



## Real World Vocational

We are working on:

1. Consolidating plastics for recycling which will be used for a bench for Networks!
2. Counting Gaskets for a valve and coupling company.
3. A job for Pyramid Consulting company.

## November Conferences

Parent conferences will be offered on November 19th. Please keep an eye out for more information!

## Contact Info

Carly Howe

Email:

[carly.howe@christina.k12.de.us](mailto:carly.howe@christina.k12.de.us)  
or use the REMIND app!



# COOP Corner

October 2024

## Happy Additions

### Delco Deadline Deliveries

The COOP Department has partnered with Delco Deadline Deliveries. This company contracts with Amazon to transport customer packages. Students remove trash and wipe down interior surfaces in Amazon vehicles at the Boxwood Rd. warehouse site.

### Bosco's

COOP will be taking students to experience the different aspects of working in a department store. They will help with stocking, store recovery, and be able to see a different side of retail.



## Did you know?

- COOP can assist your student in getting qualified for Paratransit.
- We can help with travel training using DART and DART Paratransit.



## Remind

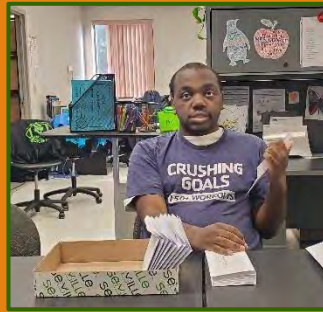
Stay in touch with COOP via the Remind App. text @coop-team to 81010



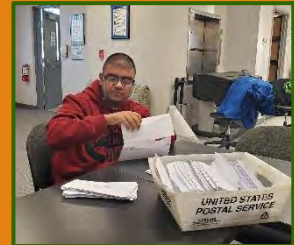
# COPYworks



This month, COPYworks students continue to develop office skills by completing orders for coil bound booklets, printed envelopes, posters, newsletters and prepared many items for mail delivery.



Students also learned how to operate office machines that laminate, shred, cut business cards, postcards, PLUSes, and a variety of district forms.



If you are interested in using our services, please call 302-454-2202 or 302-518-3049 (c) or email [lisa.tursi@christina.k12.de.us](mailto:lisa.tursi@christina.k12.de.us) or [barbara.lomas@christina.k12.de.us](mailto:barbara.lomas@christina.k12.de.us)



# Etch Visits the Community

THIS MONTH ETCHWORKS VISITED  
THE COMMUNITY TO DISCOVER  
IMPORTANT SIGNS THAT WE USE  
EVERYDAY.

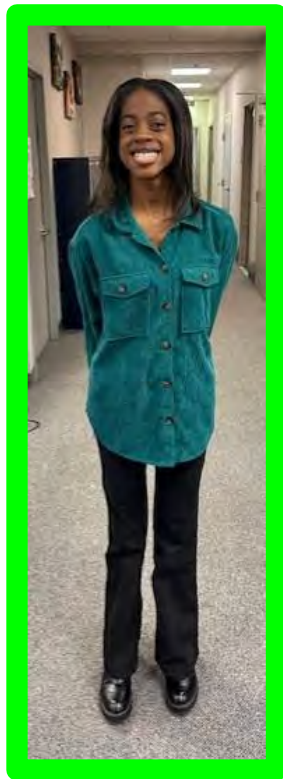
WE ALSO CONTINUED TO WORK ON  
CUSTOMER ORDERS.



Congrats to  
Jacob H. for  
being the  
Stand Out  
Student in  
September

# **FABRIC**works **We dress up nicely!**

Each month, students have the opportunity to earn PLUSes during Professional Dress Days. Students can use their PLUSes to go to our PBIS events and buy items from our PLUS store.





# Let us Personalize your Holiday Stockings

Stockings need to be dropped to  
Networks along with \$5 payment,  
cash or check payable to  
Networks PTSA.

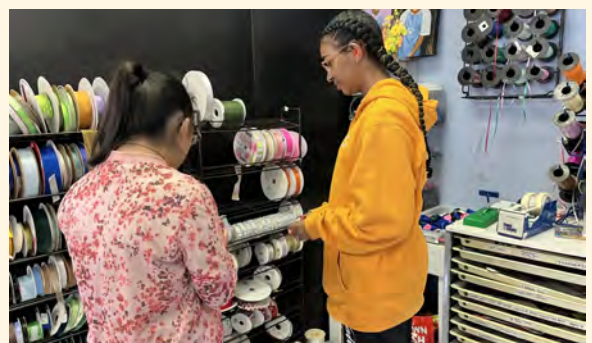
**\$5.00 EACH**

Scan the QR code  
to order



# FLORALWORKS

In FLORALworks, the students have been practicing TEAMWORK!  
They have been learning the importance of helping one another  
which then makes things easier and more efficient.







# NOVEMBER FLORAL SALES



**TOMMY TURKEY**  
**\$22.00**



**AUTUMN  
COUNTRY**  
**\$20.00**

**ALL ORDERS MUST BE IN BY  
NOV. 12TH, 2024**

FLORALworks @ NETWORKS  
30 BLUE HEN DRIVE, NEWARK, DE 19713  
302-518-3049



Networks School presents...

# MERCHANTWORKS

## Co-op Sites

Walgreen's / Zingo's /  
Goodwill / Joann Fabrics

2024-25

### JOBS INCLUDE:

Front facing products,  
checking for outdates,  
sorting and organizing







# This Month In MUNCHWORKS

To celebrate Hispanic Heritage Month (September 15 – October 15) we made *Chicken Pozole Verde* for all Networks students and staff. *Pozole* is a traditional Mexican soup or stew made with hominy (hulled Indian corn, coarsely ground or broken, used as a cereal and as a vegetable) and typically pork or chicken, in a broth seasoned with chiles and spices.

Italian American Heritage is celebrated in October and for all of Networks students and staff we made Chicken and Gnocchi soup. Gnocchi are a traditional Italian pasta shape that typically uses potatoes as the main ingredient. Both dishes received rave reviews and the recipes can be found in this issue of the newsletter.



Chicken Pozole Verde



Chicken Gnocchi Soup

Our customer orders included lots of cookies, but one was for *Vegetable Lasagna*.



The holidays are fast approaching and MUNCHworks has already begun to plan for one of our busiest baking seasons of the year. Please contact us at (302) 454-2233 so that we may discuss how we can help make your holiday season less hectic and more yummiier.

# RECYCLE/WOODworks

As October comes to a close, we've had an exciting month filled with creativity and hard work. Here's a recap of what's been happening in our wood shop! We successfully wrapped up our fall orders! A huge thank you to all the students and staff for their dedication and teamwork. Your efforts truly shine in the finished products. In addition to our fall orders, students had the opportunity to create something special for themselves from start to finish. It was inspiring to see everyone's unique ideas come to life!

As we look ahead, we're starting to prepare for our winter projects. Gather your ideas and get ready to brainstorm! Whether it's gifts for the holidays or something cozy for the home, we'll be diving into planning and design soon. Thank you for your hard work and enthusiasm this month! Let's keep the momentum going as we head into the winter season.





# RECYCLEworks

## PLASTIC BY THE NUMBERS



HDPE



Laundry detergent container



Bucket



Shampoo bottle



- gallon jugs
- detergent containers
- shampoo bottles
- cleaning product containers
- juice bottles

- plastic wrappings
- grocery bags
- newspaper bags
- bread bags
- fresh produce bags
- dry cleaning bags
- ziplocs

## PLASTIC BY THE NUMBERS



LDPE



Frozen food bags and pouch



Plastic shopping bag



Bread bag



## PLASTIC BY THE NUMBERS



PP



Medicine bottle



Yogurt container & single-use plastic spoon



Straws



- yogurt containers
- sour cream containers
- margarine tubs
- straws
- syrup bottles
- medicine bottles
- bottle caps

### How does the challenge work?

- Register on **NexTrex.com** to obtain access to the Trex Portal
- Determine a 12-month collection time period
- Collect a minimum of 1,000 lbs.
- Report recycling totals at **my.trex.com**

- Weigh, record and attached pictures
- Deliver the collected plastic film to a participating retailer (see list) for recycling

*Stores prefer smaller and more frequent amounts in the provided bin. Please contact store ahead of time with larger amounts.*

### What does Trex provide?

- Up to three recycling bins
- Posters

### What can I win?



*Trex Bench*

### What can be recycled?

*All plastic must be clean, dry and free of food residue.*



Grocery bags



Bread bags



Bubble wrap



Dry cleaning bags



Newspaper sleeves



Ice bags



Plastic shipping envelopes



Ziploc & other reclosable food storage bags



Cereal bags



Case overwrap



Salt bags



Pallet wrap & stretch film



Wood pellet bags



Produce bags

Register on the website **NexTrex.com**



# TEAMWORKS

*This month in TEAMworks  
we have been creating shirts  
for the Teachers Union.*



# ***NETWORKS SPIRIT WEAR***



## **Get your spirit wear today!!**

Choices include T-shirts, Hoodies and Crew Neck Sweatshirts

5 Color Choices and 2 Logo Choices

Prices range from \$10.00 to \$30.00 in sizes small up to 6xl  
(5xl for sweatshirts and 6xl for t-shirts)

*DEADLINE FOR ORDERS HAS BEEN EXTENDED UNTIL Sunday, December 15th*

*Payment is in the form of cash or check payable to Networks PTSA at time of order pick up*



<https://docs.google.com/forms/d/1tJcSJ6bqD7A2xKhlcw-VTjNSn2yDeEdfpZPjk2XCxOk/edit>

To order, click on the link above or scan the QR code.



# TRADEworks



TRADEworks students have been working hard to establish daily routines to prepare to go out to various job sites. They have created routines when out in the community to be able to work efficiently.

We continue to learn about basic custodial and housekeeping skills, paired with teamwork and getting a job done correctly and up to the standards expected by our customers.

During classroom activities, we are focusing on identifying goals and how to make a plan to reach those goals. We are identifying potential jobs and identifying skills that we may need to gain employment.



# Voc Arts

The Vocational Arts program has been ramping up our activities over the past month. We have:

- developing new jobs for our students to complete,
- learning how to work for longer periods of time,
- learning how to do different types of jobs
- learning to do jobs with less help from others.

We continue to provide opportunities for our students to experience a day in Shue-Medill Middle School.

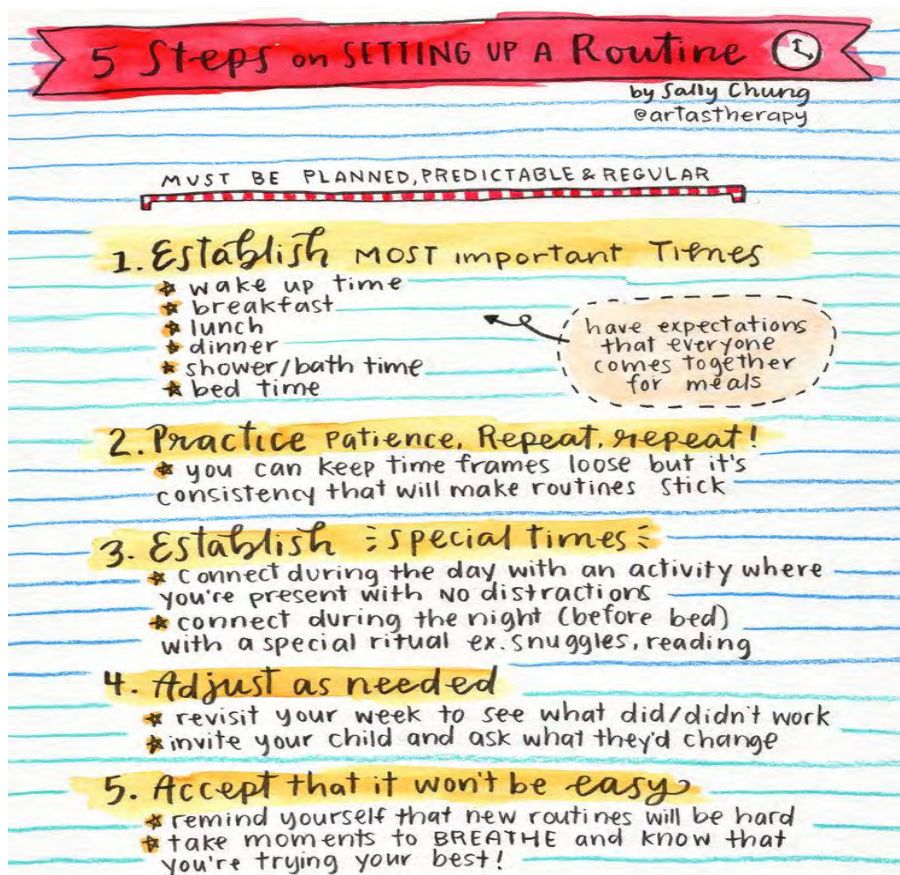


Many of our students split their day between our classroom and the Networks Main building. They are learning how to make transitions in their day and are succeeding. We look forward to seeing the progress that all of our students make.



## Establishing Routines

Routines **create structure and promote mental, physical and emotional health**. The absence of a routine can often lead to stress and feelings of unmanageability. A life without a positive daily routine or structure is so much more draining mentally, physically, and emotionally than you can ever imagine! Establishing routines can lead to long term success in both your personal and work life! Our nervous system needs and craves predictability. Consistency, knowing what to expect and when, helps us from the time that we are born, to regulate our emotions and to tolerate big feelings. Imagine if someone kept turning the thermostat at home or work up and down all the time, it would not feel very nice to be cold one minute and really hot the next and have no idea whether to keep the sweater on or off. Having routines is like a thermostat for our nervous system.



Some examples of things you can do to help establish a new routine:

### 1) DO SOMETHING HEALTHY

Maintaining healthy habits is important to physical and mental health. Build in one healthy habit into your daily routine



## 2) HAVE SELF COMPASSION

These uncertain times can impact our emotions. Be sure to build in one habit each day, just for you.



## 3) ORGANIZATION



Organizing your time can help you maintain motivation. Create a schedule to map out the time focused on school work or career deadlines.

## 4) SHOW KINDNESS

When we are kind to others, we create a stronger community. This helps us feel safe amidst stressful times. Devote time towards one kind gesture every day. Ideas: Help a family member prepare a meal, or thank your teachers for their time



## 5) FIND INSPIRATION



The stress brought on by the pandemic and world events can weigh on us. It's important to acknowledge what that means for you, and build moments for inspiration.

## 6) CONNECT

Being away from friends, colleagues and family can be difficult. Find one way to stay connected with those you care about







## New Castle County School Districts' Transition Workshop Series 2024-2025 Mental Health for Students with Disabilities

**Thursday, November 14, 2024  
6:00 - 8:00 PM**

Join Zoom Meeting

<https://colonial-k12-de-us.zoom.us/j/93261976570>

Please join us while we host Sean's House and Holistic Behavior Collective, sharing information on Mental Health for Students with Disabilities for Delaware Transition Age Youth and their Families.

### Stay Tuned for Information on Upcoming Events:

Transition Workshop Series  
January 16th and May 15th

NCC Transition Fair  
March 27, 2025  
5:00pm – 8:00pm

**If you have any questions or need a language or ASL Interpreter please  
contact your district transition representative**

<b>Appoquinimink</b> Allison Kerr <a href="mailto:Allison.kerr@appo.k12.de.us">Allison.kerr@appo.k12.de.us</a>	<b>Brandywine</b> Angela Hansen <a href="mailto:Angela.Hansen@bsd.k12.de.us">Angela.Hansen@bsd.k12.de.us</a>	<b>Christina</b> Cheryl Wharton <a href="mailto:CHERYL.WHARTON@christina.k12.de.us">CHERYL.WHARTON@christina.k12.de.us</a>
<b>Colonial</b> Beth Murray <a href="mailto:Beth.murray@colonial.k12.de.us">Beth.murray@colonial.k12.de.us</a>	<b>New Castle County VoTech</b> Lynn Williams <a href="mailto:Lynn.williams@nccvt.k12.de.us">Lynn.williams@nccvt.k12.de.us</a>	<b>Red Clay</b> Kaitleen Troller <a href="mailto:Kaitleen.Troller@redclay.k12.de.us">Kaitleen.Troller@redclay.k12.de.us</a>
	<b>Charter Schools</b> Stephanie DeMayo <a href="mailto:Stephanie.DeMayo@Odyssey.k12.de.us">Stephanie.DeMayo@Odyssey.k12.de.us</a>	

We wanted to share this resource for our families who may be in need:

### Delaware Regional Dream Center

The purpose of the Delaware Regional Dream Center is to provide community outreach to individuals by coordinating services and/or referrals that fulfill life's basic necessities. Thus, motivating those individuals to achieve a more fulfilled standard of living. We create, develop and sustain programs to address our community's needs. This will be accomplished by providing help directly to individuals through, but not limited exclusively, to the following activities; Community Outreach, Hunger Relief and Community Restoration.

<https://dreamcenterde.org/>



National Hispanic Heritage Month was celebrated during the month of September at Networks. The national celebration runs from September 15 to October 15 each year. It honors the history, culture, and contributions of Hispanic and Latino Americans, whose ancestors come from Spain, Mexico, Central and South America, and the Caribbean.

### **Pioneers of Change: Shaping the Future Together**

was the theme in 2024. It recognizes the many Hispanics/Latinos who have paved the way for future generations to be able to enact change, and encompasses the spirit of innovation, resilience and unity that define the Hispanic experience.



The observation started in 1968 as Hispanic Heritage Week under President Lyndon Johnson and was expanded by President Ronald Reagan in 1988 to cover a 30-day period starting on September 15 and ending on October 15. It was enacted into law on August 17, 1988, on the approval of Public Law 100-402. The day of September 15 is significant because it is the anniversary of independence for Latin American countries Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua. In addition, Mexico and Chile celebrate their independence days on September 16 and September 18, respectively. Also, Columbus Day or Día de la Raza, which is October 12, falls within this 30 day period.



## **10 Influential Hispanic and Latinx Figures Hispanic Heritage Month (US)**

Frida Kahlo (1907-1954)  
Cesar Chavez (1927-1993)  
Sonia Sotomayor (b. 1954)  
Roberto Clemente (1934-1972)  
Rita Moreno (b. 1931)  
Sylvia Rivera (1951-2002)  
Gabriel García Márquez (1927-2014)  
Ellen Ochoa (b. 1958)  
Dolores Huerta (b. 1930)  
Lin-Manuel Miranda (b. 1980)



In October, we celebrated Italian American Month. Students learned about Italian Cuisines including Braciole, Lasagna, Tomatoe Bruschetta with Balsamic Glaze, Lasagna, Spaghetti and Ravioli. How many of these dishes have you had?

Students learned about Italian Desserts including:

**Affogato** is a dessert of gelato drowned in espresso, is one of Italy's most delectable modern dishes.

**Tiramisu** is an [Italian dessert](#) made of [ladyfinger](#) pastries (*savoardi*) dipped in coffee, layered with a whipped mixture of egg yolks, sugar, and [mascarpone](#), and flavoured with [cocoa powder](#) invented in the late 1960's

**Italian Rainbow Cookies** are soft, fluffy almond cake layers with tart raspberry jam in the middle, all covered in a smooth layer of rich chocolate.

**Almond Semifreddo w Carmelized Apples** is a class of frozen desserts similar to ice cream. It is derived from the French parfait, introduced in Italy during the 19th century.

**Chocolate Panna Cotta w spiced Pepita Brittle** is really just a simple mixture of milk, cream, gelatin, vanilla and sugar. We add dark chocolate to make this delicious version.

Famous Italian Americans include:

Alicia Augello Cook who is known as Alicia Keys who is an American singer and songwriter who is a classically trained pianist; Joseph Clifford Montana Jr who is a former NFL football player who is widely regarded as one of the greatest quarterbacks of all times; Antonin Scalia who was the first Supreme Court Justice of the Supreme Court of the United States well known for his strong legal conservatism.

Famous Italian Celebrities by State — How many can you name?

<https://americadomani.com/italian-celebrities-by-state/#>





## Italian

## English

## Situation

Buona giornata	Have a nice day	When you are leaving during the day
Buona serata	Have a nice evening	When you are leaving during the evening
Grazie	Thank You	When you are thanking someone
Prego	You're Welcome	When you are responding to a thank you & in a number of situations
Scusi	Excuse Me	When you want to apologize or when you want to call for someone's attention
Mi dica	Tell me / How can I help you	You'll hear this when you will address someone



Titian, Sandro Botticelli, Raffaello Sanzio da Urbino, Michelangelo Merisi da Caravaggio, Artemisia Gentileschi, Leonardo da Vinci, Michelangelo di Lodovico Buonarroti Simoni, Gian Lorenzo Bernini, Giovanni Bellini, Donato di Niccolò di Betto Bardi

## CREAMY CHICKEN GNOCCHI SOUP

\*Gnocchi is made from potatoes, flour, and eggs.



### Ingredients

3-4 boneless skinless chicken breasts - cooked and diced  
1 stalk of celery - chopped  
½ white onion - diced  
2 teaspoons minced garlic  
½ cup shredded carrots  
1 tablespoon olive oil  
4 cups low sodium chicken broth  
salt and pepper - to taste  
1 teaspoon thyme  
16 ounces potato gnocchi  
2 cups half and half

Have you ever heard of or tried this soup?

What did your child think about this soup?

### Instructions

Heat olive oil in a large pot over medium heat. Add celery, onions, garlic, and carrots and sauté for 2-3 minutes until onions are translucent.

Add chicken, chicken broth, salt, pepper, and thyme, bring to a boil, then gently stir in gnocchi. Boil for 3-4 minutes longer before reducing heat to a simmer and cooking for 10 minutes.

Stir in half and half and spinach and cook another 1-2 minutes until spinach is tender. Taste, add salt and pepper if needed, and serve.

# Influential Hispanic Americans Who Have Made History

For Hispanic Heritage Month, discover the accomplishments and lasting legacy of these politicians, entertainers, scientists, and activists. How many names do you recognize? <https://www.biography.com/notable-hispanic-americans>



Rita Moreno



Cesar Chavez



Alexandria Ocasio-Cortez



Roberto Clemente



Julia Alvarez



Jennifer Lopez



Sylvia Rivera



Ellen Ochoa



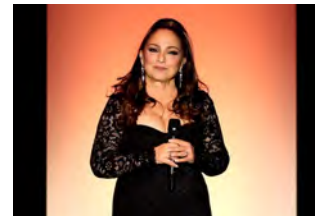
Sonia Sotomayor



Lin-Manuel Miranda



Dolores Huerta



Gloria Estefan



Carolina Her-



OUR MUNCHworks students made this dish and we all tried it back in September. One student said it tasted just like her grandmom's recipe

## Chicken Pozole Verde

Pozole is a traditional Mexican soup or stew made with hominy and meat, typically pork or chicken, in a broth seasoned with chiles and spices.

### Ingredients

- 1 lb boneless, skinless chicken thighs
- 1 white onion, finely chopped
- 1 poblano chili, seeded and finely chopped
- 1 tsp chili powder
- 1 (16 oz) jar salsa verde
- 2 cups water
- 2 (15 oz) cans hominy, drained and rinsed
- 1/2 bunch cilantro
- 1 lime halved

### STEPS

To a 4- to 5-quart slow cooker bowl, add the chicken, onion, poblano, and chili powder. Stir to combine. Pour the salsa verde and water on top. Season with salt and pepper.

Cover with lid and cook on low 7—8 hours or high 3 1/2-4 hours, until chicken is fork-tender. Using tongs, transfer chicken to a medium bowl. Shred chicken using 2 forks and then return to slow cooker along with hominy. Continue to cook 30 min on high.

Finely chop the cilantro. Squeeze lime juice over pozole and stir in cilantro to serve.