

Networks News

November 2021

Just a few reminders for the month of November:

- Friday, November 5th—End of Marking period 1
- Monday, November 8th—No School for students

Please note that Friday, November 12, will be a Synchronous (Remote Learning) Day

- Thursday, November 11, Christina schools and offices are closed for Veterans Day.
- Friday, November 12, students will be engaged in synchronous learning at home.

Please feel free to contact the school at 302-454-2233 should you have any questions or concerns as staff will be working from Networks between the hours of 7 am and 2:30 pm on that date.

Parent Conferences will be on November 22nd & 23rd—Your son/daughter's teacher will be contacting you in the next week to schedule a time with you.

There will be no school for students during the week of November 22nd. Students will resume school on Monday, November 29th.

October Enterprise Standouts

Autoworks—Jawan Richardson

Copyworks—Kevin Andrews

Etchworks—Katrianna Ward

Fabricworks—Miracle Dennis

Floralworks—Miana Wise

Merchantworks—Elijah Rush

Teamworks—Alexandra Leal

Tradeworks—Miracle Dennis





From the Nurse's Office



KEEP OUR SCHOOLS FLU-FREE. GET VACCINATED.

**The flu will be making a comeback.
You can stop it.**

Last year, flu rates were low. But with more people out of their homes, the flu will be making a comeback. You can prevent that. Make sure you and your loved ones are vaccinated. Everyone 6 months or older is eligible. Make the time to fight for your health.

flu.delaware.gov



DELAWARE HEALTH AND SOCIAL SERVICES
Division of Public Health
Immunization Program

FIVE WAYS TO OUTPOWER THE FLU THIS SEASON

Start by finding a location to get your flu vaccine and making an appointment.

FIND OUT WHERE TO GET YOUR FREE FLU VACCINE

The first—and best—line of defense for everyone 6 months and older.

This year, the flu is making a comeback. So we've teamed up with the Delaware Division of Public Health (DPH) to make sure every person we serve—and every person they care for—does what they need to do to remain flu-free and healthy! Here are five top things to know and do.

#1 Get the flu vaccine as soon as possible.

The flu vaccine is the first and most important step you can take to protect yourself against the flu. The flu vaccine is **safe** for individuals 6 months and older; **free** to most Delawareans, even if you do not have insurance; very important for groups at higher risk, such as seniors, women who are pregnant, young children, and people with chronic health conditions; and something you should get every year.

#2 Don't be fooled by the flu in hiding!

Because the number of cases dropped last year, many

people think the flu has disappeared. The fact is that *the threat of the flu to your health is as strong as ever*. With pandemic practices easing, more Delawareans are interacting outside the home, more public events are happening, and fewer people are wearing masks. These things make it easier for the flu to spread.

#3 Take the flu seriously.

Remember, the flu is a serious illness. It can potentially make you very sick, put you in the hospital, or even cause death. Prior to the rare pandemic year, the Centers for Disease Control and Prevention (CDC) estimated the flu caused millions of people to get ill and resulted in thousands of hospital stays and thousands of deaths.

#4 Prevent the spread of germs and the flu virus.

Stay home and try not to interact with others if you are sick—and avoid people you know are sick. Even if you feel fine, cover your mouth and nose when you cough or sneeze. Wash your hands often and clean frequently used surfaces, such as desktops and door handles.

#5 Take care of the people you care about.

If you are responsible for someone else's well-being—children, parents, elderly neighbors, and so forth—make sure they practice tips 1-3 too! Start with making sure they get a flu vaccine, and if they need it, assist them with getting to a vaccination location.

Get more flu facts at flu.delaware.gov and ask your employer if you can get a flu vaccine at work



As you are aware, we are continuing our fight against COVID-19!!!
We Need Your Help in keeping everyone safe!! It is never too late to get your vaccine or booster shot when you are eligible.

If you have not already gotten a FLU and COVID-19 vaccine, please consider getting one now to keep members of your home and our school communities safe.

Yes, there have been “break-through” cases (cases of COVID 19 among individuals already vaccinated) as well as cases among unvaccinated individuals. However, if you are vaccinated and do develop COVID-19, the symptoms are reported to be less severe!!

If you develop any **NEW SYMPTOMS** of **COVID 19**, (including for the vaccinated individual) listed below, **please stay home and wait for additional instruction from the School Nurse, the Department of Public Health or your PCP. DO NOT come to school or go to work.** This is especially important if you have attended a known “*High Risk Activity*” such as a concert or performing arts event, a professional sports event, movies, etc. (especially if seated close to another person inside or outside for extended periods of time when not many people are wearing masks).

NEW SYMPTOMS of COVID 19

- Runny nose or nasal congestion
- Sore throat
- Loss of taste / smell
- Rash on fingers / toes
- Difficulty/ trouble breathing
- Shortness of breath or wheezing (not asthma related)
- Cough
- Fatigue
- Nausea, vomiting or diarrhea
- Loss of Appetite
- Fever or feeling feverish – temp 100.0 F
- Muscle aches
- Headache
- Earache

Let’s talk about COMING TO SCHOOL IF EXPOSED to COVID 19

If you have been **fully vaccinated** and are 2 weeks out from your last scheduled dose, **you MAY come to school.** You will be asked to monitor for symptoms listed above and test for COVID-19 as listed below. If you have **NOT been vaccinated, you may NOT return to school** until your quarantine time has ended. Please see your school nurse or the Department of Public Health for additional information. NOTE: The School Nurse will call / email all parents to report exposure when this information is known.

Let’s Talk about TESTING for COVID-19

TESTING RESULTS may be either a **PCR** or **ANTIGEN TEST** but must be completed at testing facility that verifies an individual’s identity!! **An at home antigen test is not acceptable!!!** School antigen testing through QUIDEL is acceptable as long as it has been collected no earlier than 5 to 7 days post exposure. Beyond testing, a visit to your PCP is always encouraged.

10/28/2021 CDC UPDATE: THE CDC HAS UPDATED/CHANGED THE POST EXPOSURE TESTING TIME FRAME FOR VACCINATED, “*CLOSE CONTACT*” INDIVIDUALS FROM 3-5 DAYS TO NOW 5 - 7 DAYS.

Department of Public Health Centers provide FREE Testing Weekdays **Please call the center closest to you for further information/ times**

State Service Center Henrietta Johnson 601 New Castle Ave Wilmington, DE 19801 (*Wed 9am-Noon, 5-7pm; Thurs 1 - 7pm, Saturday 11am -2pm*)

State Service Center Northeast 1624 Jessup Street, Wilmington, DE (*M-F 8:30am-Noon, 1-4pm*)

State Service Center De La Warr 500 Rogers Road, New Castle, DE (*M-F 8:30am-Noon, 1-4pm*)

State Service Center Claymont 3301 Green Street, Claymont, DE (*M-F 8:30am-Noon, 1-4pm*)

State Service Center Smyrna 200 South DuPont Blvd, Smyrna, DE (*Call for times*)

State Service Center Hudson 501 Ogletown Road, Newark, DE (*Call for times*)

State Service Center Porter 509 West 8th St 2nd Floor, Wilmington, DE (*Call for times*)

State Service Center Oxford University Plaza 256 Chapman Road Newark, DE (*M-Tr 8:30-11:30am, 1:15-4:00pm*)

State Service Center Canby Park 1946 Maryland Ave, Wilmington, DE (Elizabeth Shopping Mall / Formerly Canby Shopping Center) (*M&W 8-11:30am, 1:15 - 4:00pm T&TR 11:00am – 7:00pm*)

FREE COVID -19 TESTING SITES OFFERING RAPID ANTIGEN AND PCR TESTS on a Fixed Schedule Mon-Sun (7-days a week)

910 South Chapel Street Newark, DE 9:00am - 8:00pm

11657 Elkton Road Elkton, MD 8:00am -7:00pm

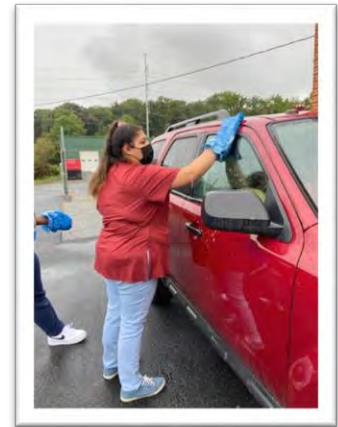
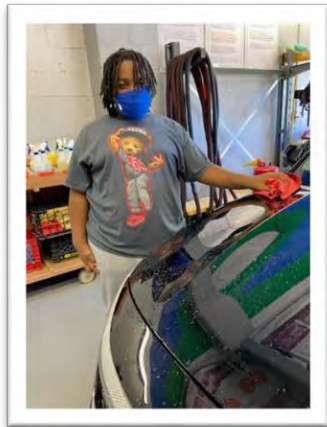
721 Philadelphia Pike, Wilmington, DE 9:00am – 8:00pm

Other sites including Pharmacies / Urgent Care Centers (most are free but some may incur a fee), please visit:

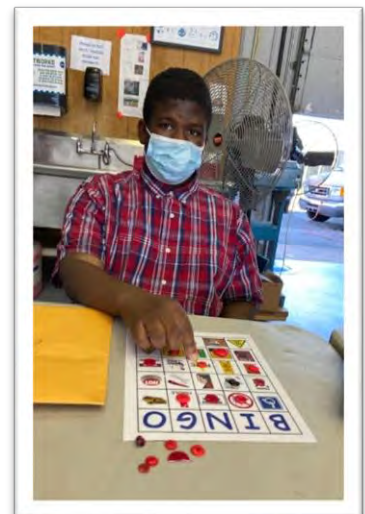
<https://coronavirus.delaware.gov/testing/> or <https://delaware.curativeinc.com/> for more information in English and Spanish. (Curative sites are always free.) If you have additional questions re: testing, length of time for results, etc., please contact Nurse Michelle @ 302-454-2233 or by email at: Michelle.gayeski@christina.k12.de.us

AUTOworks

The weather has been great outside. Students have been enjoying using the skills they learned to wash our customer's cars.

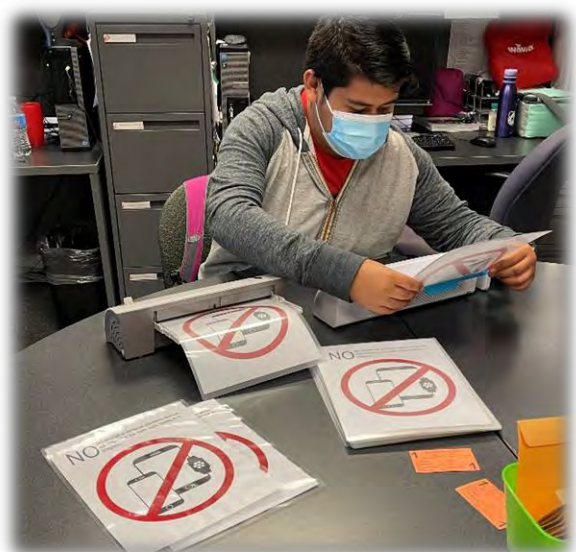


The students have been learning about safety signs. They are identifying shapes and colors of different signs by playing bingo. They learned that safety signs warn them of potential danger and provide information on how to stay safe.



COPYworks News

Christina School District orders have been keeping us busy this month! We are copying and binding workbooks and also laminating testing signs. In our lessons we have discussed “Signs around us” (safety, community, workplace, etc.) and “Getting Around” (directions, using a GPS, planning a trip and more).





ETCHworks Works in the Community

One morning a week, the students in ETCHworks help at Klondike Kates.

The students work to get the restaurant ready to open up for customers.

Some of the tasks that we perform include taking chairs down from the tables, sanitizing tables and chairs and rolling silverware. We love that we are able to be back in the community!!



FABRICworks

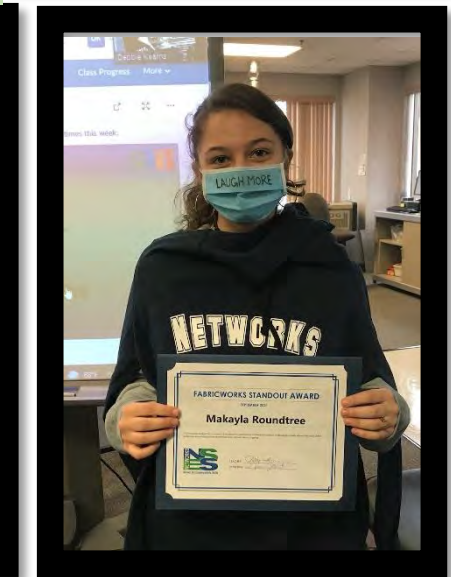


In FABRICworks, we're not just busy inside the Networks building, we venture out as well.

We have students delivering an order to one of our CSD elementary schools. Students get the opportunity to interact with customers and practice their customer service skills.

We also have students working in the community. JoAnn Fabrics is partnering with us to give our students the opportunity to experience what it is like to work in a retail setting. Students are front facing shelves and using a handheld device to track inventory and stock it in the appropriate place.

*****Please note our September Stand Out Student, Mikayla!**



FLORALworks

FLORALworks students have been busy in October!

We have been visiting Richardson's Floral Center for community training. We are working on identifying flowers and leaves needing to be removed from plants.



We have once again begun our online flower and fruit basket orders through the ordering website *Bloomnet.net*. If you or any of your family members or friends are looking to order items for that special occasion, please keep us in mind!! You can either place your order by calling Networks @ 302-454-2233 or by using the Bloomnet.net website. Students have been happy to deliver items to customers throughout Northern New Castle County (areas above the C&D Canal)!



bloomnet[™]
#betterwithbloomnet

Our FLORALworks students showing professional dress in October!

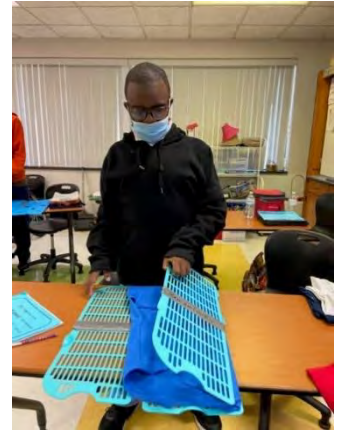


Our Standout Student for the month of September was Joshua Grieten! Joshua has been a mentor to new students and a role model to all in our area! Congratulation Joshua!



MERCHANTworks

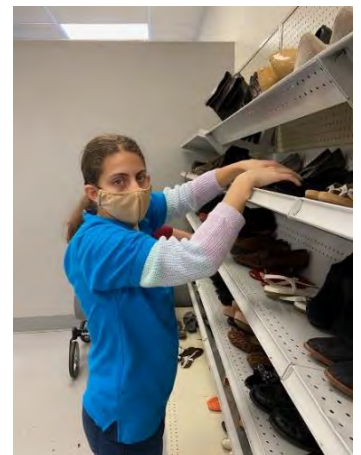
The students are quite busy with learning the value of money, tagging clothes and using the Perfect Fold to fold our shirts neatly. Also, we have been working at our community sites, Surburban Plaza Walgreens and Newark Goodwill.



WALGREENS



GOODWILL

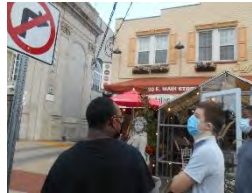
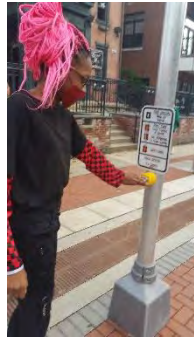


MUNCHworks

Our impromptu field lesson to the Aetna Hose, Hook & Ladder Fire Station in Newark

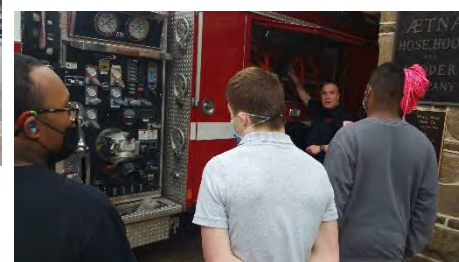
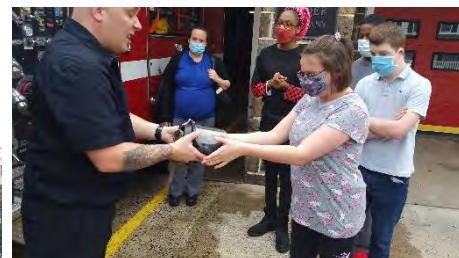
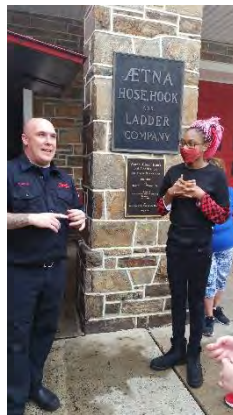


We arrived earlier than expected on the second day at our job training worksite, Café Gelato, and decided to walk around Main Street to look at the various safety and warning signs.



This *Fire Station* sign prompted questions about what the sign means, where and how far away is the fire station located and why the sign is yellow indicating caution or slow down.

We walked down Academy Street to see if we could get some answers to our questions. There we met Dean and Dillon who welcomed us and showed us a few things about the fire station.



Thank you Dean and Dillon!

TEAMworks

This month TEAMworks resumed working at our community work site “Old Navy”. The students had a great time learning how to dress mannequins and tag stock for sale on the sales floor.



Students dressing their mannequins



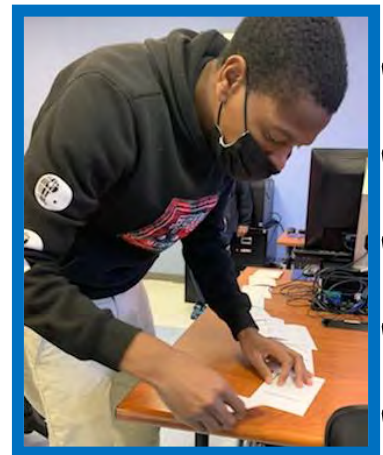
Students hard at work prepping and folding stock





TECHworks

Our students are learning more about the internal components of a CPU (Central Processing Unit), better known as the tower and the keyboard.

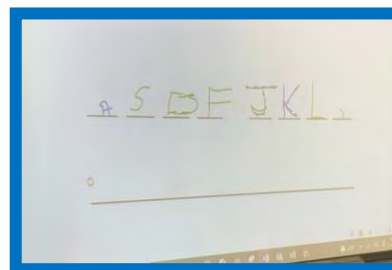


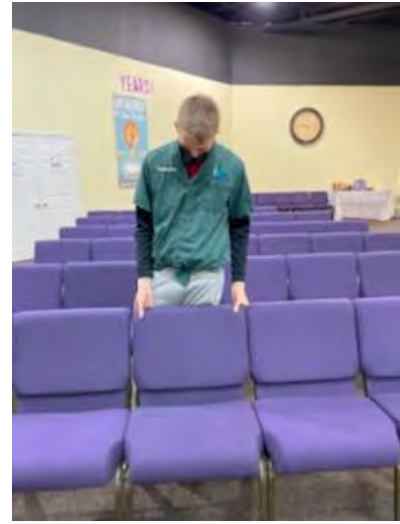
Other activities included learning about the Home Row keys – **ASDF JKL**; Here students had to place those letters in order.

Please remind your student to call in when absent - 302-454-2233.

Thank you,

Mrs. Lokey and Mrs. Norman





TRADEworks

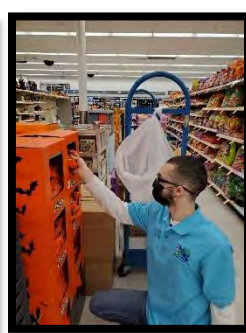
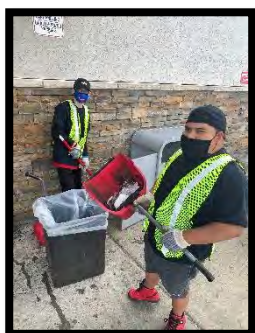
It has been a very busy month for the students and staff in TRADEworks. We hit the ground running, cleaning area vocational sites such as Special Olympics, CTL, Anytime Fitness, New Elizabeth and St. Thomas Churches. Our students are learning many new tasks and valuable skills and are doing an amazing job. We could not be more proud of each student. The photos of our team speaks volumes of their successes!



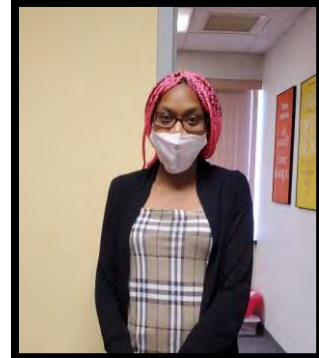
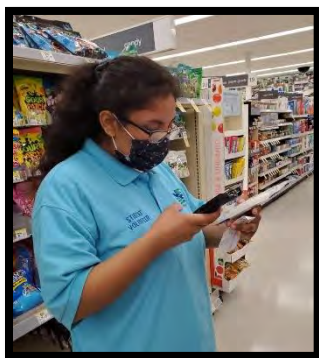


Cooperative Education

CO-OP students trialed a new site with Goodwill and Delaware Department of Transportation, a project that helps clean the roadways known as the Litter Abatement Project. Students were given vests, pickers, gloves and bags to practice picking up litter outside of Goodwill on Lea Blvd.



It has been great getting back into the community. Here are just a few pictures of our students gaining experience at a few locations: Walgreens, Wawa, Newark Natural Foods and Main Event.



Congratulations to Darron Jones, Angelica Pantoja, Nia White and Jane'a Wright for interviewing and being selected by Service Source for a paid internship at Walgreens. Angelica and Jane'a started at the end of October. Darron and Nia will start at the end of November!

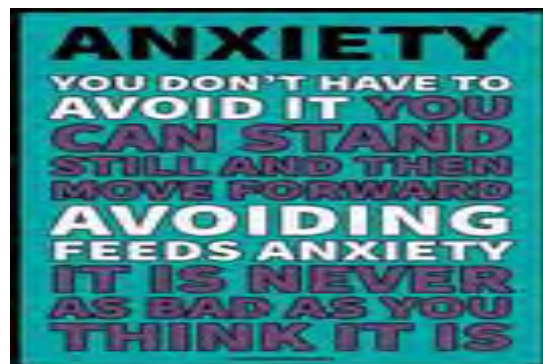
Counselor's Corner

Dealing with Anxiety?

That is NOT weird! 25% of students deal with anxiety at some point. You WILL get through this! It's OK to ask for help!

Following are some anxiety reducers:

1. Exercise
2. Spend time with friends
3. Write in a journal
4. Take some deep breaths
5. Practice positive self-talk



If you find you are experiencing an anxiety moment, following are some calming techniques:

1. Stop and Think
2. Ask yourself: How does my body feel right now?
3. Try: Taking deep breaths

Taking a walk

Listening to music

Counting down from 10 slowly

Taking some alone time

Grounding Techniques/Exercises:

What is grounding?

Grounding is a coping strategy that is designed to "ground" you in, or immediately connect you with, the present moment. Grounding techniques are often used as a way of coping and managing times when you are feeling anxious. Grounding techniques often use the five senses—sound, touch, smell, taste, and sight—to immediately connect you with the here and now.



Please place your order by
Tuesday, November 16, for Delivery or Pick Up on
Thursday, November 18 or Friday, November 19, 2021
Phone 303-454-2233 FAX 302-454-5446



Pumpkin Cream Cheese Roll



Jewish Apple Cake

Customer Information:

Name: _____
Address: _____
Daytime Phone: _____ E-mail: _____

Order Information:	Price	Qty.	Total
Pumpkin Cream Cheese Roll	\$10.00		
Jewish Apple Cake	\$12.00		

Select:	Price	Total
Delivery	\$3.00	
Pick Up	No Fee	

Order Total + Delivery Total: \$ _____

*Pick Up or Delivery Date Preference: (**please circle one**) Thursday, Nov. 18 or Friday, Nov. 19, 2021*
Please indicate pick up time: a.m. or p.m.

Recipient Information (if different from above):

Name: _____
Location: _____
Phone Number: _____ E-mail: _____

Payment Information:

Cash _____ Check (payable to Networks) _____

Thank you for supporting our students!

FLORALWORKS

THANKSGIVING SPECIALS

Phone: 302-454-2028

E-mail: barbara.lomas@christina.k12.de.us

All orders must be placed by Monday, November 8th, 2021.

Orders can be picked up on Thursday, November 18th, Friday November 19th or Monday November 22nd.
Orders can also be delivered on Thursday, November 18th and Friday November 19th, 2021

Delivery Fee = \$3.00 District, \$5.00 Local, \$7.00 Wilmington



Pumpkin Patch
\$22



Autumn Celebrations
\$25



Tiny Treasures
\$16

FLORALworks

30 Blue Hen Drive, Newark, DE 19713

302-454-2233

Sorry, credit cards are **NOT** accepted at this time.

Cash and Checks made out to Networks are welcome!

Flower type and colors may vary

E-mail barbara.lomas@christina.k12.de.us with your order. Don't forget a card message.

CHRISTINA
SCHOOL DISTRICT

