

**CHRISTINA
SCHOOL DISTRICT**
Networks Program
30 Blue Hen Drive
Newark, DE 19713
(302) 454-2233

Networks News

December 2019

This past month the Employee Recognition Awards were held at DSD for the Christina School District. We celebrated employees who have been chosen as the 2019-2020 Teacher of the Year for each of the schools, Nurse of the Year and Employee Champion of the year! Networks was lucky enough to have Mr. Curtis Ball and Mrs. Barbie Lomas recognized as Teachers of the Year as well as Mrs. Patty Mast recognized for Employee Champion for Child Nutrition!



Mr. Ball



Mrs. Mast



Mrs. Lomas

Enterprise Standout Awards for November were:

Autoworks: **Sterling Johnson**

Copyworks: **Joshua Grieten**

Etchworks: **Nickolas Glanden**

Fabricworks: **Kierah Webster**

Floralworks: **Harrison Dunnum**

Merchantworks: **Ernest Williams**

Munchworks: **Andrew Davis**

Teamworks: **Darron Jones**

Tradeworks: **Nickolas Glanden**

Congratulations

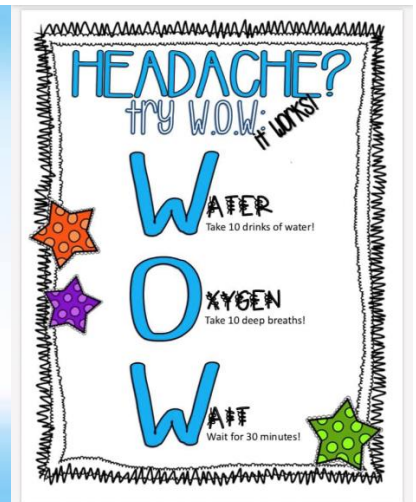
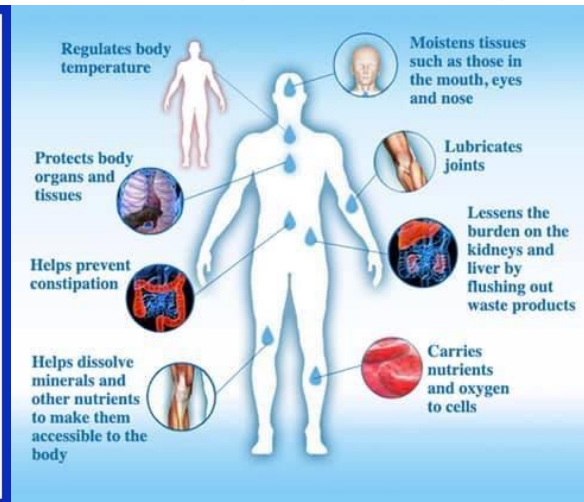


From the Nurse's Office



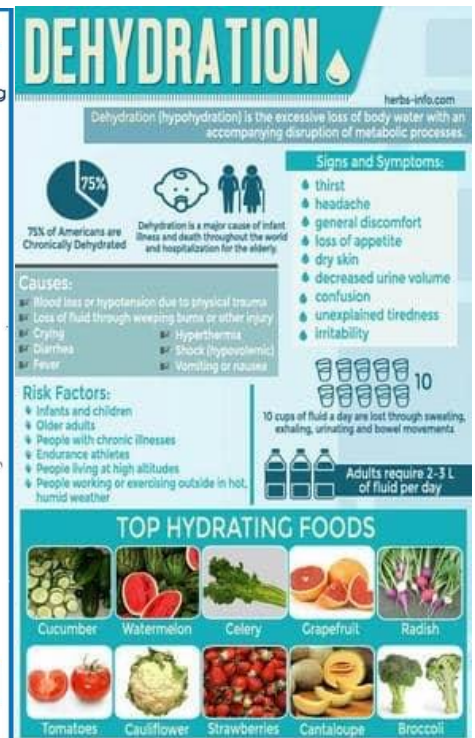
WATER, WATER Everywhere & There ARE Drops to Drink

Many of us have heard the old saying that there is no water available to drink. However, we are fortunate enough to live in an area where we do have water available to drink but many of us do not drink the recommended amount of water daily for a variety of reasons. Please take a few minutes to review the benefits of drinking water and staying hydrated.



Advantages of Drinking Water

1. Keeps skin clear by pushing toxins out of the body
2. Promotes weight loss by boosting your metabolism
3. Boosts energy by restoring vital nutrients within your muscles
4. Relieves constipation by improving digestive health
5. Relieves headaches by hydrating the body





From the Nurse's Office



As we get closer to cold and flu season, I felt it was important to quickly review some information to help you make the “RIGHT” decision when trying to decide what to do in regards to keeping your son / daughter at home OR sending them back to school.

IS IT A COLD OR FLU ?		
Signs and Symptoms	Cold	Flu
Symptom onset	Gradual	Abrupt
Fever	Rare	Usual
Aches	Slight	Usual
Chills	Uncommon	Fairly common
Fatigue, weakness	Sometimes	Usual
Sneezing	Common	Sometimes
Stuffy nose	Common	Sometimes
Sore throat	Common	Sometimes
Chest discomfort, cough	Mild to moderate	Common
Headache	Rare	Common

#FIGHT FLU

I need to **STAY HOME** if...

I have a fever . Temperature of 100.F or above	I am vomiting within the past 24hrs.	I have diarrhea within the past 24hrs.	I have a rash with itching or fever	I have live head lice .	I have an eye infection . Redness, itching, or pus drainage from eye.	I have bad cough and/or feel too sick to function at school.	I have been in the hospital . Confined in the hospital or ER visit.

I am ready to go back to school when I am...

Fever free without medication for 24 hrs.	Free from vomiting for 24 hrs.	Free from diarrhea for 24 hrs.	Free from rash, itching or fever. I have been evaluated by doctor.	Treated with appropriate lice medication at home	Free from discharge and evaluated by doctor.	Symptoms of bad cold (sneezing and coughing, are gone.	Released by healthcare provider to return to school.
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If your child has strep throat or another bacterial infection, he/she should stay home until the antibiotic has been given for at least 24 hours before returning to school and your healthcare provider has given permission. We encourage you to seek medical attention when your child is sick to follow your healthcare provider's recommendations about returning to school and other activities

Vision to Learn Re-visit

Vision to Learn will be back for their final visit on Monday, December 9th to complete exams by a licensed eye doctor. If a permission, form has been completed but if your son or daughter did not receive their exam earlier this school year, exams will be completed this day. Please make all attempts to have your child attend school this day. For students who only attend Networks on Wednesday and Thursday, we are working with their homeschool to assure they come to Networks in the AM on MONDAY, DECEMBER 9th to get their exams completed before returning for the remainder of their classes this day. If you have been contacted previously about this opportunity, **it is not to late to have your son/daughter participate**. Simply give Nurse Michelle a call for a new form.

Counselors' Corner

Continuing our information segments on disability awareness, this month we will talk about intellectual disabilities.



What Is an Intellectual Disability? Intellectual disability (or ID) is a term used when a person has certain limitations in cognitive functioning and skills, including communication, social and self-care skills. These limitations can cause a child to develop and learn more slowly or differently than a typically developing child. Intellectual disability can happen any time before a child turns 18 years old, even before birth. An Intellectual disability is the most common developmental disability.

According to the American Association of Intellectual and Developmental Disabilities, an individual has intellectual disability if he or she meets three criteria:

1. IQ is below 70-75
2. There are significant limitations in two or more adaptive areas (skills that are needed to live, work, and play in the community, such as communication or self-care)
3. The condition manifests itself before the age of 18



How Does an Intellectual Disability Happen? Intellectual disability – formerly known as mental retardation – can be caused by injury, disease, or a problem in the brain. For many children, the cause of their intellectual disability is unknown. Some causes of intellectual disability—such as Down syndrome, Fetal Alcohol Syndrome, Fragile X syndrome, birth defects, and infections—can happen before birth. Some happen while a baby is being born or soon after birth. Other causes of intellectual disability do not occur until a child is older; these might include severe head injury, infections or stroke.

We know that intellectual disability is not contagious: you can't catch an intellectual disability from anyone else. We also know it's not a type of mental illness, like depression. There are no cures for intellectual disability. However, children with intellectual disabilities can learn to do many things. They may just need take more time or learn differently than other children.

How Common Are Intellectual Disabilities? Approximately 6.5 million people in the United States have an intellectual disability. Approximately 1 – 3 percent of the global population has an intellectual disability—as many as 200 million people.

Intellectual disability is significantly more common in low-income countries—16.41 in every 1,000 people. Disabilities overall are more common in low-income countries.

The United Nations Development Program estimates that 80 percent of all people with disabilities live in low-income countries. While people with disabilities represent approximately one in 10 people worldwide, they are one in every five of the world's poorest people.

AUTOWORKS

AUTOworks students competed in the Junior Achievement Get Set Competition at the JA campus in Wilmington. Students did a great job showing off their job skills and representing the Networks program.



BRENNENWorks

As the weather turns colder, things are really getting busy in BRENNENWorks. While we continue to go out to our community vocational sites at Kirkwood Library, Mid-Atlantic Ballet and Pet Kare, we have really started ramping up our jobs at Gallaher Elementary. The fabulous staff there have made us feel very welcome and provided our students with many introductory food service activities.



Additionally, we have begun our own “enterprise” work. Our students are learning how to digitize slides and photos. While only in the beginning stages, our students are learning how to frame photos, sequence, and digitize slides. This is only a beginning skill, we are now offering this service to the community. This is a student provided job, rates remain very low. If interested, please contact the school office.



COPYworks News

Making a Good Impression

Essential Questions:

How do you make a good impression?

- "Say Hello"
- "Look professional"
- "Be neat and clean"
- "Not have wrinkled clothes"
- "Use GNAP"
- "Take a shower before an interview"
- "Don't look bored"
- "Put your phone away"

How long does it take to make a first impression?

- 3 seconds!!!

Students have been learning about making a good first impression. Many students showed us how good their first impression might be by wearing professional dress!





ETCHworks

Every Wednesday morning, ETCHworks goes to Klondike Kates for their Co-op experience. We arrive before the restaurant opens to help set the restaurant up for opening. Our first job is to take down all of the chairs and clean both the tables and the chairs. We also get down all of the condiment trays so that they can be cleaned and refilled with ketchup, mustard, salt, pepper and sugar. When these jobs are completed, all of the condiment trays are placed on the tables with rolled silverware.



FABRICworks

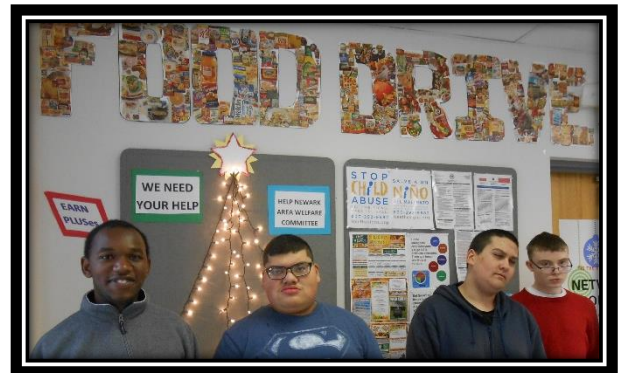
FABRICworks has started preparation for the Annual Networks Food Drive. We had our first food drive in 2008, so that makes this the 11th year! Time flies when you're helping out the community. This year we will have our donations on display in the café and try to build a holiday tree.

Originally, the items were donated to the Food Bank of Delaware. Now, Networks donates the items to the Newark Area Welfare Committee. One of their members approached Networks and asked for our help and we obliged.

One of their members, Polly Sierer (former Newark mayor), came to explain where the donations would go. Students learned that there might be people very close to us that need our help.

We are also incredibly busy with production in the area, but it also feels great to help out our community.

Please consider making a donation.



FLORALworks?

FLORALworks has been busy getting ready for Thanksgiving orders!!



We have also been learning about clothing care.



Miracle Dennis was FLORALworks stand out student of the month!!



FLORALworks is still making arrangements for special occasions. Call 302-454-2028 or email barbara.lomas@christina.k12.de.us for any and all of your floral/gift needs!

MERCHANTworks

During the month of November, MERCHANTworks and students from other enterprise areas traveled to the Chase Center on the Riverfront for an all-day immersion into the “Hospitality and Tourism” career cluster currently being covered in our Networks curriculum. During the day-long event, students were given demonstrations of the various jobs within the Chase Center by managers and workers in each career field.



For the maintenance and custodial work at the Center, students were shown a ride on vacuum cleaner, back-pack vacuum cleaners and buffers that were used to quickly and thoroughly prepare the various parts of the facility for its events. Afterwards the students had head-to-head races to vacuum up equal length baking powder that was placed by staff on the carpets.

For the banquet hall set-up, students were shown how to stack chairs using specially made hand trucks then had hands on practice setting up and attaching chairs into rows and around tables. They practiced setting up tablecloths and arranging chairs correctly from a model used. Students also participated in silverware polishing and wrapping for future events planned for the center.



The students then got to see the very elaborate and high-tech security office that had cameras that could look all the way to the Delaware Memorial Bridge and surrounding areas. The students then saw the main office where all departments are located that manage the entire Chase Center

Throughout the experience managers, employees and team-leaders talked about the duties of the jobs on a daily basis, meeting timelines, the emphasis on dependability and ability to work hard among many other parts of the jobs that were important for our students to be exposed to. Students will be interviewed on the field lesson about Hospitality and Tourism.

MUNCHworks at the Delaware State Waste Authority in New Castle, Delaware



MUNCHworks, along with TRADEworks and FLORALworks, had the pleasure of touring the DSWA (Delaware Solid Waste Authority) in New Castle. DSWA operates 3 landfills using innovative technology to provide a reliable disposal method for trash while protecting groundwater resources and preventing odors.

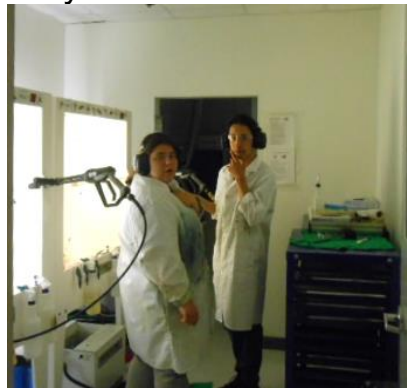
The purpose of the field lesson was to help us understand how the recycling process. We also learned some really cool fun facts such as:

- all recycling across the state of Delaware comes to the Delaware Recycling Center in New Castle
- after recycling, an aluminum can is usually re-purposed within 60 days
- once properly sorted, and cleaned, water bottles can be turned into carpet
- about 80% of what Americans throw away can be recycled yet only 28% makes it inside of the recycling bin.



TEAMworks

This month in TEAMworks, we are implementing our safety procedures. We wear lab coats to protect our clothing. When we work with chemicals, we add safety glasses and gloves. In the dark room, we add headphones to protect our ears from the noise. This month, we also started our new community work site, Old Navy.

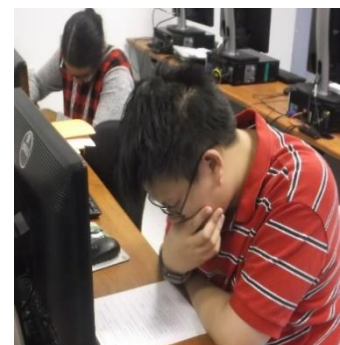
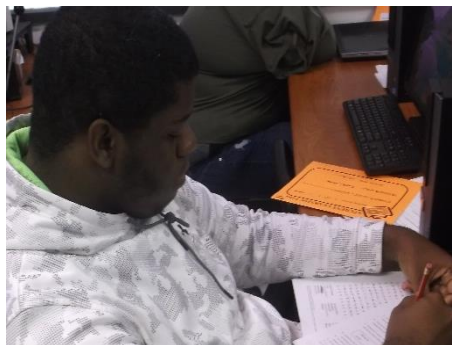




TECHworks



This November, our students have been steadily increasing their typing skills. All students have seen an increase in their words per minute (WPM) and their dexterity. The students have been introduced to the next Career Cluster of Hospitality and Tourism. Our students are being exposed to the various attainable jobs that are available to them not only now, but upon graduation. The students were able to attend our Fall Dance, which helped to kick off The Networks Annual Food Drive. Admission to the dance was only one Canned Food item. Lastly, the students were able to attend a presentation from the former Newark Mayor Polly Sierer, about the mission of the Newark Area Welfare Committee.





TRADEworks Field Lessons



TRADEworks had 2 field lessons this month!

First, the TRADEworks, FLORALworks and MUNCHworks class visited the Delaware Recycling Center.

The students learned all about recycling! First, each student was given an item to place into 1 of 3 categories: recycling, compost or trash. It was difficult at times deciding the proper disposal of everyday household items. Next, we visited the activity center, where they were able to separate items coming down the conveyor belt into various bins and learned about recycling through various games. Finally, they toured the plant and its operations.



Later in the month, TRADEworks visited the Ronald McDonald House. This is the site which houses 50 hotel style rooms which temporarily house families of children having treatment at the Al DuPont Hospital. We learned there are Ronald McDonald houses all over the world, but only 1 in Delaware. They provide home cooked meals for the families, offer activities for the siblings and host movie nights to entertain the family members, amongst many other activities. What a wonderful organization!

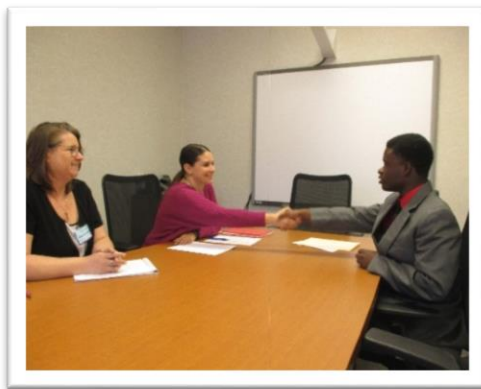


Co-Op Department



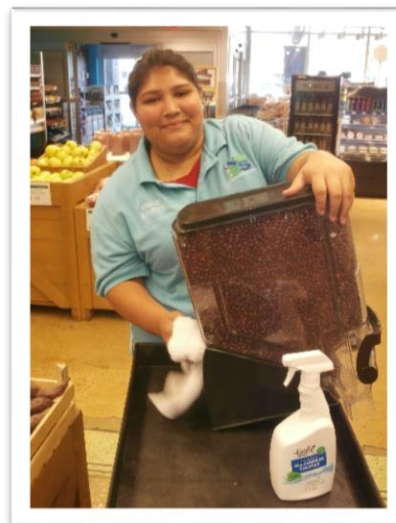
Kenny Tran successfully completed a four-week paid internship at Marshalls. Kenny was offered a part time job at Marshall's upon completion of the internship. He is currently working 4 days a week.

Ernest Williams has started a 4 week paid internship at HomeSense. He did very well during the interview with Service Source. Ernest is working in the warehouse at HomeSense assembling lamps and preparing merchandise for the show room.



Students from the GOODWorks training program are out working in the Fox Run store earning a paycheck.

Co-op has returned to Newark Natural Foods where students are cleaning bulk bins and assisting in the store.



Cafeteria Corner December 2019



Holiday Madness

The holidays can be a hectic time of year. Don't let the craziness keep you from your health goals. Keep these tips in mind for a truly happy holiday.

- *When hosting or attending a party, bring a healthy dish like veggies and dip. There will be plenty of others bringing cookies, cakes, and other treats.
- *Instead of toys as presents, consider buying tickets to an active event the whole family can enjoy.
- *Everything in moderation. Limit yourself to a small treat every day.
- *Remember what really matters. The holidays are a time to be with the ones you love, so spend time with them and out of the kitchen.



"SNOW-DAY!!"

When the kids are home from school, take time as a family to play. Whether you're out in the snow, or warming up inside, there are tons of fun ways to stay active on a snow day!

- *Build a snowman that looks like each member of the family.
- *Take a walk in the snow.
- *Create the world's best snow fort, complete with a secret stash of snow balls.
- *Go sledding on a hill near your house.
- *Set up an obstacle course for the whole family to go through.
- *Throw a dance party inside.



Snow Day **Apple Sandwich**

Ingredients
<ul style="list-style-type: none">• 1 Apple• 1 T Peanut or Almond Butter• ½ T Chocolate Chips• 1 T Granola, low-fat
Directions
<ul style="list-style-type: none">• Core apple and slice crosswise into 1 inch-thick slices.• Spread one side of apple slice with nut butter• Sprinkle chocolate chops and granola on top of the nut butter.• Place second apple slice on top, making a sandwich.

FALL DANCE

The Fall Dance provides an opportunity for the students to socialize with peers. Hot dogs, snacks and refreshments were provided. The students were asked to bring in a canned good as a donation towards our food drive that ends December 18th. Lots of smiles, laughter and fun times were evident by all!



SAVE THE DATE

for

NETWORKS



Handcrafted gifts



for the

HOLIDAYS



★ Rockwood Mansion

Dec. 6th & 7th 5:00pm-9:00pm

★ Networks Extended Hours

Dec. 11th & 12th 2:30pm-7:00pm

FLORALWORKS HOLIDAY SPECIALS

Phone: 302-454-2028
E-mail: barbara.lomas@christina.k12.de.us



Season's Greetings
\$20..00



Christmas Cheer
\$30.00
Refill last year's container \$20.00*



Festival of Lights
\$25.00

All orders must be received by Friday, December 13, 2016
Orders will be delivered December 18th & 19th.
DELIVERY = \$3.00 District \$5.00 Local \$7.00 Wilmington

Come see what Networks has to offer!

Extended Hours Gift Shop is **Wednesday and Thursday Dec. 11th & 12th**

Open 2:30 to 7:00pm

30 Blue Hen Drive Newark, DE 19713

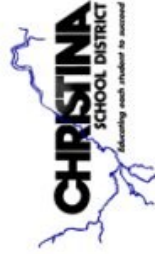
Come see us at Rockwood Park Dec. 6th & 7th 5PM-9PM

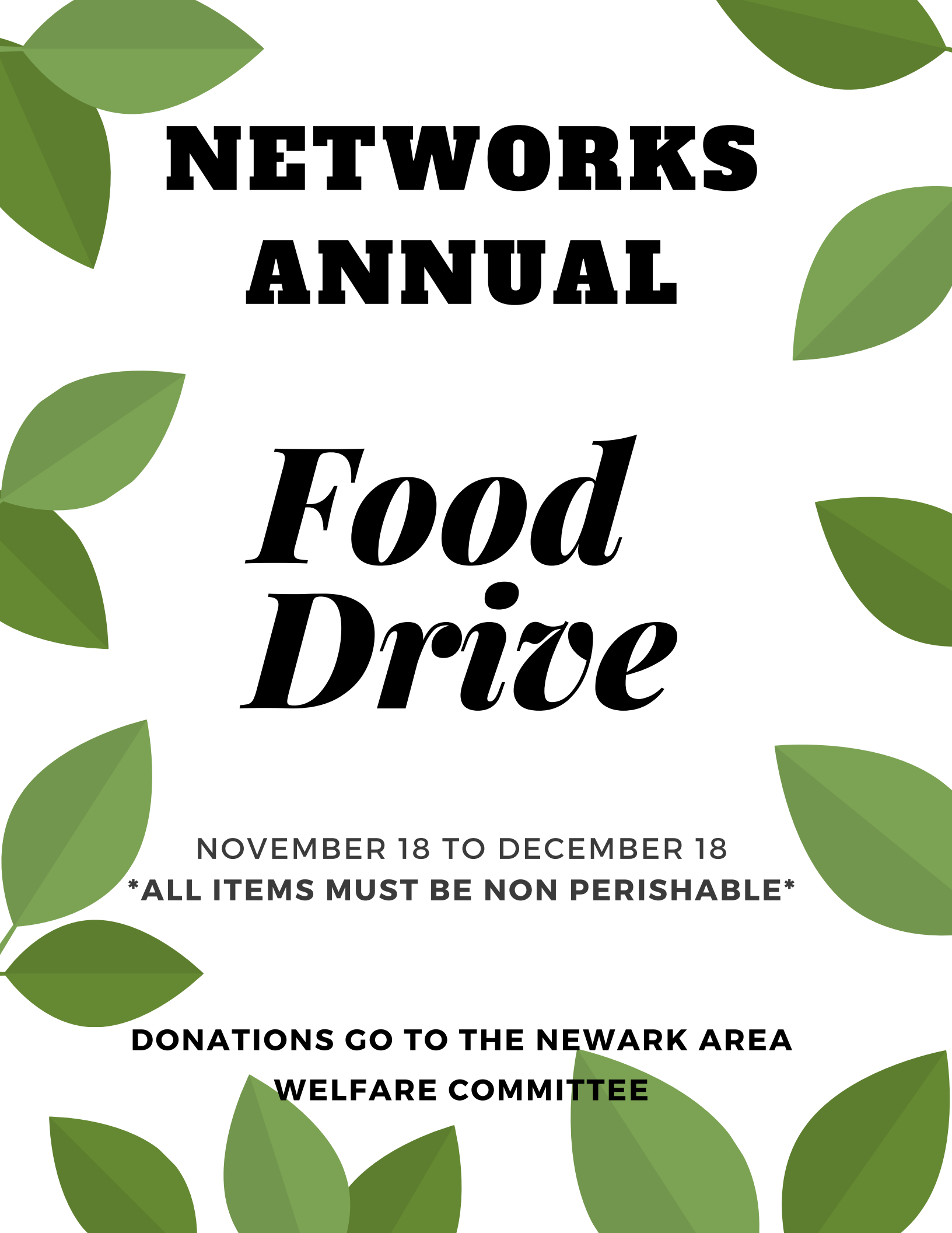
Call 302-454-2233 for more details.

container color or design may vary

www.floralworks.org

Thanks for YOUR support!



The background of the entire poster is decorated with several stylized green leaves of varying shades and sizes, scattered around the text.

NETWORKS ANNUAL

Food Drive

NOVEMBER 18 TO DECEMBER 18









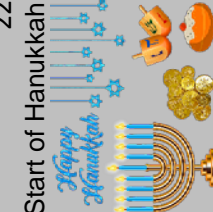



ALL ITEMS MUST BE NON PERISHABLE

**DONATIONS GO TO THE NEWARK AREA
WELFARE COMMITTEE**









December 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6 Rockwood Holiday Shop 5:00 – 9:00pm 	7 Rockwood Holiday Shop 5:00 – 9:00pm 
8	9 Vision to Learn Exam Revisit Day 	10	11 Extended Hours Holiday Shop 2:30 - 7:00pm 	12 Extended Hours Holiday Shop 2:30 - 7:00pm 	13	14
15	16	17	18 Professional Dress Day Food Drive Ends 	19 Professional Dress Day 	20 Winterfest 	21
22 Start of Hanukkah 	23 Winter Holiday Schools & Offices Closed	24 Winter Holiday Schools & Offices Closed	25 Winter Holiday Schools & Offices Closed 	26 Winter Holiday Schools Closed 	27 Winter Holiday Schools Closed	28
29	30 Winter Holiday Schools Closed	31 Winter Holiday Schools & Offices Closed	1 Winter Holiday Schools & Offices Closed 	2 School Restarts	3	4



January 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2 School Restarts 	3	4
5	6	7	8	9	10	11
12	13	14	15 Professional Dress Day 	16 Professional Dress Day 	17	18
19	20 Schools & Offices Closed 	21	22	23 ½ Day Early Dismissal	24 Grading & PD Day Schools Closed 	25
26	27	28	29	30  * PBS Event # 2 Skating	31	1

* Students need to have good attendance, no referrals, and 60 pluses to attend the event.