

# Networks News

Volume 6, Issue 4

February 2020

## Principal's Notes:

It is hard to believe we are already in the third marking period. The weather has been kind to us, so far. Let us hope the trend continues.

Last week several students participated in the 2<sup>nd</sup> quarter's PBS event – Roller-skating.



For the 3<sup>rd</sup> marking period, students can earn the opportunity to go to the Wilmington Amusement Center on March 24<sup>th</sup>.

Students would need the following to go on the PBS trip:

- 60 PLUSes
- Students have to have passing grades
- Good attendance (defined as no more than 1 unexcused absence within the marking period)
- No Behavior referrals.



# INTERNET SAFETY TIPS

## FOR PARENTS AND GUARDIANS

BEAU BIDEN



FOUNDATION



**92%** of teens report going **online daily**.<sup>1</sup>

The Internet and electronic devices can be useful tools for children's education and communication, but it is important to help children understand and respond to online risks.

- 1. Talk with your children about online safety** before giving access to devices and the Internet. Continue the discussion as your children grow older. Engage in honest conversations with your child about topics like sexting and grooming – what is appropriate and inappropriate, what to do if revealing photos of them are shared, and not to ask for or forward pictures of others.
- 2. Set rules for device usage and explain the reasons.** For example, explain to children why they should not share private information such as address, phone number, and school information. Consider signing an Electronic Device Agreement with your children.
- 3. Be aware of account settings and device settings.** Teach children to keep profiles private and to turn off location settings on social apps. Help them set strong passwords, remind them to update passwords regularly, and tell them to never share their own passwords or ask for others' passwords. For young children, use your name and email address when signing up for games and services. Check settings regularly.
- 4. Know the websites and apps your children may use.** Computers, tablets, cell phones, gaming systems, and televisions can be used in ways that parents may not understand. Ask children to show you how they use apps and platforms and take time to learn about them. Recognize that children may have multiple accounts on a platform - be sure to review all of them. Set restrictions on websites and apps.
- 5. Set rules for connecting** through social media, texting, instant messaging, emailing, online gaming, and using webcams. Review your children's activity with them on a regular basis.
- 6. Teach children about good digital citizenship.** Teach not to send mean messages or ask for inappropriate photos from others and to respect everyone's boundaries both offline and online. Remember that children look up to adults, so model good digital citizenship as well.
- 7. Give children tools to stand up to cyberbullying.** Talk about how to support anyone being bullied by not joining in and being a good friend. Help your child think of other trusted adults they can go to for help when you are not there. Report cyberbullying or potential online enticement to the appropriate website or app, cell phone provider, law enforcement, or [www.cybertipline.org](http://www.cybertipline.org). Teach children how they can report as well.
- 8. Know the warning signs.** A child experiencing online enticement may spend increasing time online, grow upset when not able to use their device, take extra steps to hide what they are doing online, or receive gifts from people you do not know.
- 9. Do not only "pull the plug" to try to solve a problem.** Continue to talk to your children about safety risks and respecting others online. There are times when suspending usage is in the best interest of the child or teen.
- 10. Collaborate!** Work with your parent-teacher organization to review your school's Internet safety and cyberbullying policies and to raise awareness. Ensure school and youth-serving organization policies state that staff should not communicate privately with children.

### TERMS TO KNOW

**GROOMING:** the process of building a connection with a child, family, or community to lower their inhibitions with the objective of sexual abuse. On the Internet, this may look like **online enticement**. This could be someone engaging a child in sexual conversation, asking them for images or sending images, pretending to be younger, offering incentives or blackmailing them for explicit content.

**SEXTING:** the sharing of nude or sexual pictures, videos, and language through text or other platforms.

**CYBERBULLYING:** the use of technology to bully someone. It can range from mean comments to sharing embarrassing photos to posting fight videos. Like other forms of bullying, it involves the person doing the bullying, the person experiencing the bullying, and bystanders.

(Adapted from The National Center for Missing and Exploited Children)

## START A CONVERSATION

What do you like to do on the Internet?

What do you think about before sharing online?

Have you ever felt uncomfortable or unsafe while online?

What would you do if you witnessed cyberbullying?

What kind of people do you interact with and follow online?

Can you show me how to play that game?

What would you do if a stranger approached you or a friend online?

## RESPOND WITH SUPPORT AND UNDERSTANDING



Children may be hesitant to share online victimization with an adult because they feel ashamed or guilty, are afraid of getting into trouble or having their device taken away, or may not realize that someone is abusing them. Let your children know they can come to you with questions or concerns. If they come to you with any alarming issues, respond calmly, listen attentively, tell them it's not their fault, answer questions, and help them report it if necessary.

- » **Thank you for telling me.**
- » **I believe you.**
- » **I'm sorry that happened to you.**
- » **You are not alone.**
- » **How can I support you?**

## INTERNET SAFETY RESOURCES AND TRAINING

Most social media platforms include help centers to assist with adjusting settings and reporting inappropriate content. For links to these, our example Electronic Device Agreement, and other Internet safety resources, visit [www.BeauBidenFoundation.org/resources](http://www.BeauBidenFoundation.org/resources).

To bring an Internet Safety training to your school or organization, please contact us at [www.BeauBidenFoundation.org/contact](http://www.BeauBidenFoundation.org/contact).

<sup>1</sup> Lenhart, A. (2015). Teens, Social Media & Technology Overview 2015 | Pew Research Center. Retrieved from <http://www.pewinternet.org/2015/04/09/mobile-access-shifts-social-media-use-and-other-online-activities>

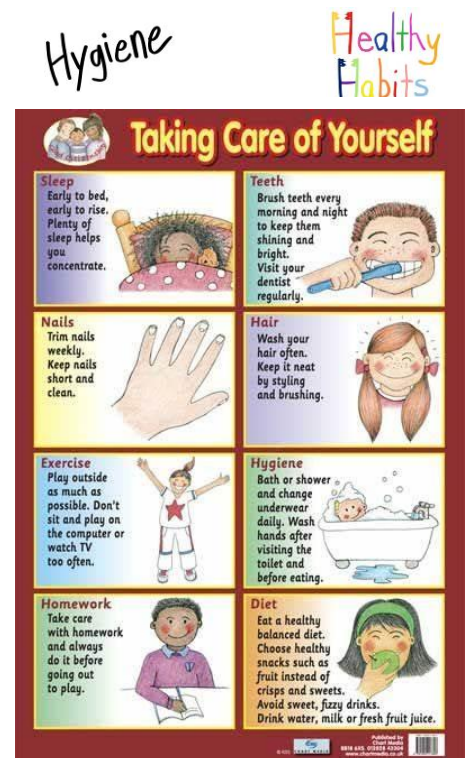
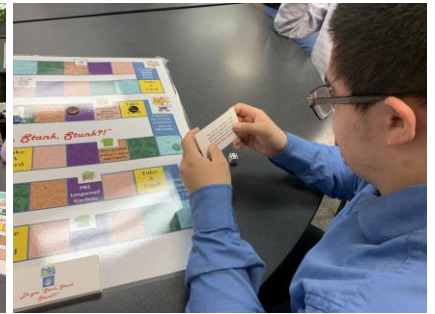




## From the Nurse's Office



During the end of December and beginning of January, students in select classes in COPY works, TEAMworks and ETCHworks participated in "Hygiene Bingo" and the board game "You stink, stank stunk" featuring our friend Mr. Grinch. In addition to learning and/or identifying statements as **Good** or **Bad** Hygiene Habits or **Hygiene Facts**, students also worked on teamwork, taking turns, sharing skills with their shoulder partners and simple math skills.

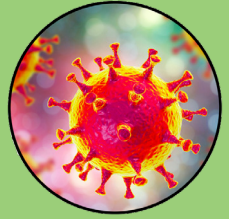


# 2019 Novel Coronavirus (2019-nCoV)

*If you have recent travel to China and are experiencing symptoms mentioned below, call ahead to your health care provider.*

## What is it?

- A new respiratory virus first identified in Wuhan, China
- It has the potential to cause severe illness and pneumonia in some people



## How is it spread?



- Through the the air by coughing and sneezing
- Close personal contact, such as touching or shaking hands
- Touching an object or surface with the virus on it, then touching your mouth, nose, or eyes

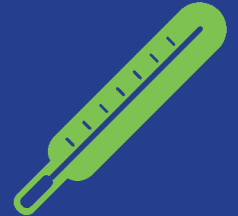
## Who is at risk?

- Travelers to and from certain areas of China are at increased risk as are their close contacts
- Current risk to the general public is low
- See travel guidance from the Centers For Disease Control and Prevention at [wwwnc.cdc.gov/travel](http://wwwnc.cdc.gov/travel)

## What are the symptoms?

Illnesses can be mild, or in some cases be severe enough to require hospitalization. Symptoms of this respiratory illness primarily include:

- Fever
- Cough
- Shortness of breath



## How is it prevented and treated?



- Similar to prevention of other respiratory illnesses, including the flu:
  - Wash hands often
  - Avoid touching eyes, nose, or mouth with unwashed hands
  - Avoid contact with sick people
  - Stay home while you are sick; avoid others
  - Cover mouth/nose with a tissue or sleeve when coughing or sneezing
- Most people with mild coronavirus illness will recover on their own by drinking plenty of fluids, resting, and taking pain and fever medications



DELAWARE HEALTH AND SOCIAL SERVICES  
Division of Public Health

**For more information, visit [dhss.delaware.gov/dph](http://dhss.delaware.gov/dph).  
Call 302-744-4990 to speak to an epidemiologist  
during normal business hours.  
After normal business hours, call 1-888-295-5156.**



# AUTOWORKS

In AUTOWorks, we have been taking advantage of the warm days to get out in the community. This type of work gives students an opportunity to learn new skills, work together as a team and an opportunity to use different tools and equipment.





# COPYworks News

COPYworks, along with TEAMworks had a fantastic opportunity to visit the Delaware Recycling Center. Students toured the facility by bus to see how the recycles come into the facility and how they are bundled to sell. We then went inside to discuss why we should recycle and the rules of recycling. We had the opportunity to practice sorting some materials and played games to enhance our learning. For more information on recycling please, visit their website: [www.dswa.com](http://www.dswa.com)





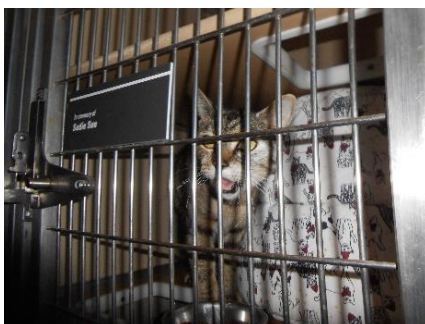
## **Etch is Going to the Dogs (and Cats)**

The students in ETCHworks went on a field lesson to the Delaware Humane Association to learn about what goes into caring for dogs and cats brought to the shelter. Students talked with a veterinarian technician about the operations they perform on animals brought into the shelter. All of the dogs and cats are spayed or neutered before a new owner can adopt them and this cost included in the adoption fee.

We also learned:

- about the education needed to obtain a job in the veterinarian field.
- dogs and cats are divided into 2 separate areas.
  - some cats live in “Cat Towers” while at the Delaware Humane Association.
- about animal safety.

While at the Humane Association, we were able to pet a dog and a cat.



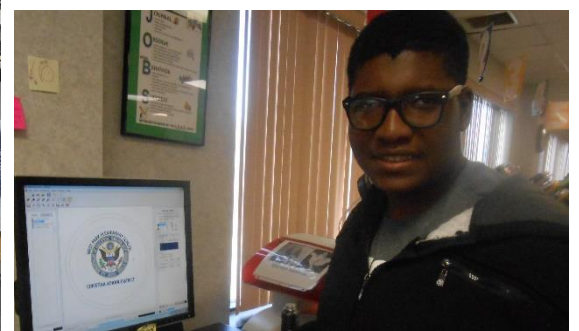
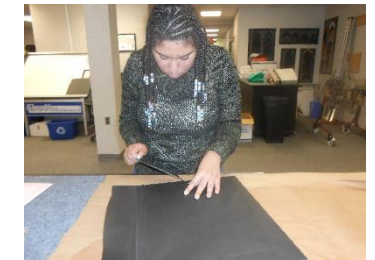
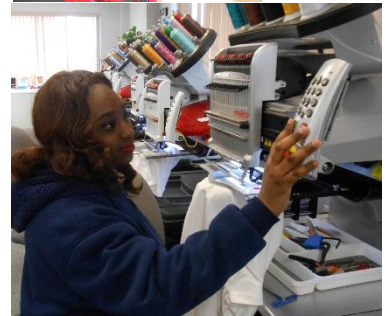




# FABRIC *works*

**Plenty to do this month! Please draw a line from the activity named to the correct picture.**

- Fixing a thread break
- Using the Perfect Fold
- Taking an item off of the embroidery machine
- Starting the design on the embroidery machine
- Dressing up professionally
- Removing excess paper from the backing of a framed print
- Applying tape to the back of a frame
- Placing a folded product into the appropriate sized bag
- Calling Para-transit to cancel a reservation
- Getting ready to add wire to the back of a picture
- Showing off a perfectly folded polo shirt
- Applying tape to the back of a frame so a dust cover can be added
- Uploading an embroidery design
- Adding an invoice to a packaged product



**ANSWER KEY:** See a Fabric Student

# FLORALworks

In addition to filling our daily orders for flowers, fruit baskets, balloons, etc, we start each day by *"Moving this World"*!!



FLORALworks is getting ready for Valentines Day!! If you would like to order, please look for FLORALworks Valentine's Day Flyer in this newsletter.



FLORALworks is still making arrangements for special occasions. Call 302-454-2028 or email [barbara.lomas@christina.k12.de.us](mailto:barbara.lomas@christina.k12.de.us) for any and all of your floral/gift needs.



# MERCHANTworks

MERCHANTworks along with other enterprise areas traveled to the Embassy Suites Hotel in Newark for an all-day immersion into the “Hospitality and Tourism” career cluster. During the day, the various managers and workers in each career field gave students demonstrations of jobs within the hotel.



The students visited the kitchen where they saw how to plan and serve food for a banquet hall event. The banquet coordinator discussed how event details are documented on computer and on paper for the kitchen staff to complete. The Executive Chef for the hotel went over details of how to prepare and serve the food. We learned that the kitchen staff working together played an important role for a successful event.



The laundry department workers showed us why teamwork is important to get the job done efficiently. Visual supports were in place in the storeroom that used colors on the shelving and sheets to designate size and placement of the variety of linen for the rooms. Workers only have a few hours to launder all the linens and be ready for guest check in.



The housekeeping department also showed us that teamwork was important. Accuracy, dependability and attention to detail was emphasized for maintaining a job and is critical for company success.

We received excellent feedback from our students about what they experienced during the field lessons and how they gained a better understanding of what it took to be an employee in the Hospitality and Tourism field.

# It's time again for MUNCHworks' annual "*Souper Bowl*"



With the Holidays behind us, we've already begun preparing for "the big day".



There's no change from last year's starting lineup and our MVP soup, Zuppa Toscana, continues to lead the charge!



Turkey Noodle Soup



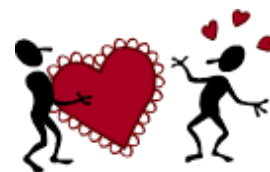
Tomato Soup



Zuppa Toscana

Valentine's Day is only a few weeks away, Friday, February 14!

Plan ahead and order your Valentine's Day treats now!



Orders must be received by Monday, February 10, for delivery or pick-up on February 13 or, February 14.

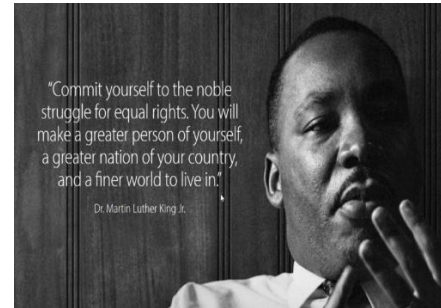
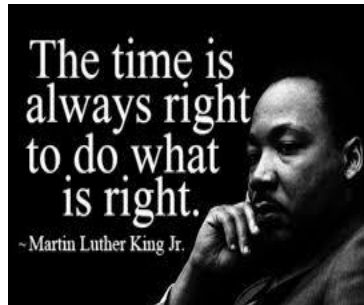
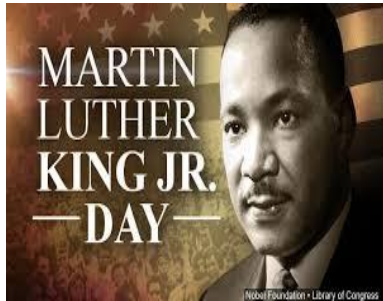
# TEAMworks

In TEAMworks, we are continuing to print shirts and fill customer orders. The students have been working hard to learn the ins and outs of printing different designs on a variety of items.





# TECHworks

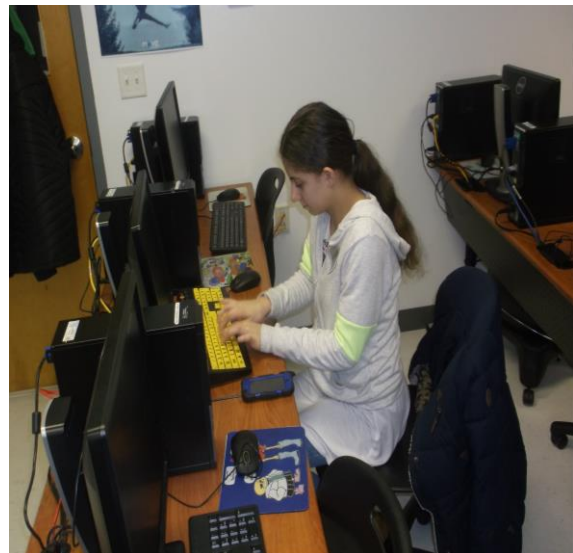


Students and staff returned from WINTER BREAK!

TECHworks has begun to work on *"Copy and Paste"* information from the internet to a Word Document. As companies have been moving most applications to online, this computer skill will prove invaluable for students transferring their information from their resumes to online applications.

Our students discussed and reflected on the important contributions Martin Luther King Jr. has made for our great nation.

Finally, the students who earned the privilege were able to participate in our second PBS event of the year at the Christiana Skating Center.



# Tradeworks

Happy New Year!

We want to first say... a **BIG** congratulations to

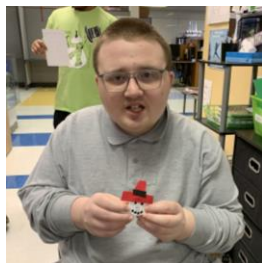
**Andrew Durham** – who is our December Student of the Month.

\*Also, congratulations to those students who have earned perfect attendance. Those include...

*Asher Pierpont, Yese Garcia, Kenny Tran & Kevin Andrews.*



The **Annual Winterfest** was a big hit with all students! Here are some of our favorite pictures. Thank you to all staff and students who participated!





# Co-Op Department

Congratulations to Gwen Geyer for successfully gaining employment at Little Sisters of the Poor as a dietary aide/cook assistant. Gwen will begin her training at the end of January.

Ishee Covington, Justin LaCourt, and Diamere Wheeling are participating in a 4-week paid internship at Walgreens through Service Source. The interns are gaining hands-on experiences with stocking and organizing shelves, replacing price tags and mylars, and receiving products from trucks on delivery day.

Nine students will be participating in the Spring 2020 GOODWorks 12-week paid training program. They are: Mariama Barry, Mayuri Barias, Finesse Brown, Miracle Dennis, Alex Heller, Kevin McGrath, Eric Mena-Rojas, Gustave Pasquarella, and Diamere Wheeling.

Other students continue to gain work experience in the community.



## Cafeteria Corner February 2020



### Winter Food Safety

Winter is the best time of the year for hot soups, chili, roasts, and casseroles. These warm dishes are often some of your family's favorites. Here are some important food safety tips for hot winter foods.

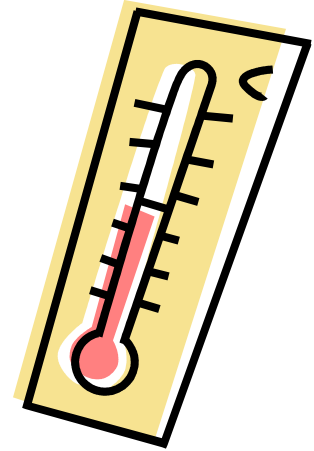
\*Cook it right! Foods must be cooked to certain temperatures in order for them to be considered safe.

- Beef and pork: 145 °F
- Ground meats: 160-165 °F
- Poultry: 165 °F
- Egg dishes: 160 °F

\*Bacteria grow when food is left in the danger zone: 40-140° F

\*When reheating a leftover food, make sure it gets to 165 °F

\*Leftover are kept best in an airtight container in the fridge.



*Here's a Valentine's Day Treat to try!!*

### Berry Good Pizza

Ingredients
<ul style="list-style-type: none"><li>• 1 Graham Cracker</li><li>• 1 T Strawberry Cream-Cheese, low-fat</li><li>• 2 Strawberries, sliced</li><li>• Dark chocolate (melted in microwave)</li></ul>
Directions
<ul style="list-style-type: none"><li>• Spread cream cheese on cracker.</li><li>• Place strawberry slices on the cracker.</li><li>• Drizzle dark chocolate on top</li><li>• Share it with your Valentine!!</li></ul>

YOU'RE INVITED TO ATTEND  
NETWORKS

**MAGICAL**  
SEMI-FORMAL



March 27th  
6:00pm–8:45pm

Cost \$20

Aetna Firehall 400 Ogletown Rd, Newark



# MUNCHworks

## Valentine's Day Specials

Please place your order by Monday February 10, 2020  
for Delivery or Pick-up on  
Thursday, February 13 or Friday, February 14, 2020  
Phone (302) 454-2233 FAX (302) 454-5446



6 Heart Shaped Cookies  
Stacked in a Celo Bag



Two Red Velvet  
Cupcakes

### Customer Information:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Daytime Phone Number: \_\_\_\_\_

E-mail: \_\_\_\_\_

### Order Information:

Item	Price	Qty.	Total
6 Heart Shaped Cookies	\$4.00		
Red Velvet Cupcakes	\$5.00		

### Select Delivery or Pick Up:

Delivery	Price	Qty.	Total
Delivery	\$3.00		
Pick Up	No Fee		

### Order Total + Delivery Total:

Total Amount: \_\_\_\_\_

Pick-up or Delivery Date Preference: Thursday, Feb. 13 or Friday, Feb. 14

Please indicate pick-up time: a.m. or p.m.

### Recipient Information (if different from above):

Name: \_\_\_\_\_

Location: \_\_\_\_\_

Phone Number: \_\_\_\_\_

### Payment Information:

Cash \_\_\_\_\_

Check (payable to Networks) \_\_\_\_\_

Thank you for supporting our students!

**Special  
Olympics**  
Delaware



Special Olympics  
**Unified Champion  
Schools®**

January 2020

**Special Olympics Unified Champion Schools®** program is an effort to engage whole school communities in promoting the values of dignity and acceptance through service learning. Through a series of Special Olympics sports and awareness activities, we aim to support educational leaders in their efforts to reduce bullying, fear, and misunderstanding, while promoting respect, high expectations, and the joy of sport for all students and their families.

A first step in this effort involves a simple yet powerful call to action: together with a coalition of disability organizations around the country, we're asking that young people lead an effort to ensure that all students with intellectual disabilities feel welcomed and included in schools. The **Spread the Word to End the Word campaign takes place on March 4, 2020**, and the ask is for all members of the school community to take the pledge to think about their language, embrace the differences in all people and respect and include everyone.

Thank you, in advance, for all you do to make it possible!

*Special Olympics Delaware*

***Show your support by ordering and wearing a  
Spread the Word – Respect T-shirt***

**ORDERS DUE: THURSDAY, FEBRUARY 13, 2020**

**DAY TO WEAR T-SHIRT: MARCH 4, 2020**

## 2020 Spread the Word - Respect T-shirts (\$6.00)

Thank you for your school's show of unity to Pledge Respect for people of all abilities.

Please note that this is not a fundraiser. T-shirts are sold at cost to maximize the impact of our message and help raise awareness throughout our entire community. (SODE covers the cost of shipping to your school.)

**PERSON PLACING ORDER:** \_\_\_\_\_

Room/Office # if teacher/staff: \_\_\_\_\_

Child's name and homeroom # if parent: \_\_\_\_\_

**SUBMIT ORDER FORM and PAYMENT (check or cash) to your school representative:**

Name: Jeanne Jerzak Room/Office #: COOP

**ORDER DEADLINE IS: THURSDAY 2/13/20**

ADULT SIZES		YOUTH SIZES	
Size	Qty.	Size	Qty.
SM		Y-SM	
MD		Y-MD	
LG		Y-LG	
XL			
2X			
3X			
Total =		Total =	
Total Adult + Youth =			
x \$6.00/shirt =			
TOTAL PAYMENT =			





**On March 21 2020, the Down Syndrome Association of Delaware will be joining other schools and organizations around the world in celebrating WORLD DOWN SYNDROME DAY.**

Together we will create a single global voice for advocating for the rights, inclusion and well being of people with Down syndrome in our schools, community and around the world. **3/21**, World Down Syndrome Day, was selected to signify the uniqueness of the triplication (trisomy) of the 21st chromosome which leads to Down syndrome.

**NETWORKS** students will be selling mismatched socks for **\$2.00 per pair** beginning **March 2<sup>nd</sup>**

**Network's will ROCK OUR SOCKS on 3/11.**

Two sizes are available- youth and adult. Adult socks fit most teens/adults as well as older children and youth socks we recommend for any children around age 5. They are not for toddlers or babies.

# Chili Fundraiser



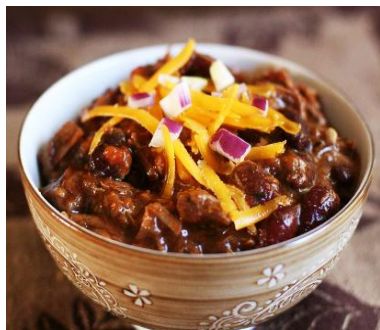
Chili  
con  
Carne  
with  
Corn  
Bread

Phone #: 302-454-2233 - Fax #: 302-454-5446

Questions? Contact - Mrs. England

Meredith.england@christina.k12.de.us

White  
Chicken  
Chili  
with  
Corn  
Bread



## CUSTOMER INFO:

Name:	
Address:	
Phone Number:	
Email:	

ORDER:		Quantity	Total
Chili con Carne	\$ 10 / Qt.		\$
White Chicken Chili	\$ 10 / Qt.		\$
Total DUE			\$



CIRCLE DAY, Delivery OR Pick up			FEE
Delivery	Wednesday February 26	Thursday February 27	\$ 3.00
Pick UP	Wednesday February 26 AM / PM	Thursday February 27 AM / PM	-----
Total DUE			\$
CASH			
CHECK payable to Networks/PTSA			

Thank you for supporting OUR students! Enjoy the chili.





## Networks

# St. Patrick's Spirit Day

Tuesday March 17, 2020

### ADULT SIZES    Quantity

SMALL

MEDIUM

Large

XL

2XL

3XL

4XL

Get your t-shirt today and rock some Networks Spirit  
Wear on St. Patrick's Day Tuesday March 17, 2020.

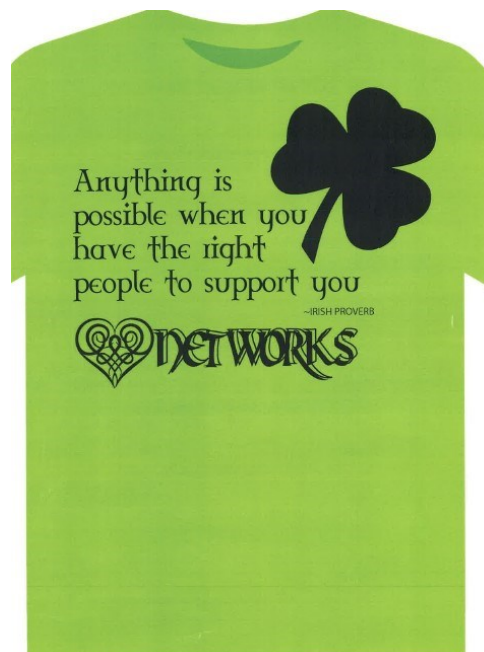
Shirts are \$5.00 each

Money (Cash and Checks made out to Networks PTSA)

**Due Friday February 28th**

Give form and money to Mrs. England or Mr. Green

Number of shirts		Total
	X \$5.00	=
	each	\$ _____
_____		



Student Name: \_\_\_\_\_

AM Area: \_\_\_\_\_





PM Area: \_\_\_\_\_





# February 2020



						1
2	3	4	5 FLORALworks Valentine's Day <b>Orders Due</b> Delivery Feb 13 / 14 	6	7	8
9	10 MUNCHworks Valentine's Day <b>Orders Due</b> Delivery Feb 13 / 14  	11	12	13  Spread the Word – Be the Change <b>Shirt Order Due</b> (See Flyer)	14 No School Parent Conferences  <i>Happy Valentine's Day</i>	15
16	17 No School - President's Day 	18	19 Professional Dress Day 	20 Professional Dress Day 	21	22 Special Olympics Basketball Jamboree State Qualifying Tourney Dover, DE
23	24	25	26	27 Delaware Smile Check Program Visit 	28	29








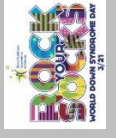

\* Students need to have good attendance, no referrals, and 60 pluses to attend the event





# March 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Network's Students begin selling "Mismatched Socks" 	3	4  Spread the Word – Be the Change Wear Your Respect T-Shirt	5	6	7
8 Daylight Savings Move Clocks Forward 	9	10	11 Rock Your Socks Day at Networks Wear Your Mismatched Socks 	12	13	14
15	16	17 St. Patrick's Day	18 Professional Dress Day 	19 Professional Dress Day 	20 Spring Starts PD Day Schools Closed 	21 
22	23	24 * PBS Event # 3	25	26	27 Grading & PD Day Schools Closed Semi-Formal Dance 	28 Special Olympics Basketball State Tourney Bob Carpenter Center Newark, DE
29	30	31	1	2	3	4

\* Students need to have good attendance, no referrals, and 60 pluses to attend the event.