SPA Physical Education-Log of Hours Completed

Student Name: _____ Student ID#: _____

Requirement:

Student making up one half credit of Physical Education must:

- Be enrolled in an approved sports and fitness facility or recreational sport (i.e. YMCA, Curves, Boys and Girls Club, etc.)
- Attend an average of 2 times per week for 12 weeks for at least 1 hour per visit
- Have daily log (below) signed each time he/she attends the facility
- Paperwork must be returned to your guidance counselor by no later than May 20th

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Name of Sports/Fitness facility or Sports League: _____

Contact Person: _____ Phone: _____

School Official Approval: _____ Date: _____

DATE	PRINT NAME	SIGNATURE	# of Hours