Frequently Asked Questions about Reproductive Health and HIV Testing Services Available at Christina School District’s School-Based Health Centers (Wellness Centers)

Why should I go to the School-Based Health Center (SBHC)?
Because it’s located right in school, SBHC help high school students overcome many obstacles to receiving good health care - obstacles such as lack of transportation, inconvenient appointment times, or worries about cost and confidentiality. Your SBHC provides comprehensive medical and mental health care, treatment and health education, to promote a healthy lifestyle.

How do I get services there?
Enroll! If you are under 18, ask your parent or guardian to sign a parental consent form and complete a registration and health history form. Enrollment forms must be returned to the Wellness Center before any services will be provided.

Can I get birth control at the SBHC?
Yes, if you are in grades 9-12 and you have your parent's/guardian’s permission. Once your parent/guardian has signed the permission form, you can access several types of contraceptives, including oral contraceptives (birth control pills), Depo Provera injectable contraceptives, and condoms. Permission forms are available on the SBHC page of the Christiana High School website, or you may pick one up at the Health Center.

Can I get tested for HIV at the SBHC?
Yes, but you need your parent's/guardian’s permission. Once your parent/guardian has signed the permission form, you can schedule an HIV test. The Health Center also provides counseling services related to HIV.

Are these services confidential?
Yes. The staff at the SBHC maintain confidentiality and privacy while providing health services.

How much does it cost?
No co-pay, co-insurance or deductible will be charged to you, and no one will be turned away based on ability to pay. Up-to-date insurance information is needed if you have health insurance.

When is the SBHC Open?
The hours are:
**Christiana High School:** Monday-Friday: 7:15 a.m. - 2:30 p.m.
You can call to make an appointment: 302-454-5421, or you can visit in person.
**Glasgow High School:** Monday-Friday: 7:30 a.m. - 3:00 p.m.
You can call to make an appointment: 302-369-1501, or you can visit in person.
**Newark High School:** Monday-Friday, 7:30 a.m. - 2:30 p.m. Appointment Hours: 8:00 a.m.-2:00 p.m.
You can call to make an appointment, or you can visit in person.