<table>
<thead>
<tr>
<th>Monday, Oct. 2</th>
<th>Tuesday, Oct. 3</th>
<th>Wednesday, Oct. 4</th>
<th>Thursday, Oct. 5</th>
<th>Friday, Oct. 6</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Breakfast</strong></td>
<td><strong>Breakfast</strong></td>
<td><strong>Breakfast</strong></td>
<td><strong>Breakfast</strong></td>
<td><strong>Breakfast</strong></td>
</tr>
<tr>
<td>Rice Chex(V/H), Juice, Milk</td>
<td>Cheerios(V/H), Apple Slices or Applesauce, Milk</td>
<td>Kix(V/H), Juice, Milk</td>
<td>Rice Chex(V/H), Banana, Milk</td>
<td>Mini Wheats, Juice, Milk</td>
</tr>
<tr>
<td><strong>Lunch</strong></td>
<td><strong>Lunch</strong></td>
<td><strong>Lunch</strong></td>
<td><strong>Lunch</strong></td>
<td><strong>Lunch</strong></td>
</tr>
<tr>
<td>Chicken Patty Sandwich Fresh Vegetables Applesauce Cup</td>
<td>Hot Dog on Bun Steamed Broccoli Raisins</td>
<td>Cheese Pizza(V/H) Steamed Carrots Banana</td>
<td>Turkey Ham &amp; Cheese Sandwich Fresh Vegetables Frozen Fruit Cup</td>
<td>Cheese Quesadilla(V/H) Golden Corn Applesauce Cup</td>
</tr>
</tbody>
</table>

**AVAILABLE DAILY**

**Breakfast**
- 100% Juice
- White Milk

**Lunch**
- Cheese Sandwich(V/H)
- Grilled Cheese (V/H)
- White Milk

*V=Vegetarian
*H=Halal Approved

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**Menu subject to Change. This institution is an Equal Opportunity Provider.**
Christina School District
CEEC MENU
OCTOBER 2023

Monday, Oct. 16
Breakfast
Cheerios(V/H), Apple Slices or Applesauce, Milk
Lunch
Dairy Lunchable (V/H)
Fresh Vegetables Raisins

Tuesday, Oct. 17
Breakfast
Cheerios(V/H), Apple Slices or Applesauce, Milk
Lunch
Cheese Pizza(V/H)
Steamed Peas Banana

Wednesday, Oct. 18
Breakfast
Kix(V/H), Juice, Milk
Lunch
Dairy Lunchable (V/H)
Fresh Vegetables Raisins

Thursday, Oct. 19
Breakfast
Rice Chex(V/H), Banana, Milk
Lunch
Fish Sticks
Steamed Carrots Frozen Fruit Cup

Friday, Oct. 20
Breakfast
Mini Wheats, Juice, Milk
Lunch
Grilled Cheese(V/H)
Fresh Vegetables Applesauce Cup

Monday, Oct. 23
Breakfast
Rice Chex(V/H), Juice, Milk
Lunch
Chicken Patty Sandwich
Fresh Vegetables Applesauce Cup

Tuesday, Oct. 24
Breakfast
Cheerios(V/H), Apple Slices or Applesauce, Milk
Lunch
Hot Dog on Bun
Steamed Broccoli Florets
Assorted Fruit

Wednesday, Oct. 25
Breakfast
Kix(V/H), Juice, Milk
Lunch
Stuffed Crust Pizza(V/H)
Steamed Green Beans Banana

Thursday, Oct. 26
Breakfast
Rice Chex(V/H), Banana, Milk
Lunch
Turkey Ham & Cheese Sandwich
Fresh Vegetables Craisins

Friday, Oct. 27
Breakfast
Mini Wheats, Juice, Milk
Lunch
Cheese Quesadilla(V/H)
Oven Baked Fries Applesauce Cup

Breakfast
Cheerios(V/H), Apple Slices or Applesauce, Milk
Lunch
Cheeseburger
Fresh Vegetables Assorted Fruit

OCTOBER IS NATIONAL APPLE MONTH AND NATIONAL FARM TO SCHOOL MONTH
ENJOY A FARM FRESH APPLE FROM FIFER ORCHARDS!
APPLES ARE A GOOD SOURCE OF FIBER AND VITAMIN C.

JOIN OUR TEAM!
Part time cafeteria lunch shifts available for 3.0 - 3.5 hours
Great pay, No nights, weekends or holidays
Spring, winter & summer breaks
Apply online through CSD employment using job #22705 & alert the Child Nutrition office of your submission at 302-454-2400

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