## Welcome Back!

**ALL CHRISTINA STUDENTS EAT BREAKFAST AND LUNCH AT NO COST ALL YEAR!**

### Available Daily

**Breakfast**
- Cereal/Cereal Bar
- Yogurt
- Crunchmania
- 100% Juice
- Assorted Fruit
- Milk

**Lunch**
- PBJ Meal
- Grilled Cheese
- Cheese Sandwich
- Dairy Lunchable
- Assorted Salads
- Sandwich of the Day
- Assorted Fresh Fruit
- Carroteenies
- Fresh Veggie Cup
- Assorted Hummus
- Milk

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<thead>
<tr>
<th>Monday, Sept. 4</th>
<th>Tuesday, Sept. 5</th>
<th>Wednesday, Sept. 6</th>
<th>Thursday, Sept. 7</th>
<th>Friday, Sept. 8</th>
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<tbody>
<tr>
<td><strong>Breakfast</strong></td>
<td><strong>Lunch</strong></td>
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<tr>
<td>Cereal w/Graham</td>
<td>Chicken Meatball Sub</td>
<td>Donut Holes</td>
<td>Cheese Pizza</td>
<td>Cinnamon Crumb Loaf</td>
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<tr>
<td>Bread</td>
<td>Oven Baked French Fries</td>
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<td>Parmesan Ranch</td>
<td>Cinnamon Toast Crunch Pastry</td>
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<td>Fruit Icy</td>
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<td>Roasted Chickpeas</td>
<td>Lunch</td>
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<td>Chilled Pears</td>
<td>Chicken Nuggets with Cheez-Its Carrots Apple Harvest Salad Salad</td>
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<td>Lunch</td>
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<td>Cheese Quesadilla Broccoli Florets Peach Cup</td>
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<tr>
<th>Monday, Sept. 11</th>
<th>Tuesday, Sept. 12</th>
<th>Wednesday, Sept. 13</th>
<th>Thursday, Sept. 14</th>
<th>Friday, Sept. 15</th>
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<tbody>
<tr>
<td><strong>Breakfast</strong></td>
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<td><strong>Breakfast</strong></td>
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<tr>
<td>Banana or Blueberry Bread</td>
<td>Chicken Cheesesteak</td>
<td>Breakfast Bites</td>
<td>Mini Bagels &amp; Waffle Snaps</td>
<td>Mini Cinnis</td>
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<td></td>
<td>Curly Fries</td>
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<tr>
<td></td>
<td>Craisins</td>
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<tr>
<td><strong>Lunch</strong></td>
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Menu subject to Change. This institution is an Equal Opportunity Provider.
# Christina School District

## ELEMENTARY SCHOOL MENU

### SEPTEMBER 2023

<table>
<thead>
<tr>
<th>Day</th>
<th>Breakfast</th>
<th>Lunch</th>
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</thead>
</table>
| **Monday, Sept. 18** | Breakfast Muffins | Cheeseburger
Stamed Carrots
Applesauce |
| **Tuesday, Sept. 19** | French Toast Sticks | Chicken & Waffles
Emoji Fries
Fruit Juice |
| **Wednesday, Sept. 20** | Strawberry & Sweet Cream Turnover | Pepperoni Pizza
Cheese Pizza
Crispy Chicken Salad
Peas
Chilled Pears |
| **Thursday, Sept. 21** | Glazed Pull Apart Donut | Cheese Bites
Pizza Green Beans
Broccoli Florets
Mixed Fruit |
| **Friday, Sept. 22** | Cereal w/Graham | Chicken Tenders with Goldfish Crackers
Waffle Fries
Mandarin Oranges |
| **Monday, Sept. 25** | Donut Holes | Personal Pan Pizza
Chicken Caesar Salad
Mixed Vegetables
Chilled Pears |
| **Tuesday, Sept. 26** | Cinnamon Crumb Loaf | Cheese Ravioli
w/Garlic Knot
Glazed Carrots
Side Garden Salad
Mixed Fruit Cup |
| **Wednesday, Sept. 27** | Hot Dog on Bun | Baked Beans
Peach Cup |
| **Thursday, Sept. 28** | Cinnamon Toast Crunch Pastry | Fruits and vegetables are nutritious and delicious!
Eating a variety of fruits and vegetables provides many key nutrients.
Celebrate by eating fruits and veggies every day! |
| **Friday, Sept. 29** | Fruits and vegetables are nutritious and delicious!
Eating a variety of fruits and vegetables provides many key nutrients.
Celebrate by eating fruits and veggies every day! |